

LA PUERTA

Composers: Brent & Judy Moore 10075 McCormick Place, Knoxville, TN 37923
(865) 694-0200

Music: CD WEA Latina 75805, Luis Miegel, Romance, Track 3 or WalMart download

Footwork: Opposite, directions for man (lady as noted)

Phase & Rhythm: Phase 4+1(hinge)+1(sync turn basic) Bolero

Sequence: Intro A B C B(1-15) End 2007 ver 1.0

INTRO

1-8 WAIT 1; TIME STEP with ARMS; BFLY OPENING OUTS twice;; UNDERARM TURN; MAN'S

UNDERARM TURN; SPOT TURN; FORWARD BASIC;

- 1 [WAIT 1]opn fcng hnds to sdes fc WALL trail fee free;
- 2 [TIME STEP w/ARMS SQQ] Sd R WALL rise hnds thru cntn up ovr & out to bfly, -, slght trn LF (RF) XLIBR (XRIBL), rec R bfly WALL sft knee;
- 3-4 [OPEN OUTS SQQ] Sd L rise,-, body trn LF pnt rght leg RLOD extnd arms lwr, bring lady to fcng bfly; rise cl R,-, body trn RF pnt lft leg LOD extnd arms lwr, bring lady to fcng bfly WALL; (sd R bfly rise, -, trn LF XLIBR, rec R trn RF fc ptnr sft knee; sd L rise, -, trn RF XRIBL, rec L trn LF fc ptnr bfly sft knee;)
- 5 [UNDERARM TURN SQQ] Bk L slght LF trn raise rght hands rise,-, bk R sft knee lead lady under, rec L fc WALL (trn RF sd & fwd R LOD,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF to fc sft knee);
- 6 [MAN'S UNDERARM SQQ] Trn RF sd & fwd R RLOD release lead hnds jn trail hnds ,-, thru L soft knee trn RF und trail hnds, rec R cont trn RF to fc sft knee fc WALL (sd & bk L,-, bk R XIBL man undr trail hnds, rec sd & fwd L);
- 7 [SPOT TURN SQQ] Trn LF (RF) sd & fwd L "v" pos LOD rise,-, thru R soft knee trn LF (RF), rec L cont trn LF (RF) to fc WALL opn fcng pos sft knee;
- 8 [FWD BASIC SQQ] Sd & fwd R to cp fc WALL rise,-, ck fwd L sml stp slght contra ck action, rec bk R cp WALL ;

Part A

1-8 BASIC;; CROSS BODY to BFLY; SHOULDER to SHOULDER twice;; NEW YORKER; UNDERARM TURN; REVERSE

UNDERARM TURN;

- 1-2 [BASIC SQQ SQQ] Sd & bk L cp rise,-, bk R slght XIBL sft knee, rec sd & fwd L cp fc WALL sft knee; sd & fwd R cp fc WALL rise,-, ck fwd L sml stp slght contra ck action, rec bk R cp WALL
- 3 [CROSS BODY SQQ] Trn LF sd & bk L to "L" shpe DLC rise,-, trn LF bk R in sdcr toe in sft knee, cont LF trn fwd L to bfly fc DLC (sd & fwd R to DLC,-, fwd L strt LF trn, sd & fwd R trn LF);
- 4-5 [SHOULDER to SHOULDERS SQQ SQQ] Sd & fwd R to bfly sdcr rise fc WALL,-, ck fwd L in sdcr sft knee, rec bk R trn LF; trn LF sd & fwd L to bfly bjo rise,-, ck fwd R in bnjo, rec bk L fc WALL bfly;
- 6 [NEW YORKER SQQ] Sd & fwd R LOD rise,-, ck thru L soft knee slght trn RF (LF), rec R trn to fc COH soft knee;
- 7 [UNDERARM TURN SQQ] Bk L slght LF trn raise rght hands rise,-, bk R sft knee lead lady under, rec L fc WALL (trn RF sd & fwd R LOD,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF to fc sft knee);
- 8 [REV UNDERARM SQQ] Sd & fwd R RLOD rise ,-, ck thru L soft knee raise lead hnds, rec R trn to fc WALL soft knee (sd & fwd L ROLD rise ,-, thru R soft knee trn LF undr lead hnds, rec L cont trn LF to fc sft knee);

9-16 CROSS BODY; START an AIDA; AIDA LINE & HIP ROCKS; FACE & ROLL 2; FENCE LINE with ARMS twice;; SPOT TURN;

FORWARD BASIC;

