GOING BACK TO LOUISIANA

Choreographers: George & Pamela Hurd, 2021 N Caribou Rd, Gilmer, TX 75644

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Rhythm: Jive Speed: Slow to 30 MPM (42.5 RPM)
Time: 2:34 @ 30 MPM
Music: Download from Amazon.com Artist: Delbert McClinton CD: Classic's Vol. 1, Track 5
(Cut first 20.28 seconds, music starts with vocal "I'm Going Back", then slow 3% or 42.5 RPM)
SEQUENCE: INTRO-ABC-B(Mod)-END
Phase V + 1 (Simple Spin) + Unphased
Footwork: Opposite for Woman (except where noted)
Release Date: July 2019
Ver 1.1

INTRO

1-4 WAIT, FALLAWAY RK;, FALLAWAY THROWAWAY,;; QUICK SIDE BREAKS;

[Wait] Wait approx. 2 quick beats dance starts on the word "Back",-,

[Falawy Rk] CP Fcg WALL rk bk L trng 1/8 LF, rec R trng RF, chasse sd L/cl R, sd L; Chasse sd R/cl L, sd R to CP Fcg Wall,

[Falawy Throwawy] Rk bk L trng ½ LF, rec R to SCP; Chasse fwd & sd L/R, L, trng LF chasse fwd R/L, R lwr hands leading lady away to LOP (Rk bk R trng ¼ RF, rec R comm LF; Cont trn chasse R/L, R, cont trn chasse bk L/R, L comp ½ LF trn) to end LOP Fcg LOD;

[Qk Sd Brks] Keep ld hnds jnd push off R stp sd L/push off L stp sd R end with both legs straight, cl L twd R/cl R lwr sltly into both knees, push off R stp sd L/push off L stp sd R end with both legs straight, cl L twd R/cl R lwr sltly into both knees;

PART A

1-8 RK APT TO DOUBLE HIP BUMPS W/ARMS & SPIN TRIPLE TO FC;;,, KICK/BALL CHG TWICE,;,, CHG L TO R,;;

LINK & DBL WHIP TO FC WALL w/CONTINUOUS CHASSE RIGHT (Shk Hnds);;; [Rk Apt to Dbl Hip Bump w/Arms & Spin Trpl to FC] Rk apt L, rec R comm trng RF (LF), sd L completing ¼ RF trn w/R sway (L sway) tch M's L to W's R hip while extending both arms diagonally up & out,-; Rec R swvlng LF (RF) drop arms to sds,-, sd L trng RF w/R sway (L sway) tch M's L to W's R hip while extending both arms diagonally up & out,-; Comm to drop hnds spin triple RF (LF) R/L R to end LOP M Fcg LOD,-,

[Kick/Ball Chg 2X] Kick L fwd twds floor with toe turned out/step L near R ft, in place R; Kick L fwd twds floor with toe turned out/step L near R ft, in place R,

[Chg L to R] Rk apt L, rec R raise jnd ld hnds; Chasse sd & fwd L/R, L trng ¼ RF (trng ¾ LF), sd R/cl L, sd R to LOP Fcg Wall;

[Link to Dbl Whip w/Cont Chasse] Rk apt L, rec R, small chasse fwd L/R, L to CP WALL; Revolving RF over 4 steps XRIB of L, sd L, XRIB of L, sd L (Sd L, XRIF of L btwn M's ft, sd L, XRIF of L btwn M's ft) to end CP WALL; Chasse R/cl L, R/cl L, R/cl L, R joining R hnds to end M Fcg ptr & WALL;

9-16 RK w/SHOULDER CHK & BK TO FC;,, CHG SDS L TO R w/XTRA TURN,;; RK w/SHOULDER CHK & BK TO FC;,, CHG SDS L TO R w/XTRA TURN (BFLY),;; PROGRESSIVE RK 4; TRAVELING SAND STEP;

[Rk w/Shldr Chk & Bk to FC] Rk apt L, rec R trng lady LF to Tandem WALL touching lady's L shldr w/L hnd triple in place L/R, L leading lady to trn bk ½ RF on last step, triple in place R/L, R (Rk bk R, rec L trng ½ LF in triple in place R/L, R trng ½ RF on last step on the triple in place L/R, L) to end M Fcg ptr & WALL w/R hnds jnd;

