

# OB-LA-DI, OB-LA-DA

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Music: "Ob-La-Di, Ob-La-Da", The Beatles. See note at bottom of cuesheet.

Rhythm/Phase: Cha Cha, Phase III&1

Sequence: INTRO AB ABC AB ENDING



## INTRO

### 1 - 5 WT; SLDG DR (2X); CIRC AWY 2 & CHA; CIRC TOG 2 & CHA;

1. In OP Pos LOD wt 1 meas;
- 2-3. Rk apt L, rec R, slide beh W XLIF of R releasing jnd hnds/sd R, XLIF of R (W rk apt R, rec L, slide IF of M XRIF of L/sd L, XRIF of L) to LOP LOD; Rk apt R, rec L, slide beh W XRIF of L releasing jnd hnds/sd L, XRIF of L (W rk apt L, rec R, slide IF of M XLIF of R/sd R, XLIF of R) to OP LOD w/ no hnds jnd;
- 4-5. Circ LF twd COH (W circ RF twd Wall) L,R,L/R,L; Cont LF circ (W RF circ) twd ptr R,L,R/L,R to Bfly Wall;

## PART A

### 1 - 4 BAS;; REV UNDRM TRN; CRB WLKS;

- 1-2. In BFLY fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;
3. XLIF of R lifting M's L & R's R arms up to ld W into LF undrm trn, rec R, sd L/cl R, sd L (W XRIF of L undr jnd ld hnds trng 1/2 LF, rec L cont trn to fc ptr, sd R/cl L, sd R);
4. In BFLY XRIF of L (both XIF), sd L, XRIF of L (both XIF)/sd L, XRIF of L (both XIF);

### 5 - 8 TRAV DR; SD WLK; HND-HND (2X);:

5. Staying in BFLY rk sd LOD L, rec R, XLIF of R (both XIF)/sd R, XLIF of R (both XIF);
6. Staying in BFLY step sd RLOD R, cl L, sd RLOD R/cl L, sd RLOD R;
- 7-8. Trng LF (W RF) to OP LOD rk bk L, rec R trng RF (W LF) to BFLY Wall, sd LOD L/cl R, sd L; Trng RF (W LF) to LOP RLOD rk bk R, rec L trng LF (W RF) to BFLY Wall, sd RLOD R/cl L, sd R;

## PART B

### 1 - 4 FWD BAS; FAN TO FC; NY TWD WALL; UNDRM TRN TO TAMARA;

1. In Bfly Wall rk fwd L, rec R, sd L/cl R, sd L;
2. Rk bk R, rec L trng LF to fc LOD, small sd & fwd R/cl L, small sd R (W fwd L twd M, sd LOD R trng LF to fc RLOD, bk & sd L/cl R, bk & sd L) to BFLY LOD;
3. Trng RF (W LF) to LOP Wall rk fwd L, rec R trng LF to BFLY LOD, sd COH L/cl R, sd L;
4. Rk bk R raising jnd lead hnds to ld W's undrm trn while leaving M's R & Ws L hnds jnd low, rec L, sip R/L,R commencing RF trn (W XLIF of R commencing RF trn undr jnd ld hnds, fwd R cont RF trn, fwd R/L,R) to Tamara pos DLW;

### 5 - 8 WHL RF; (W TRN LF TO FC); FNC LN (2X);:

5. Maintaining Tamara pos wnl ¾ RF stepping fwd L,R,L/R,L to end in Tamara pos DLC;
6. Leaving all hnds jnd cont RF trn to fc Wall stepping fwd R, L, sm sd RLOD R/cl L, sm sd R (W fwd L twd Wall commencing LF trn undr jnd ld hnds, fwd & sd R cont LF trn to fc ptr, sd RLOD L/cl R, sm sd L) to BFLY Wall;

7-8. In BFLY Wall XLIF of R (bth XIF), rec R, sd LOD L/cl R, sd L; XRIF of L (bth XIF), rec L, sd RLOD R/cl L, sd R;

### PART C

#### 1 - 4 NY; WHP; (TRN TO LOP) 4 FWD CHA'S;

1. Rel M's R & W's L hnds rk thru L RLOD, rec R trng LF (W RF) to BFLY Wall, sd LOD L/cl R, sd L;
2. Bk R trng LF, rec L to fc COH, sd LOD R/cl L, sd R (W fwd L stepping outsd M on his L sd commencing LF trn, sd R COH cont LF trn to fc Wall, sd LOD L/cl R, sd L) to BFLY COH;
- 3-4. Trng RF (W LF) to slight bk-to-bk LOP pos progress twd LOD fwd L/lk RIB of L, fwd L trng in twd ptr to touch M's R & W's L hnds, fwd R/lk LIB of R, fwd R trng away from ptr to slight bk-to-bk LOP pos; Fwd L/lk RIB of L, fwd L trng in twd ptr to touch M's R & W's L hnds, fwd R/lk LIB of R, fwd R trng slightly away from ptr to LOP LOD;

#### 5 - 8 NY; SPT TRN (2X); WHP;

5. Rk fwd L LOD, rec R trng LF (W RF) to BFLY COH, sd RLOD L/cl R, sd L;
- 6-7. XRIF of L (bth XIF) commencing LF trn (W RF) releasing hnds, rec L cont trn to fc ptr, sd LOD R/cl L, sd R to BFLY COH; XLIF of R (bth XIF) commencing RF trn (W LF) releasing hnds, rec R cont trn to fc ptr, sd RLOD L/cl R, sd L to BFLY COH;
8. Bk R trng LF, rec L to fc Wall, sd RLOD R/cl L, sd R (W fwd L stepping outsd M on his L sd commencing LF trn, sd R Wall cont LF trn to fc COH, sd RLOD L/cl R, sd L) to BFLY Wall;

### ENDING

#### 1 - 2 NY IN 4; MERENGUE 3 & PNT RLOD;

1. Rel M's R & W's L hnds rk thru L RLOD, rec R trng LF (W RF) to fc ptr, sd LOD L blending to CP Wall, cl R;
2. Sd LOD L, cl R, sd LOD L, trng slightly RF (W LF) to RSCP pt R sd & fwd twd RLOD;

Note: Original source of music is by the Beatles and was released on Apple Records.

The sequence for that version is INTRO AB ABC ABC AB ENDING

This music is soon to be repressed on the STAR label. The sequence for that version is AB ABC AB ENDING