

NO WALLS

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MUSIC: "No Walls, No Ceilings, No Floors" Barbara Mandrell CD: Moods - Track #3 (other CD's as well)

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SEQUENCE: Intro, A, B, A, B, C, A, B, Ending **PHASE:** IV+2 (Double Reverse & Open Hinge)

RHYTHM: Waltz **FOOTWORK:** Described for Man - W opposite (or as noted) **SPEED:** As on Mini-disc

INTRO

1 - 4 WAIT; SIDE PROMENADE SWAY; ROLLING RIGHT LUNGE; CANTER;

- 1 - Wait 1 meas in CP DLW w/lead foot free;
- 1-- 2 - Sd & fwd L, stretch body upward, cont stretching R sd to look over joined lead hands to SCP DLC;
- 1-- 3 - Lower on L maintaining R sd stretch & push to lunge sd & slightly fwd R twd DRW, comm to chg sway to roll W's head to L, cont sway chg & look twd and over W (head now well to L) in R LUNGE CP FCING DLW;
- 1-3 4 - Sd L, rising draw R to L, cl R to L still in CP DLW;

PART A

1 - 4 WALTZ FORWARD; MANEUVER; SPIN TURN; HOVER CORTE;

- 1 - Fwd L, sd & fwd R, cl L to R still in CP DLW;
- 2 - Fwd R between W's feet comm RF trn, fwd & sd L cont RF trn, cl R to L to CP RLOD;
- 3 - Bk L LOD toe turned in pivot ½ RF, fwd R heel lead LOD between W's feet rise w/slight RF trn, sd & bk L to CP DLW;
- 4 - Bk R DRC comm LF trn, sd & slightly fwd L toe pting DRC, sd & bk R to CBJO DRC;

5 - 8 BACK, BACK LOCK BACK; IMPETUS TO SEMI; WEAVE 6 TO SEMI;;

- 12&3 5 - Bk L (fwd R outside ptr), bk R/lk LIF of R, bk R still CBJO DRC;
- 6 - Bk L LOD comm RF trn, cl R to L heel trn, sd & fwd L (fwd R comm RF trn, fwd & sd L cont RF trn, sd & fwd R) to SCP DLC;
- 7 - Thru R DLC, fwd L trng LF to CP, cont LF trn sd & bk R to CBJO DRC;
- 8 - Bk L (fwd R outside ptr), bk R blending to CP trng LF, cont LF trn sd & fwd L to SCP DLW;

PART B

1 - 4 CHAIR & SLIP; TELEMAR TO SEMI; THRU TO SLOW OPEN HINGE (EXTEND L ARMS);;

- 1 - Lower well in L knee lunge fwd R w/fwd poise, rec L comm LF trn rising through body and trng W square, cont LF trn bk R to CP DLC;
- 2 - Fwd L comm LF trn, fwd & sd R cont LF trn (cl heel trn), sd & fwd L to SCP DLW;
- 12- 3 - Thru R, sd & fwd L trng W LF to CP, lead W to hinge then comm to relax L knee (thru L, sd & fwd R trng LF, XLIB of R leaving R ft pointing RLOD head to L);
- (123) --- 4 - Cont to relax L knee & extend the line through meas w/slight sway R as you both extend L arms out to sd looking twd and over W (head now well to L);

5 - 9 HOVER OUT TO ½ OPEN; OPEN IN & OUT RUNS (4 MEASURES);iii;

- 23 5 - Comm to rise leading W to rec out of hinge, trng slightly RF sd R cont rising, sd & fwd L (rec R comm to rise trng RF, sd L cont rise trng RF releasing R arm from M & placing L arm around M, sd & fwd R) to V-SHAPE ½ OPEN DLW;
- (123) 6 - Fwd R comm RF trn, sd L cont RF trn as you scoop up ptr with your L arm under W's R arm, cont RF trn sd & fwd R LOD (fwd L comm slight RF trn, fwd R between M's feet cont RF trn, sd & fwd L) to V-SHAPE LEFT ½ OPEN LOD;
- 7 - Fwd L comm slight RF trn, fwd R between W's feet cont RF trn as you scoop up ptr with your R arm under W's L arm, sd & fwd L (fwd R comm RF trn, sd L cont RF trn, cont RF trn sd & fwd R) to V ½ OPEN LOD;
- 8 - Repeat meas 6 of Part B;
- 9 - Repeat meas 7 of Part B;