- 9 [CROSS BODY SQQ] Trn LF sd & bk L to "L" shpe DLC rise,-, trn LF bk R in sdcr toe in sft knee, cont LF trn fwd L fc LOD "v" (sd & fwd R to DLC,-, fwd L strt LF trn, sd & fwd R trn LF);
- 10 [START AIDA SQQ] Sd & fwd R "v" pos RLOD rise,-, thru L sft knee trn LF jn trail hnds (RF), sd RL trn LF rlease lead hnds strt rise (IRF);
- 11 [AIDA & HIP ROCK SQQ] Trn LF (RF) bk L rise slght "V" bk to bk pos LOD lead hnds up & out trail hnds fwd,-, rk bk R soft knee, rec bk L fc LOD;
- 12 [FACE ROLL 2 SQQ] Fwd R LOD trn RF (LF) rise fce ptnr tch lead hnds,-, trn RF (LF) fwd L roll LF (RF) LOD, cont roll R to fc ptnr & WALL;
- 13-14 [FENCE LINES w/ARMS SQQ SQQ] Sd & fwd L to bfly "V" LOD rise,-,lwr ck thru R XIFL (LXIFR) soften knee sweep trail hnds over & tch lead hnds, rec L trn RF (LF) hnds bk to bfly WALL; sd & fwd R to bfly "V" RLOD rise,-,lwr ck thru L XIFL (RXIFL) soften knee sweep lead hnds over & tch trail hnds, rec L trn LF (RF) hnds bk to bfly WALL;
- 15 [SPOT TURN SQQ] Trn LF (RF) sd & fwd L "v" pos LOD rise,-, thru R soft knee trn LF (RF), rec L cont trn LF (RF) to fc WALL opn fcng pos sft knee;
- 16 [FWD BASIC SQQ] Sd & fwd R to cp fc WALL rise,-, ck fwd L sml stp slght contra ck action, rec bk R cp WALL ;

PART B

1-8 SYNCOPATED TURNING BASIC twice;; 3 SLOW HINGE & PICKUP;; TURNING BASIC; LUNGE BREAK; LEFT PASS; START an AIDA;

- 1-2 [SYNC TRN BASICS SQQ&SQQ&] Sd & bk L slght body trn RF rise (lady look rght),-, trn LF slip pvt action (lady cl head) bk R sft knee, sd & fwd L trn LF/ sd R trn LF fc DRW; bk & sd L slght body trn RF rise (lady look rght),-, trn LF slip pvt action (lady cl head) bk R sft knee, sd & fwd L trn LF/ sd R trn LF fc DRW;
- 3-4 [HINGE & PICKUP SSS&S] Bk & sd L to cp fc DRW,-, trn body LF & lwr, -; cont slight trn LF leave rght pntd RLOD in hinge line,-/ body trn RF to fc RLOD, fwd R RLOD trn LF & lwr fc COH;(fwd R trn LF,-, XLIBR sml step,-; lwr & extnd R fwd in hinge line look well lft,-/rec fwd R trn RF to cp, sd & bk L trn RF lwr,-;)

- 5 [TRN BASIC SQQ] Sd & bk L slight body trn RF (lady look right) rise,-, trn LF slip pvt action bk R sft knee, sd L trn LF to fc WALL sft knee;
- 6 [LUNGE BREAK SQQ] Sd & fwd R opn fcng fc WALL lead hnds still jnd,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slight sit line action, rec fwd L strt rise);
- 7 [LEFT PASS SQQ] Fwd L sml stp to sdcr DRW shpe body DLW to lady rise trn lady RF,-, rec bk R toe in sft knee strt LF trn, sd & fwd L trn LF to "v" pos LOD (sd & fwd R trn RF back to man but shpe head to man, sd & fwd L sft knee strng trn LF, bk R under body fc man "v" pos);
- 8 [START AIDA SQQ] Sd & fwd R "v" pos LOD rise,-, thru L sft knee trn LF (RF) jn lead hnds, sd R trn LF (RF) rlease trail hnds strt rise;

9-16 AIDA LINE & SWITCH ROCK; OPEN UP & BOLERO WALKS to line;; SLIDING DOOR twice;; SPOT TURN to FACE; RIGHT PASS; FORWARD BREAK:

- 9 [AIDA & SWITCH ROCK SQQ] Trn LF (RF) bk L rise slight "V" bk to bk pos RLOD trail hnds up & out lead hnds fwd,-, pull lead hnds bk & thru trn RF (LF) rk sd R LOD soft knee, rec L fc ptrn & COH;
- 10-11 [BOLERO WALKS SQQ SQQ] Trn RF (LF) to lft opn LOD fwd R rise, -, fwd L slight lwrng, fwd R; fwd L rise, -, fwd R slight lwrng, fwd L lft opn LOD;
- 12-13 [SLIDING DOORS SQQ SQQ] Release hnds rk sd R WALL (COH) Inge action fc LOD , -, slight trn LF (RF) rec sd L, XRIFL (XLIFR) pass bhnd lady; rk sd L COH (WALL) Inge action fc LOD , -, slight trn RF (LF) rec sd R, XLIFR (XRIFL) pass bhnd lady;
- 14 [SPOT TURN & FACE SQQ] Fwd R WALL (COH) rise ,-, fwd L trn RF (LF) soft knee, rec fwd L COH (WALL) to fc COH in loose opn fcng jn lead hnds;
- 15 [RIGHT PASS SQQ] Fwd & sd L slight trn RF to "L" pos fc LOD raise lead hnds to create window look at lady,-, loose XRIBL slight trn RF sft knee, slight trn RF rec L to fc WALL (fwd R look at man thru "window",- , fwd L sft knee strt slight trn LF, fwd R trn LF undr lead hnds fc man & COH);
- 16 [FORWARD BREAK SQQ] Sd & fwd R to opn fcng fc WALL rise,-, ck fwd L sml stp slight contra ck action, rec bk R fc WALL (sd & bk L opn fcng,-, bk R contra ck action slight sit line action, rec fwd L);

PART C

1-8 UNDERARM TURN; OPEN BREAK; RIGHT PASS; OPEN RIGHT LUNGE & ROCK 2; CROSS BODY; TIME STEP; SPOT TURN; FORWARD BASIC:

- 1 [UNDERARM TURN SQQ] Bk L slight LF trn raise rght hands rise,-, bk R sft knee lead lady under, rec L fc WALL (trn RF sd & fwd R LOD,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF to fc sft knee);
- 2 [OPEN BREAK SQQ] Sd & slight fwd R rise,-, release cp bk L soft knee ck action press lady bk lead hnd hold, rec sd & fwd R WALL (sd & bk L ,-, bk R sft knee ck action, rec sd & fwd L);
- 3 [RIGHT PASS SQQ] Fwd & sd L slight trn RF to "L" pos fc RLOD raise lead hnds to create window look at lady,-, loose XRIBL slight trn RF sft knee, slight trn RF rec L to fc COH (fwd R look at man thru "window",- , fwd L sft knee strt slight trn LF, fwd R trn LF undr lead hnds fc man WALL);
- 4 [LUNGE & ROCKS SQQ] Body trn RF fwd R rght lunge in mod opn pos rght shldr lead extnd trail hnd,-, rec L slight roll body lft, rec R slight body roll to rght Inge COH (trn body LF bk L opn rght lunge trail hnd out, rec R roll body rght, rec L roll body to rght Inge);
- 5 [CROSS BODY SQQ] Trn LF sd & bk L to "L" shpe RLOD rise,-, trn LF bk R in sdcr toe in sft knee, cont LF trn fwd L to bfly fc WALL (sd & fwd R to DLC,-, fwd L strt LF trn, trn LF sd & fwd R LOD);
- 6 [TIME STEP SQQ] Sd R bfly WALL rise, -, slight trn LF (RF) XLIBR (XRIBL), rec R bfly WALL sft knee;
- 7 [SPOT TURN SQQ] Trn LF (RF) sd & fwd L "v" pos LOD rise,-, thru R soft knee trn LF (RF), rec L cont trn LF (RF) to fc WALL opn fcng pos sft knee;
- 8 [FWD BASIC SQQ] Sd & fwd R to cp fc WALL rise,-, ck fwd L sml stp slight contra ck action, rec bk R cp WALL ;

END

1-4 RIGHT PASS; OPEN RIGHT LUNGE & ROCK 2; CROSS BODY; FENCE LINE & ARM SWEEP:

- 1 [RIGHT PASS SQQ] Fwd & sd L slight trn RF to "L" pos fc LOD raise lead hnds to create window look at lady,-, loose XRIBL slight trn RF sft knee, slight trn RF rec L to fc WALL (fwd R look at man thru "window",- , fwd L sft knee strt slight trn LF, fwd R trn LF undr lead hnds fc man & COH);
- 2 [LUNGE & ROCKS SQQ] Body trn RF fwd R rght lunge in mod opn pos rght shldr lead extnd trail hnd,-, rec L slight roll body lft, rec R slight body roll to rght Inge COH (trn body LF bk L opn rght lunge trail hnd out, rec R roll body rght, rec L roll body to rght Inge);
- 3 [CROSS BODY SQQ] Trn LF sd & bk L to "L" shpe DLC rise,-, trn LF bk R in sdcr toe in sft knee, cont LF trn fwd L fc WALL bfly (fwd R to DLC,-, fwd L strt LF trn, sd & fwd R trn LF to bfly);
- 4 [FENCE LINE ARM SWEEP SS] Ck thru L XIFR soften knee LOD,-, extnd trail arms out sweep lead arms ovr arnd & bk up RLOD look at sweeping hnds as music fades,-;