[Chg Sds L to R w/Xtra Trn] Rk apt L, rec R trng ¼ RF (LF) raising jnd R hnds high to momentary Tandem RLOD; Cont trng RF L/R, L while leading ptr to trn LF (R/L,R) to end M fcg ptr & COH with R hnds still jnd high, cont trng ptr LF chasse sd R/L, R (L/R, L) then immediately lwr the jnd R hnds to end M Fcg ptr & COH with R hnds jnd;

[Rk w/Shldr Chk & Bk to FC] Repeat measures 9 & first ½ of measure 10 of PART A above to end M Fcg ptr & COH w/R hnds still jnd;,-,

[Chg Sds L to R w/Xtra Trn to BFLY] Repeat last ½ of measure 10 & measure 11 of PART A above to end BFLY WALL,;;

[**Prog Rk**] In BFLY pos rk apt L, XRIF of L, rk apt L, XRIF of L progress twds LOD; [**Trvlng Sand Stp**] Swvl RF on R tch L toe to R instep, swvl LF on R sd L, swvl RF on L tch R heel sd, swvl LF on L XRIFL;

PART B

1-8 THROWAWAY; STOP & GO;; LINK RK;,,

OVERTURN FALLAWAY THROWAWAY & TURN BK TO FC,;;

CHICKEN WKS (2 SLO & 4 QKS);;

[Throwawy] In BFLY WALL chasse fwd & sd L/R, L lwrng jnd hands & releasing R hnd hold (chasse fwd R/L, R trng LF) to lead lady away to LOP, trng slightly LF chasse sd & fwd R/L, R (cont trng LF chasse bk L/R, L) to end LOP Fcg LOD;

[Stop & Go] Rk apt L, rec R raise jnd ld hnds to trn lady under LF, fwd chasse L/R, L trng lady ½ LF under jnd ld hnds place R hnds on lady's L shldr blade ld hnds jnd low (Rk bk R, rec L trng LF, cont trng LF chasse R/L, R completing ½ LF trn undr jnd ld hnds) to sd by sd fcg LOD; Fwd R soft knee looking bk at lady, rec L raise lead hnds to trn lady under RF, small bk chasse R/L, R (Rk bk L soften into knee extend trlng arm straight up, rec R trng RF, chasse L/R, L completing ½ RF trn under ld hnds) to end LOP Fcg LOD;

[Link Rk] Repeat measures 3 ½ thru 4 of PART A to CP WALL; ,-,

[Ovrtrn Falawy Throwawy & Trn Bk to FC] Rk bk L trng ½ LF, rec R comm to trn L to SCP; Cont trng LF chasse fwd L/R, L rotating L wrist CW to trn ptr to Tandem DLW, trng LF chasse diagonally fwd R/L, R trng L wrist CCW to trn ptr bk to fc end LOP Fcg LOD; (Bk R trng ¼ RF, rec L trng LF to SCP; Small steps run fwd R/L, R in front on M's body spiraling ½ LF to fc DLW ld hnds still jnd bhnd lady's bk, trng slightly LF chasse fwd chasse L/R, L {Optional fwd/lk, fwd} trn RF ½ on the L ft to end LOP Fcg RLOD);

[Chkn Wks] Bk L, -, bk R (Swvl on L stp fwd R, -, swvl on R stp fwd L),-; Bk L, bk R, bk L, bk R (Swvl on L stp fwd R, swvl on R stp fwd L, swvl on L step fwd R, swvl on R stp fwd L);

9-16 CHG L TO R w/GLIDE TO SD TO FC REV;; NYKR w/SIMPLE SPIN (SHK HNDS); TRIPLE WHEEL w/LADY TURN UNDER 2 TO FC WALL;;; STOP & GO (OVRTURN THE STOP);;

