

# SI SENOR

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RECORD: S.T.A.R. 132A "Eso Es El Amor" flip "My Foolish Heart", available  
Palomino Records  
FOOTWORK: Opposite unless otherwise indicated Timing 1 2 3 & 4 unless noted.  
RHYTHM: CHA RAL PHASE V +1 [rope spin] +2 unphased [circular cross bdy, shakedown]  
SEQUENCE: INTRO A B A B(1-13) END  
SPEED: 45 rpm (adjust for comfort) Released 5/05

## INTRO

### 1-4 WAIT;; SPOT TRN IN 4; MERENGUE 4;

1-2 [WAIT] fcg ptr/wall no hnds jnd lead ft free wait;;  
1234 3 [SPOT TRN IN 4] thru L trn 1/2 RF, rec R cont trn RF, sd L, cl R;  
1234 4 [MERENGUE 4] sd L, cl R, sd L, cl R jn R-R hnds to end fcg ptr WALL;

## PART A

### 1-5 CIRCULAR CROSS BODY;;;;;

1 [CIRCULAR CROSS BODY] with R-R hnds jnd rk fwd L, rec R trng 1/4 LF to fc LOD,  
sd L/cl R, sd L fcg LOD (W rk bk R, rec L, fwd R/lk L, sd R fcg COH on M's R sd)  
end in L shape position with R-R hnds jnd in front of W;  
2 rk bk R, rec L begin LF trn leading W across in front of M with low R hnds,  
cont LF trn to fc DRC in plc R/L, R trng W LF and bring R hnds up behind W  
(W fwd L COH, fwd R spiral LF to begin 1 1/8 LF trn, finish LF trn L/R, L to fc DRC)  
blending to VARS pos both fcg DRC;  
3 rk fwd L, rec R trng 1/8 LF to fc RLOD sd L/cl R, sd L (W fwd R, fwd L  
releasing L hnds spiral 1/2 RF to fc DLW, trn another 1/8 RF to fc WALL  
sd R/lk L, sd & fwd R twd WALL) end in L shape position with R-R hnds jnd  
across in front of W;  
4 rk bk R, rec L begin LF trn leading W across in front of M with low R hnds,  
cont trng LF to fc DLW in plc R/L, R trng W LF and bringing R hnds up  
behind W (W fwd L, fwd R spiral LF to begin 1 1/8 LF trn, finish LF trn L/ lk R, L to fc  
DLW) blending to VARS pos both fcg DLW;  
5 rk fwd L, rec R, trng sl LF sd L/cl R, sd & fwd L to fc LOD (W fwd R, fwd L  
releasing L hnds spiral 1/2 RF to fc DRC, trn another 3/8 RF to fc LOD  
sd R/lk L, sd & fwd R twd LOD) end both fcg LOD W to R of M with R hnds jnd across  
front of W;

### 6-8 WHIP TO TRIPLE CHAS FWD;; RK FWD REC & BK REC;

6-7 [WHIP TO TRIPLE CHAS FWD] fcg LOD bk R, rec L lead W to XIF of M to fc RLOD &  
drop hnd hold, fwd R/lk L, fwd R (W bk L, rec R trng LF in frnt of M to fc RLOD drop  
hand hold, placing R hnd on M's chest bk L/lk R, bk L);  
fwd L/lk R, fwd L, fwd R/lk L, fwd R (W L hnd on M's chest bk R/lk L, bk R, R hnd on M's  
chest bk L/lk R, bk L) end fcg LOD with no hnds jnd;  
1234 8 [RK FWD REC & BK REC] rk fwd L, rec R, rk bk L, rec R jn lead hnds;

### 9-12 ALEMANA TO ROPE SPIN;;;

9-12 [ALEMANA TO ROPE SPIN] fcg LOD LOP lead hnds jnd rk fwd L, rec R, cl L/in plc R,  
L bring lead hnds palm to palm to prepare W for RF trn (W rk bk R, rec L, fwd R/lk L, fwd  
R start RF trn); bk R, rec L, in plc R/L, R leading W to spiral RF(W fwd L trn RF undr jnd  
lead hnds, cont RF trn fwd R, cont trn fwd L/cl R, fwd L spiral RF to end to M's R sd);  
sd L, rec R, in plc L/R, L (fwd R, fwd L around M, fwd R/lk L, fwd R); sd R, rec L in plc  
R/L, R (W cont around M fwd L, fwd R, fwd L/lk R, fwd L trn to fc ptr) to fc ptr LOD CP;

### 13-16 CUDDLE X 2;; SHAKEDOWN;;

13-14 [CUDDLE X 2] CP LOD drop jnd lead hnds keep R arm beh W's back sd L, rec R, in plc  
L/R, L (with L hnd on M's R shldr W swvl 1/2 RF on L stepping bk R in sl L pos, rec L  
trn to fc M bring R hnd to M's L shldr, in plc R/L, R); with L arm beh W's back sd R  
extend L arm to side, rec L, in plc R/L, R (with R hnd on M's L shldr W swvl 1/2 LF on R  
step bk L in sl L pos, rec R trn to fc M bring L hnd to M's R shldr, in plc L/R, L);  
1234 15-16 [SHAKEDOWN] fcg LOD in cuddle position M's hnds on W's hips sm sd L to COH, plc  
1234 wt on both feet and slowly lowering and swinging hips twd WALL, twd COH, twd WALL;  
rise while swinging hips twd COH, twd WALL, twd COH, twd WALL end fcg ptr LOD;

