

La Belleza

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Dance: Phase 5+2 Rumba Released: March 2012 Revised
Music: La Belleza by Marta Sanchez CD: MI MUNDO Track #7, Polygram Records
Footwork: Opposite Unless noted
Sequence: Introduction A-B-A-INTERLUDE - ENDING

Introduction

Measure

1—8 Wait;; Cuddle Break Twice;; Natural Opening Out w/Closed(or Adv Hip Twist) Hip Twist; Fan; Hockeystick;;

1—2 Wait 2 Meas Fc Wall-Cuddle position- Lead feet free;;

3 --4 Sd L, rec R, cls L to R,-; Sd R, rec L, cls R to L,-;(Swiveling Rfc rk bk R, rec L, sd R,-; Swiveling Lfc rk bk L, rec R, sd L, to fc man;

5—6 Brk fwd L trng top Rfc to allow lady to swivel ½, rec R keeping upper body turned twds lady, step bk L behnd yourself,-; Rk bk R, rec L, step sd R,-leading lady to fan; (Swiveling ½ Rfc rk bk R to COH, rec L trng to fc man, fwd R twd man, twist Lfc on R; Fwd L twd LOD, fwd R then turn sharply Lfc, step bk on L, to fc RLOD in Fan Position;)

7—8 Fwd L, rec R, cls L to R,-Raising lead hand leading lady to Hockey stick; Bk bk R, rec L, fwd R chasing after Lady,-; (Cls R to L, fwd L, fwd R,-; Fwd L DWR, fwd R then turn sharply Lfc, and step bk L,-;)

Part A

1—5 New Yorker; Rock 3; ½ Basic/Lady turns sharply(Curl); Foot Swivels;;

1 Trng Rfc ¼ rk fwd L, rec R, sd L,-to fc wall; (Trng Lfc ¼ rk fwd thru to RLOD on R, rec L, sd R,-;)

2 In place rk R, L, R,-;

3 Fwd L, rec R, cls L to R,-lead hand up above lady's head; (Bk R, rec L, fwd R then turn ½ Lfc to fc wall lead hand above forehead;) Tandem position facing wall

4--5 Rk sd R, rec L, cls R to L,-; Rk sd L, rec R, cls L to R,-; (Skate L, R, L,-; R, L, R,-;)

6—10 Hockey Stick Ending; ½ Basic; into Natural Top to face Wall;;:

6 Bk bk R, rec L, fwd R chasing after Lady,-; (Fwd L DWR, fwd R then turn sharply Lfc, and step bk L,-;)

7 Rk fwd L, rec R, sd & fwd L blending to loose CP trng upper body Rfc,-;

8--10 Trng Rfc XRib of L, sd L, XRib of L,-; Sd L, XRib of L, sd L,-; XRib of L, sd L, cls R to fc wall,-LOW BFLY; (Fwd L,R,L,-; R,L,R,-; L,R,L,-;)

11-14 Shoulder to Shoulder; Crab Walks;; Spot Turn;

11 Fwd L in Sdcar twd DWR, rec R, sd L,-;

12-13 Xrif of L, sd L, Xrif of L,-; Sd L, Xrif of L, sd L,-; (Xrif of R, sd R, Xrif of R,-; sd R, Xrif of R, sd R,-;)

14 Fwd R (L) commencing Lfc turn(Rfc), fwd L, fwd R to fc partner & wall,-;

15-16 Reverse Under Arm Turn; Fenceline;

- 15 Fwd L in Sdcar twd DWR in Bfly, rec R, sd L,-; (Fwd R commencing Lfc under arm turn, fwd R to fc partner,-;)
16 Fwd R (L) twd LOD, rec L, sd R to fc partner,-;

Part B

1—4 New Yorker; Thru to Serpiente;; Fenceline;

- 1 Trng Rfc $\frac{1}{4}$ rk fwd L, rec R, sd L,-to fc wall; (Trng Lfc $\frac{1}{4}$ rk fwd thru to RLOD on R, rec L, sd R,-;)
2 Stepping thru twd LOD R (L), sd L fc partner, XRB of L, flare L ft CCW (CW);
3 XLIB of R, sd R, thru XLIF of R, flare R CCW(CW) to end fc partner & wall,-;
4 BFLY Fwd R(L) twd LOD, rec L, sd R,-;

5—8 Open Hip Twist; Fan; Hockey Stick w/o lady turn;;

- 5--6 Fwd L, rec R, cls L to R,-(Fwd R twisting Lfc 3/8); Leading lady to Fan Rk bk R, rec L, sd R,-; (Fwd L twd LOD, fwd R then turn sharply Lfc, step bk on L, to fc RLOD in Fan Position;)
7—8 Fwd L, rec R, cls L to R,-Raising lead hand leading lady to Hockey stick; Bk bk R, rec L, fwd R chasing after Lady,-; (Cls R to L, fwd L, fwd R,-; Fwd L DWR, fwd R, fwd L NO TURN fc DWR,-;)

9-12 Cucaracha; Finish the Hockey Stick; Basic; to Alemana;

- 9 Rk sd L, rec R, cls L to R,-;
10 Bk bk R, rec L, fwd R chasing after Lady,-; (Fwd L DWR, fwd R then turn sharply Lfc, and step bk L,-;)
11 Rk fwd L, rec R, cl L to R(fwd R),-raising lead hands to lead lady to an Alemana turn;
12 Rk bk R, rec L, sd R,-; (Fwd L trng $\frac{1}{2}$ Rfc, fwd R trng to fc, sd L,-;)