[Chg L to R w/Glide to Sd] Rk apt L, rec R raise jnd ld hnds, chasse fwd L/R, L trng ¼ RF (chasse fwd R/L, R trng ¾ LF undr ld hnds) to LOP Fcg WALL; Sd R, lowering on R XLIF of R (XRIF of L), chasse R/L, R trng RF (LF) on the last step to end LOP both Fcg RLOD; [Nykr w/Simple Spin] Chkng fwd L, rec R comm leading ptr to trn RF, trng LF sd & bk L take jnd ld hnds bk twds LOD releasing hnds to spin lady RF, cl R to L shake R hnds (chkng fwd R, rec L comm to trn RF, swvl RF on L ft fwd R release hnds comm to spin RF, cont spinning RF on R ft step sd & slightly bk L join R hnds) to end M Fcg ptr & WALL with R hnds jnd; [Trpl Wheel w/Lady Under in 2] Rk bk L, rec R lead ptr fwd twd R sd, trng RF chasse fwd L/R, L trng ptr LF & tch lady's bk with L hnd; Cont trng chasse fwd R/L, R trng lady RF, raise jnd R hands to lead lady's LF trn cont to wheel RF fwd L, fwd R (fwd R trng LF undr jnd ld hnds cont fwd L trng LF) tch lady's bk with L hnd to momentary tandem DLW; Chasse fwd L/R, L trng lady LF tch lady's bk with L hnd, gently lead lady to spin RF using jnd R hnds & release chasse R/L, R to LOP Fcg WALL;

[Stop & Go Ovrtrn the Stop] Rk bk L, rec R raise jnd ld hnds to trn lady under LF, chasse fwd L/R, L trng lady ½ LF undr jnd ld hnds place R hnd on lady's L shldr blade ld hnds jnd low (Rk bk R, rec L, chasse R/L, R trng ½ LF undr jnd hnds) to sd by sd fcg WALL;

Fwd R soft knee look bk at lady extend trlng hnd straight out to the sd twds COH, rec L raise ld hnds to trn lady RF, small bk chasse R/L, R raising jnd hnds trng lady $\frac{1}{2}$ RF undr jnd hnds (Trng LF $\frac{1}{4}$ stp sd L twds COH extend trlng hnd straight out to the sd now fcg LOD, rec R trng RF $\frac{1}{4}$, chasse L/R, L trng $\frac{1}{2}$ RF under jnd ld hnds) to end LOP Fcg WALL;

PART C

1-7 CHASSE L & R TO SCP; RK & CHASSE ROLL 3;;

START AN INVERTED MOOCH & RK REC;; CHASSE ROLL 3 TO REV & RK REC;;

[Chasse L & R] Sd L/cl R, sd L, sd R/cl L, sd R blnding to SCP LOD;

[Rk & Chasse Roll] Rk bk L trng LF ½ to SCP, rec R trng RF ½ to CP, chasse sd L/R, L release hands trng RF to bk to bk pos; Chasse sd R/L, R trng RF to fc ptr, chasse sd L/R, L to end in Left ½ OP Fcg RLOD;

[Start an Inverted Mooch & Rk Rec] In Left ½ OP RLOD rk bk R, rec L, flick fwd R, cl R; Flick fwd L, cl L, rk bk R, rec L trng LF (RF) to fc WALL;

[Chasse Roll Rev & Rk Rec] Chasse sd R/L, R trng LF to bk to bk pos, chasse sd L/R, L trng LF to fc ptr; Chasse sd R/L, R to end ½ OP Fcg LOD, rk bk L, rec R to end ½ OP Fcg LOD;

8-16 FINISH THE MOOCH w/CHASSE L & R;;, CHG R TO L,;;

LINK & WHIP TURN w/SHE GO HE GO ENDNG (FC LOD);;

CHG L TO R & RK REC (SCP);; SWIVEL WK 4;

[Finish the Mooch w/Chasse L & R] In ½ Fcg LOD flick L fwd, cl L, flick fwd R, cl R; Rk bk L, rec R trng RF (LF) to CP WALL, chasse sd L/cl R, sd L; Sd R/cl L, sd R to CP WALL, [Chg R to L] Rk bk L trng ½ LF, rec R to SCP; Chasse fwd L/R, L raising jnd ld hnds to lead lady to trn RF, trng LF sd chasse R/L, R (bk R trng ¼ to SCP, rec L comm trng LF; Sd chasse R/L, R turning ¾ RF under joined lead hnds, bk chasse L/R, L) to end LOP Fcg LOD;

