

YOU FORGET

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Music: L'a Mentira , Luis Miguel

CD: Romance , WEA Latina 75805-4 Track #9 (Contact choreographer)

Rhythm/Phase: Bolero, Phase VI

Speed: Increase 6%

Timing: SQQ except where noted on sd of meas.

Timing on sd of meas reflects actual wgt chgs (W in parentheses)

Sequence: **INTRO A B A(MEAS 9-16) B A(MEAS 9-16) ENDING** Released: January, 2004



INTRO

1 - 4 WT; W CARESS; HIP RKS SQQ (W SYNCO TO FAN); START HKY STK;

1. Wt in SHDW pos Wall w/ W in frnt of M s R hip w/ M s R hnd on W s R hip and all other hnds dwn at sds w/ wgt on R for bth and L pointed sd LOD;
2. Hold pos thru entire meas (W caress L sd of M s face w/ her L hnd then bring L hnd dwn to her L sd);
3. Rk sd L,-,rk sd R, rk sd L (W rk sd L,-,rk sd R, rec L commencing to trn LF/fwd LOD R moving acrs frnt of M cont LF trn to fc RLOD);
4. Sd R trng upper bdy LF to fc DLW,-,ck fwd L, rec R (W sd & bk L to FAN pos,-,rk bk R, rec L);

5 - 8 TRN W TO LUN/SIT LINE & RAISE ARM; SWVL TO R HND SIT LINE; W SPRL (M S'HD LOOP) & WLK RLOD; FC & BK BRK (FC LOD);

5. Sd LOD L trng W sharply LF undr jnd M s L & W s R hnds then lowering jnd ld hnds while leaving R leg extended twd RLOD,-,lower in ld leg while slowly raising R arm straight up (W strong fwd R moving past M then trn sharply ½ LF undr jnd ld hnds to fc LOD while leaving L leg extended twd LOD,-,lower into R leg while slowly raising L arm straight up),-;
6. Plc wgt on R while trng ½ LF to fc LOD then chg to R-R hndhold,-,lower on R while extending free L arm out to sd (W fwd LOD L moving past M s L sd and swvl ½ LF to fc RLOD,-,lower on L while extending R ft fwd twd RLOD and free L arm out to sd),-;
7. Sm fwd L trng sharply RF to fc RLOD while leading W to sprl LF and taking jnd R hnds ovr W s' hd and then ovr M s hd then rel hnds bhd M s neck blending to LHOP RLOD,-,fwd RLOD R,L (W fwd R RLOD spiraling LF undr jnd R hnds to LHOP RLOD,-,fwd L,R);
8. Sd RLOD R to fc ptr & Wall,-,blending to HOP LOD rk bk L, rec R;

PART A

1 - 4 TRNG BASIC (DLC); LUN BRK; HIP TWST & FAN TO FC; M S'NECK WRP & BRK;

1. Blending to CP stp sd L w/ RF upper bdy trn,-,slp R bk trn strongly LF, fwd L to CP DLC;
2. Sd & fwd R releasing CP and leaving M s L & W s R hnds jnd,-,flexing R knee xtnd L sd & bk, rise on R straightening knee (W sd & bk L,-,bk R undr bdy flexing knee, fwd L);
3. Cl L to R while bringing W fwd & causing her to swvl RF,-,brk bk R, rec L trng ¼ LF (W fwd R twd M then swvl ¼ RF to fc DRC,-,fwd L trng ½ LF, sd & bk R) to LOP fcg pos DRC;
4. Sd & fwd R trng ½ LF leaving ld hnds jnd while folding into his own L arm bringing jnd ld hnds up to rest in frnt of M on his R shldr w/ bth fcg DLW and W bhd and slightly to L of M,-,rk sd L, rec R (W sd L,-,XRif of L w/ checking action placing free L hnd on M s L shldr, rec L);

5 - 8 M TRN LF TO X BDY; SPT TRN; UNDRM TRN; OP BRK;

5. Rel jnd ld hnds trn ½ LF on R and stp sd L DRW then reconnect ld hnds after stp is taken,-, rk bk R, rec L trng LF to fc ptr & Wall (W sd & fwd R,-,fwd L acrs M trng LF, sd & bk R finishing LF trn to fc COH) to LOP fcg pos Wall;
6. Sd RLOD R,-,fwd L RLOD trng RF (W LF), fwd R cont RF trn to LOP fcg pos Wall;
7. Sd & bk L raising jnd ld hnds,-,bk R leading W to trn RF undr jnd ld hnds, rec L (W sd & fwd R twd M,-,XLif of R trng RF undr jnd ld hnds, cont trng RF sd & fwd R to fc M) to LOP fcg pos Wall;
8. Sd R,-,bk L undr bdy flexing knee, fwd R (W sd L,-,bk R undr bdy flexing knee, fwd L);

