

## RACHEL'S SONG

Composers: Bill & Helen Stairwalt, 602 N. Victoria Rd. MH#135, Donna, TX  
Record: DMC 001-A 78537 (210)464-9207  
Rhythm: Basic Slow Two-Step, Unphased  
Sequence: INTO, ABCD ABCD A TAG FASTER TEMPO SIDE – 45

### INTRO

- 1-4 WAIT 2 MEAS; ; APART POINT; TOGETHER,TCH;**  
1-2 Wait 2 meas in OP FCG;;  
3-4 APT L,-,POINT R,-; TOG To loose CP R,-,TCH L,-;

### - A -

- 1-4 BASIC;; UNDERARM TURN; BASIC ENDING;**  
1-2 SD L,-, XRIB OF L (XIB), REC L; SD R,-,XLIB OF R (XIB),  
REC R;  
3-4 SD L to join lead hnds palm to palm,-,XRIB of L, REC L  
(SD R comm. To trn RF under lead arms,-,XL over R twd LOD  
TRN RF to fc RLOD, REC FWD R to trn ¼ to fc ptr & COH);  
SDR,-, XLIB of R (XIB) begin to open body away from ptr,  
REC R (REC L like pickup action in front of M DC);
- 5-8 LEFT TRN INSIDE ROLL; BASIC ENDING; LEFT TRN INSIDE  
ROLL;  
BASIC ENDING;**  
5-6 FWD L TRN LF ½ to fc COH,-, SD R, XLIF of R twd LOD  
(BK R trn LF ½,-, SD L TRN LF under lead arms, cont trn LF  
to fc ptr R) CP; SD R,-,XLIB of R (XIB) begin open body  
away from ptr, REC R (REC L like pickup action in frt of M DRW);  
7-8 REPEAT A meas 5; REPEAT A meas 2 to BFLY;

### - B -

- 1-4 LUNGE BASIC; ; RIGHT TURN OUTSIDE ROLL; BASIC ENDING;**  
1-2 In BFLY SD L,-,REC R,XLIF of R (XIF); SD R,-,REC L,  
XRIF of L (XIF) manuvng in frt of W;  
3-4 Xng IF of W SD & BK L stay fc RLOD,-,SD & BK R almost XB  
Trng RF to fc COH lead W under jnd lead arms, XLIB of R  
Fc COH (FWD R LOD comm. RF TWIRL under lead arms,-,  
TWIRL L,R to fc WALL); SD R,-,XLIB of R (XIB) begin to  
Open body away from ptr, REC R manuvng in frt of W  
(SD L,-,XRIB of L,REC L);
- 5-8 RIGHT TURN OUTSIDE ROLL; BASIC ENDING; OPEN BASIC;;**  
5-6 REPEAT B meas 3; REPEAT A meas 2;  
7-8 SD L to L ½ OP,-,XRIB of L (XIB),REC L to fc ptr & wall;  
SD R to ½ OP,-,XLIB of R (XIB),REC R com to XIF of W;

### - C -

- 1-8 TWO SWITCHES; ; OPEN BASIC;;**  
1-2 XIF of W SD L trn to L ½ OP,-, FWD R,FWD L (FWD R,-,FWD L,  
FWD R comm. To XIF of M);  
FWD R (XIF of M SD L trn to ½ OP),-,FWD L, FWD R fac ptr  
Loose CP;  
3-4 REPEAT B meas 7 & 8;;

- 5-8 TWO SWITCHES;; OPEN BASIC;;**  
5-6 REPEAT C meas 1 & 2;;  
7-8 REPEAT B meas 7; SD R to ½ OP,-,XLIB of R (XIB) begin to  
Open body away from ptr, REC R (REC L like pickup action  
In frt of M DC);

**- D -**

- 1-4 TRIPLE TRAVELER; ; ; ;**  
1. Fwd L trn LF ½ to fc WCOH,-,SD & FWD R, FWD & XLIF of R  
Fc LOD (BK R trn ½ LF,-,SD L trn LF under lead arms, cont  
Trn LF to fc PTR & WALL R);  
2. FWD R spiral LF under joined hands (W trn to fc LOD  
FWD L),-,lower the hands out in frt of ptrs at waist level as  
Move FWD L,R;  
3. FWD L begin to bring jnd hnds down between ptrs  
(FWD R comm. RF TWIRL),-,SD R to fc COH,XLIF of R  
(TWIRL RF under lead arms L,R to fc ptr &WALL) CP COH;  
4. REPEAT A meas 6.

- 5-8 TRIPLE TRAVELER TO RLOD; ; ; ;**  
1. Fwd L trn LF ½ to fc WALL,-, SD & FWD R, FWD & XLIF of R  
Fc RLOD (BK R trn ½ LF,-,SD L trn LF under lead arms, cont  
Trn LF to fc PTR & COH R);  
2. FWD R spiral LF under joined hnds (W trn to fc RLOD FWD L),  
-,lower the hands out in frt of ptrs at waist level as  
move FWD L,R;  
3. FWD L begin to bring jnd hnds down between ptrs  
(FWD R comm. RF TWIRL),-,SD R to fc WALL,XLIF of R  
(TWIRL RF under lead arms L,R to fc ptr & COH) CP WALL;

**TAG**

- 1-2 UNDERARM TURN ; SIDE,APART, POINT;**  
1-2 REPEAT A meas 3; SIDE R,-,APART L, POINT R twd ptr;

NOTE; TIMING WITH EXCEPTION OF INTRO IS SQQ.