[Link & Whip Trn w/She Go He Go Endng] Rk apt L, rec R comm trng RF, cont trng RF small chasse fwd L/R, L to end CP DRW; Trng RF XRIB of L, sd L to fc DRW raising jnd ld hnds to comm lady's LF trn, trng LF ½ under jnd ld hnds chasse fwd R/L, R (trng RF sd L, fwd R trng LF ½ under jnd ld hnds to fc RLOD, small sd chasse L/R, L) to end LOP Fcg LOD;

[Chg L to R & Rk Rec] Rk apt L, rec R raise jnd ld hnds, chasse sd & fwd L/R, L trng ¼ RF (trng ¾ LF); Sd R/cl L, sd R, rk bk L trng ¼ LF (RF), rec R blending to SCP LOD;

[Swvl Wk 4] Fwd L, XRIF of L in CBMP, fwd L, XRIF of L in CBMP (swvl on L trng ¼ on the L stp sd R, swvl on R trng ¼ RF stp fwd L, swvl on L trng ¼ LF stp sd R, swvl on R trng ¼ RF stp fwd L) to SCP LOD;

PART B (Mod)

1-16 THROWAWAY; STOP & GO;; LINK RK;,,

OVERTURN FALLAWAY THROWAWAY & BK TO FC,;;

CHICKEN WKS (2 SLO & 4 QKS);;

CHG L TO R w/GLIDE TO SD TO FC;; NYKR w/SIMPLE SPIN (SHK HNDS);

TRIPLE WHEEL w/LADY TURN UNDER 2 TO FC WALL;;;

LINK TO/A CONTINUOUS CHASSE RT;;

Repeat measures 1-14 of PART B to end LOP M Fcg Ptr & Wall; ; ; ; ; ; ; ; ; ; ;

[Link to/a Cont Chasse R] Rk apt L, rec R, small chasse fwd L/R, L to CP WALL;

Chasse R/cl L, R/cl L, R/cl L, R to CP WALL;

END

1-8 <u>SLINGSHOT RUNAWAY IN 6 TO FC & HOLD;</u>; RK TO THE WHIP KICK;; KICK/BALL CROSS TO/A L TO R;,, RK & CHASSE ROLL 2 TRIPLES TO FC,;; SD CLOSE LUNGE w/ARMS;

[Slingshot Runaway in 6 to Fc & hold] Lunge sd L xtnd arms while lead lady to step bk, rec R, small fwd L trlng lady LF by rolling wrist CW, small fwd R; Fwd L lead ptr to trn ½ RF rotating ld hnds CCW, fwd R twds WALL trng ¼ LF, pt L ft sd twds COH (Swvl RF ¼ on L ft step bk R, rec L, fwd R spiraling LF ½, fwd L twds LOD; Fwd R swvl RF ½ to Fc RLOD, step sd L twds WALL, pt R ft sd twds COH) hold in LOP Fcg LOD,-;

[Rk to the Whip Kick] Rk apt L, rec R, fwd L blending to CP, fwd R trng to fc wall maintain loose arm hold to allow lady to also fc Wall hands low in front of body (W rk apt R, rec L, fwd R to CP trng RF, fwd & sd L cont RF trn to fc WALL);

Kick L ft twds LOD looking to left/XLIF, fwd R RLOD, fwd L to RLOD trng RF releasing CP, small bk R (Kick R twds RLOD looking to right/XRIB of L, fwd L to LOD, fwd R, trng RF (LF) small bk L) to end LOP Fcg LOD;

[Kick/Ball Cross to/a L to R] Flick L ft fwd twds floor with toe turned out/step L near R ft, trng ½ RF XRIF of L, chasse sd & fwd L/R, L trng ¼ RF (trng ¾ LF); Sd R/cl L, sd R to LOP Fcg WALL,

[Rk & Chasse Roll 2 Trpls to Fc] Rk apt L, rec R; Chasse sd L/R, L release hnds trng RF to bk to bk pos, chasse sd R/L, R trng RF to fc ptr & WALL no hnds jnd;

[Sd CL Lunge w/Arms] Sd L, cl R, lunge sd L soft knee extend both arms sd;