9 -12 STOP & GO WITH W SWVL TO; DOUBLE RONDE & M HK;

W INSD TRN TO WRP & OUT TO FC; (R HND) TRADE PLACES TO SHDW (COH);

9. Trng ¼ RF lun sd L Wall raising jnd ld hnds and leading W to trn sharply LF undr ld hnds catching W in M s R arm,-,rk sd R, rk sd L trng upper bdy RF (W fwd R past M s R sd trng sharply ½ LF undr jnd ld hnds to Sit Line fcg Wall,-,fwd L swvl ½ RF, fwd R swvl ½ LF) preparing to blend to CP COH;
10. Fwd R between W s ft w/ RF bdy trn ronde L leg CW,-,swing L sd arnd W stepping sd L to CP RLOD, hk Rib of L (W fwd L arnd M and ronde R leg CW,-,XRib of L, sd & fwd L) to loose BJO RLOD;
11. M hld wgt on R while trng W LF undr jnd ld hnds,-,fwd RLOD L (W fwd R on M s R sd trng ½ LF undr jnd ld hnds to mom WRP pos RLOD,-,leaving M s L & W s R hnds jnd stp fwd RLOD L, fwd R trng ½ LF to fc ptr & LOD) to LOP fcg pos RLOD;
12. Changing to R-R hndhold stp sd & fwd R,-,rk apt L, rec R trng ¼ RF to fc COH leading W w/ R to mv strongly fwd (W sd & bk L,-,rk apt R, strong fwd L LOD past M s R sd trng ¼ LF to fc COH) to end bth fcg COH preparing to blend to SHDW;

13-16 M PT & SHDW FENCE LINE; SHDW TRN BASIC; SHDW FENCE LINE;

SHDW TRNG BASIC (W SYNC TO FC);

13. Pt sd L RLOD blending to SHDW COH w/ jnd R hnds at W s R hip and jnd L hnds extended to sd,-,XLif of R w/ checking action, rec R (W sd R LOD to SHDW,-,XLif of R w/ checking action, rec R);
14. *[Note: Identical footwork meas 14-15]* Staying in SHDW pos sd L w/ RF upper bdy trn,-,slp R bk trn strongly LF, fwd L to SHDW DRW while keeping W IF of M;
15. Cont LF trn from previous meas to fc WALL in SHDW pos stepping sd R,-,XLif of R w/ checking action, rec R); *[Note: The 3rd time through this section, the footwork needs to be slowed to match the music that retards from here until the end of the dance]*
16. Staying in SHDW pos sd L w/ RF upper bdy trn,-,slp R bk trn strongly LF to fc LOD, fwd L (W sd L w/ RF upper bdy trn,-,slp R bk trn strongly LF/fwd LOD L releasing SHDW pos trng ½ LF to fc ptr & RLOD, sd & bk R) to LOP fcg pos LOD;

PART B

1 - 4 (R HND) FWD BRK; W SPRL (M S'HD LOOP) & WLK RLOD; BK BRK; SYNC RUN TO LOD;

1. Changing to R-R hnds stp sd & fwd LOD R,-,ck fwd L, rec R;
2. Rpt meas 7 of INTRO;
3. Rpt meas 8 of INTRO;
4. In HOP LOD stp fwd L,-, fwd R/L,R;

5 - 8 SYNC TRNG BASIC TO TWO TELEMARCS;; WITH X BDY ENDING; NY;

- SQ&Q 5. Blending to CP Wall sd L w/ RF upper bdy trn,-,slp R bk trn strongly LF to CP DLC/fwd L in CP cont LF trn, sd R cont trn (Sd R w/ RF upper bdy trn,-,slp L fwd trn strong LF to CP/bk R cont LF trn, cl L to R for heel trn) to CP RLOD;
- SQ&Q 6. Cont LF trn to fc Wall stp sd LOD L,-,slp R bk trn strongly LF to CP DLC/fwd L in CP cont LF trn, sd R cont trn (W fwd LOD R,-,fwd L trng LF to CP/bk R cont LF trn, cl L to R for heel trn) to CP RLOD;
7. Cont LF trn to fc Wall stp sd LOD L,-,slp R bk trn LF to CP DLC, fwd L in CP cont LF trn (W fwd LOD R,-,fwd L trng LF to CP, bk R cont LF trn) to CP COH;
8. Sd LOD R releasing CP,-,trng RF (W LF) to LOP LOD ck thru L, rec R trng LF (W RF) to fc ptr & COH;

9 12 UNDRM TRN; W SPRL TO ROPE SPN;

M SWCH-SHAKE R HND & SYNC U/A ROLL TO; LAYBACK;