10-12 MANEUVER; OVERSPIN TURN; BOX FINISH (DLW);

- 10 - Thru R comm RF trn, fwd & sd L cont RF trn joining lead hands, cl R to L to CP RLOD;;
- 11 - Bk L LOD toe turned in pivot ½ RF, fwd R heel lead LOD between W's feet rise cont RF trn, sd & bk L to CP DRW;
- 12 - Bk R comm LF trn, sd & fwd L cont LF trn, cl R to L to CP DLW;

PART C**1 - 4 DOUBLE REVERSE; HOVER; THRU SEMI CHASSE; SLOW SIDE LOCK;**

- 12- 1 - Fwd L comm LF trn, fwd & sd R cont LF trn, cont LF trn tch L to R (bk R, cl L to R heel turn/cont LF trn sd & (12&3) slightly bk R, XLIF of R) to CP DLW;
 2 - Fwd L, sd & fwd R rising trng slightly LF, sd & fwd L to SCP DLC;
 12&3 3 - Thru R, sd & fwd L/cl R to L, sd & fwd L still SCP DLC;
 4 - Thru R, fwd & sd L comm LF trn leading W to swing in front to pickup, cont trng LF lk RIB of L (lk LIF of R) to CP DLC;

5 - 8 TURN L & RIGHT CHASSE TO BANJO; HESITATION CHANGE; VIENNESE TURN;;

- 12&3 5 - Fwd L comm LF trn, cont LF trn sd & bk R/cl L to R, sd & bk R to end CBJO DRC;
 12- 6 - Bk L comm RF trn (fwd R outside ptr), cont RF trn sd & fwd R toe pointing DLC, draw L to R to end CP DLC;
 7 - Fwd L LOD comm LF trn, cont LF trn fwd & sd R, cont LF trn XLIF of R (cl R to L) to end CP DRC;
 8 - Bk R LOD comm LF trn, cont LF trn bk & sd L, cont LF trn cl R to L (XLIF of R) to end CP DLW;

PART A**PART B****ENDING****1 - 4 CHANGE OF DIRECTION; OPEN REV TURN; OUTSIDE CHECK; OUTSIDE CHANGE TO SEMI;**

- 12- 1 - Fwd L, fwd R toe pointing LOD comm LF trn, cont LF trn touch L to R to CP DLC;
 2 - Fwd L comm LF trn, fwd & sd R cont LF trn, bk L to CBJO DRC;
 3 - Bk R trng slightly LF, cont slight LF trn sd & fwd L, fwd R outsd ptr to end BJO DRW;
 4 - Bk L, bk R blending to CP trng LF, cont slight LF trn sd & fwd L to SCP DLW;

5 - 8 NAT HOVER FALLAWAY; SLIP PIVOT TO BJO; MANEUVER; PIVOT w/HOVER BRUSH SCP;

- 5 - Thru R comm RF trn, fwd L cont trng RF, bk R (thru L, fwd R toe pointing to M's L instep trng RF, bk L) to SCP DRW;
 6 - Bk L, trng W to CP bk R trng LF, cont LF trn sd & fwd L (bk R, trng LF to CP slip fwd L, cont LF trn sd & bk R) to CBJO DLW;
 7 - Fwd R outside ptr comm RF trn, fwd & sd L cont RF trn, cl R to L to CP RLOD;
 8 - Bk L pivot ½ RF, fwd R heel lead between W's feet cont RF trn rise & stretch R sd, sd & fwd L to SCP LOD;

9-10 THRU TO PROMENADE SWAY; CHANGE TO OVERSWAY;

- 12- 9 - Thru R, sd & fwd L, stretch body upward to look over joined lead hands still in SCP LOD;
 --- 10 - Relax L knee slightly keeping R leg extended, with slight LF trn stretch L sd of body swiveling W's R ft to CP, look toward & over W cont to sway (head well to L) now in CP DLW;

NOTE: Timing is standard 123 unless noted on side by the measure and refers to actual weight changes.