13-17 New Yorker; Aida; Rock 3 to face; Spot Turn;

- 13 Trng Rfc $\frac{1}{4}$ rk fwd L, rec R, sd L,-to fc wall; (Trng Lfc $\frac{1}{4}$ rk fwd thru to RLOD on R, rec L, sd R,-;)
14 Step thru R(L) twd LOD, sd L fc partner, bk R(L) fc RLOD in slight V-pos,-;
15 Rk fwd L, rec R, fwd L turning Lfc to fc partner & wall,-;
16 Fwd R(L) LOD commencing Lfc(Rfc) turn, fwd L, fwd R to fc partner & wall,-;

Repeat Part A

Interlude

1—4 3 Alemanas;; men preparation for;

- 1 Fwd L, rec R, cls L to R(fwd R) raising lead hands to lead Lady to do Alemana,-;
2 Rk bk R, rec L, cls R to L,-; (Fwd L trng $\frac{1}{2}$ Rfc, fwd R trng to fc, fwd L swiveling Rfc to overturn & fc wall,-;)
3 Rk sd L, rec R, cls L to R,-; (XRI of L starting Lfc turn, step L & spin Lfc, step fwd & sd R to fc DLC lead hand up,-;)
4 Rk bk R, rec L, touch R to L facing wall turn Lady to SCP LOD,-; (Fwd L trng $\frac{1}{2}$ Rfc, fwd R trng to fc, fwd L to end SCP fc LOD,-;)

5--8 Same Foot Lunge; Roll Lady down LOD to Tandem position; Men Progressive Walk 6; Lady turns to fc RLOD;

- 5 Lunge sd & slightly fwd R, hold position,,-; (Bk R, change position of head to closed then back to SCP)
6 Rec L Turning body Lfc slightly,-, Fwd R,- Sending Lady down LOD,,-; (Fwd L, fwd R, fwd L,-;)
7--8 Chasing after Lady move fwd L, R, L,-; Fwd R, L, R,-; (Fwd R, L, R,-; Fwd L, R turn Lfc sharply to fc man, step bk L,-;)

9—12 Facing Hockey Stick;; New Yorker; Spot Turn;

- 9-10 Rk fwd L, rec R, bk L turning to fc wall,-; Bk bk R, rec L, fwd R chasing after Lady,-; (Cls R to L, fwd L, fwd R,-; Fwd L DWR, fwd R then turn sharply Lfc, and step bk L,-;) 11 Trng Rfc ¼ rk fwd L, rec R, sd L,-to fc wall; (Trng Lfc ¼ rk fwd thru to RLOD on R, rec L, sd R,-;) 12 Fwd R(L) LOD commencing Lfc(Rfc) turn, fwd L, fwd R to fc partner & wall,-;

13-16 Basic; to Alemena; with Lariat(or Rope spin);:

- 13 Rk fwd L, rec R, cl L to R(fwd R),-raising lead hands to lead lady to an Alemena turn; 14 Rk bk R, rec L, cls R to L leading lady into a Rope Spin,-; (Fwd L trng ½ Rfc, fwd R trng to fc, sd L ,,-;) 15-16 Rk sd L, rec R, cls L to R,-; Rk bk R, rec L, sd R,-; (FWD R, L, R,-; L, R, L,-;)

End

1—4 New Yorker; Thru to Serpiente;; Fenceline;

- 1 Trng Rfc ¼ rk fwd L, rec R, sd L,-to fc wall; (Trng Lfc ¼ rk fwd thru to RLOD on R, rec L, sd R,-;) 2 Stepping thru twd LOD R (L), sd L fc partner, XRIB of L, flare L ft CCW (CW); 3 XLIB of R, sd R, thru XLIF of R, flare R CCW(CW) to end fc partner & wall,-; 4 BFLY Fwd R(L) twd LOD, rec L, sd R,-;

5—8 Open Hip Twist; Fan; Hockey Stick

- 5 Fwd L, rec R, Cls L to R(Fwd R & twist sharply Lfc),,-; 6 Rk bk R, rec L, sd R leading lady to a Fan Position,-;(Fwd L twd LOD, fwd R then turn sharply Lfc, step bk on L, to fc RLOD in Fan Position;) 7—8 Fwd L, rec R, cls L to R,-Raising lead hand leading lady to Hockey stick; Bk bk R, rec L, fwd R chasing after Lady,-; (Cls R to L, fwd L, fwd R,-; Fwd L DWR, fwd R then turn sharply Lfc, and step bk L,-;)

9—12 ½ Basic; Crab Walk 3; Vine 4; Slow down for Riff Turn once & hold; - into promenade sway & change sway;

- 9 Rk fwd L, rec R, sd L,-to BFLY; 10 XRIF of L, sd L, XRIF of L,; (XLIF of R, sd R, XLIF of R,-;) 11 Sd L, XRIB of L, sd L, XRIF of L; (Sd R, XLIB of R, sd R, XLIF;) 12 Sd L, cls R to L(Lady steps R and spins sharply Rfc, cls L to R,-;) Sd L(R) in SCP twd LOD into Prom sway, & change sway with the music;