PART B

- 1-5 FWD BASIC; FCG FAN; STOP & GO W/DBLE RK:::  
1 [FWD BASIC] fcg LOD in cuddle position M's hands on W's hips fwd L, rec R, sd L, cl R, sd L;  
2 [FCG FAN] remain in cuddle position bk R begin LF trn twd COH lead W to step into M, rec L to fc COH releasing from cuddle position, fwd R /lk L, fwd R joining lead hnds (W fwd L step between M's feet, sd & bk R trng 1/4 LF to fc WALL release from cuddle position, bk L/lk R, bk L joining lead hnds) end in LOP fcg COH with lead hnds jnd ;  
3-5 [STOP & GO WITH DBLE RK] rk fwd L, rec R raising jnd lead hnds to lead W to trn LF undr jnd lead hnds, bk L/lk R, bk L (W bk R, rec L, fwd R/L, R trng 1/2 LF undr jnd lead hnds to fc COH);  
1234 XRIF of L checking twd COH in lunging action trn sl RF to look at ptr, rec L, bk R, rec L (W rk bk L, rec R, rk fwd L, rec R);  
fwd R checking twd COH in lunging action trn sl RF to look at ptr, rec L leading W to trn RF undr jnd lead hnds, bk R/lk L, bk R ( rk bk L, rec R trng 1/2 RF under jnd lead hnds, bk L/lk R, bk L ) end fcg ptr & COH with lead hnds jnd;
- 6-9 CROSS BODY:: BRK BK TO FC BOTH SPIRAL TO AIDA:::  
6-7 [CROSS BDY] fwd L blending to CP, rec bk R to fc RLOD, sd L/cl R, sd L trn LF; bk R, rec L fc WALL, sd R/cl L, sd R ( W fwd L begin LF trn, fwd R trn LF to fc M, sd L/cl R, sd L) end fcg WALL in CP;  
8-9 [BRK BK TO FC BOTH SPIRAL TO AIDA] fcg WALL rk bk L to SCP LOD, rec R to fc ptr in CP, sd L/cl R, lower jnd lead hnds sd L spiral RF (W LF) 3/4 to fc LOD; fwd R begin RF trn, sd L cont trn RF to LOP fcg RLOD, bk R/lk L, bk R to sl "V" bk to bk pos;
- 10-13 SWITCH TO A CUBAN BRK; THRU PNT HIP BUMP; DBLE CUBAN BRKS:::  
10 [SWITCH TO A CUBAN BRK] swvl on R ft trn LF to fc rk sd L twd LOD, rec R blending to BFLY, XLIF/rec R (W XRIF/rec L), sd L;  
1234 11 [THRU PNT HIP BUMP] in BFLY fcg WALL thru R, pnt L to LOD with sl bent knee, raise L hip up by straightening the knee, drop L hip down;  
12-13 [DBLE CUBAN BRKS] in BFLY fcg WALL XLIF/rec R, sd L/rec R, XLIF/rec R, sd L  
1&2&3&4 (W XRIF/rec L, sd R/rec L, XRIF/rec L, sd R); XRIF/rec L, sd R/rec L, XRIF/rec L, sd R (W XLIF/rec R, sd L/rec R, XLIF/rec R, sd L);
- 14-16 MOD CHALLENGE CHASE:: MERENGUE 4:  
14-15 [MOD CHALLENGE CHASE] fcg ptr WALL release hnds fwd L trng 1/2 RF, fwd R, cont trn RF 1 1/2 revolutions L/R, L to fc WALL (W bk R, rec L, fed R/lk L, fwd R); rk bk R, rec fwd L, fwd R/lk L, fwd R (W fwd L trng 1/2 RF, fwd R , cont trn RF 1 !/2 revolutions L/R, L to fc COH ) end fcg ptr WALL;  
1234 16 [MERENGUE 4] sd L, cl R, sd L, cl R jn R-R hnds;
- REPEAT PART A  
REPEAT PART B (1-13)
- 1-13 FWD BASIC; FCG FAN; STOP & GO W/DBL RK::: CROSS BODY::: BRK BK TO FC; BOTH SPIRAL TO AIDA::: SWITCH W/CUBAN BRK; THRU PNT HIP BUMPS; DBLE CUBAN BRKS:::  
1-13 REPEAT MEAS 1-13 PART B:::;  
END
- 1-3 CROSS BODY::: OPEN OUT TO PRESSLINE:  
1-2 [CROSS BODY] REPEAT MEAS 6 & 7 PART B start fcg WALL and end fcg ptr & COH;  
- - &4 3 [OPEN OUT TO PRESSLINE] hold, hold, trn RF (LF) 1/4 to fc LOD press ball of L (R) ft twd LOD with fwd poise shooting R arm straight up,;