9. Rpt meas 7 or PART A to LOP fcg pos COH w/ ld hnds jnd high;
10. Cl R to L leading W s'sprl,-,ck sd L taking ld hnds ovr M s'hd to ld W s' Rope Spn, rec R (W fwd L twd M s'R sd spiraling 7/8 RF undr jnd ld hnds,-,passing R shldr fwd arnd M R,L) to end M fcg COH and W fcg RLOD bhd M;
- SQ&Q 11. Swvl ½ LF on R to fc WALL stepping sd LOD L while pulling ld hnds to cause W to swvl RF and changing to R-R hndhold,-,sm rk bk R, rec L trng LF to fc LOD while leading W to trn LF undr jnd R hnds then bringing jnd hnds dwn IF of W/fwd LOD R bth trng ½ LF to fc RLOD while bringing jnd R hnds bhd M at his R hip (W sm fwd RLOD R swvl sharply ½ RF to fc LOD jng R hnds,-,fwd LOD L, fwd R spiraling LF undr R hnds to fc LOD/fwd L trng ½ LF to fc RLOD);
- S--- 12. Releasing R hnds trn ¼ LF to fc Wall and stp sd LOD L while taking M s'L hnd up IF of W and ovr her hd then resting it undr W s'L shldr blade to support her for the Layback,-,slowly xtnd free R arm to sd (W stp bk LOD R lowering on R while shaping well to L and slowly extending free L arm to sd),-; *[Notes: W s'R arm will be underneath M s'L arm at this point. Additionally, W can xtnd this line as much or as little as comfortable. Be careful not to rush the Layback. The M can actually be a little late getting into ct 1. The W has to wt for him to get into pos before taking her stp]*

13-16 RISE,-,CL, FWD; FWD TO CHAIR & REC TO FC; W PUSH OFF SPT TRN; OP BRK;

- QQ 13. Rise ovr L leg,-,cl R to L, fwd RLOD L in LHOP w/ W s'R arm still underneath M s'L arm;
14. Fwd RLOD R,-,lun thru RLOD L swaying slightly bk while maintaining eye contact w/ ptr, rec R trng LF (W RF) to fc ptr;
15. Sd LOD L releasing hold while extending bth arms to sds,-,XRib of L, rec L (W sd LOD R sliding R hnd to M s'chest and extending L arm to sd,-,XLif of R pushing off M s'chest and trng RF allowing L arm to trail bhd bdy, fwd R cont trn to fc ptr) to LOP fcg pos Wall;
16. Rpt Meas 8 of PART A;

ENDING

1 - 3 (R HND) M S'U/A TRN; START X BDY-W S'SYNC U/A ROLL TO; LAYBACK & HOLD;

1. Changing to R-R hnds stp sd & fwd LOD R,-,ck fwd L trng ½ RF undr jnd R hnds, sm fwd R cont RF trn to fc COH (W sd & bk LOD L,-,ck bk R, rec fwd L RLOD) to end w/ M fcg COH and W fcg RLOD w/ R hnds jnd;

- SQQ& 2. Sd RLOD L,-,sm rk bk R, rec L trng LF to fc RLOD while leading W to trn LF undr jnd R hnds then brining jnd hnds dwn IF of W/fwd RLOD R bth trng ½ LF to fc LOD while brining jnd R hnds bhd M at his R hip (W fwd R RLOD,-,fwd L RLOD, fwd R spiraling LF undr R hnds to fc RLOD/fwd L trng ½ LF to fc LOD); *[Note: If timed properly, the first stp of this meas will occur during the last high note hummed by the singer]*
- S--- 3. Slowing considerably rpt meas 12 of PART B w/ opp fcg directions;

La Mentira	The Lie
<p>Se te olvida, Que me quieres a pesar de lo que dices, Pues llevamos en el alma cicatrices, Imposibles de borrar!</p>	<p>You forget That you want me despite what you say, Then we have in our souls scars, That are impossible to heal!</p>
<p>Se te olvida, Que hasta puedo hacerte mal si me decido, pues tu samor lo tengo muy comprometido, pero a fuerza no sera!</p>	<p>You forget That until I can choose to have you, It threatens my love for you, But I have no power over you!</p>
<p>Y hoy r esulta, Que no soy de la estatura de tu vida, Que al dejarme casi casi se te olvida Que hay un pacto entre los dos.</p>	<p>And today, I don t measure up to you, When leaving me you forget That there is a covenant between us.</p>
<p>Por mi parte, Te devuelvo tu promesa de adorarte, Ni siquiera sientas pena por dejarme, Que este pacto no es con Dios!</p>	<p>As for me, I give back your promise of your love for me, You feel no pain to leave me, And this covenant is not with God!</p>