

Eso Beso

Choreographers: Kenji & Nobuko Shibata, Misugidai 2-2-1-512, Hanno-shi, Saitama-ken,
357-0041 JAPAN Phone/FAX: 042-981-9809
e-mail: kenjishibata@yahoo.com



Music: Artist: Ross Mitchell DANSAN Track #14 or contact choreographers

Suggested speed: 50MPM (or slow for comfort)

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Rhythm & Phase: Samba V + 1 (Rolling Off The Arm)

Timing: 1a23a4 except where noted

Sequence: **Intro A A B A B A-Modif**

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Meas

INTRO

1-2 WAIT; CUCARACHA TO L & R;

- 1 Wait 1 meas in OP Fcg Pos M fcg WALL both hnds on hips lead ft free;
1&23&4 2 **{Cucaracha to L & R}** Sd L looking & extending lead hnds twd LOD/rec R, cl L both hnds on hips, sd R looking & extending trailing hnds twd RLOD/rec L, cl R;

PART A

1-4 WHISK TO L ~ REV UNDERARM TRN TO WRAP; 2 SAMBA WALKS; START ROLLING OFF THE ARM ~ KICK/BALL CHG; OPEN PLAIT TO FC;

- 1 **{Whisk to L}** Assuming CP M fcg WALL sd L/XRIB, rec L,
{Rev Underarm Trn to Wrap} Sd R raising jnd lead hnds to lead W trn LF/trng slight LF bk L, rec R joining trailing hnds at W's R-hip (W sd L comm trng LF under jnd lead hnds/cont trng LF fwd R, cont trng LF bk L) end WRAPPED Pos both fcg LOD;
2 **{2 Samba Walks}** Fwd L/rec R inside edge of toe, pull L bk twd R, fwd R/rec L inside edge of toe, pull R bk twd L;
1a2 3 **{Start Rolling Off the Arm}** Leading W roll RF out w/ jnd trailing hnds sd L/XRIB, rec L (W sd & fwd R comm rolling RF one full trn/sd L cont rolling RF to fc LOD, cont rolling RF sd R) end OP Pos both fcg LOD;
-a4 **{Kick/Ball Chg}** Kick R fwd/bk R small step, rec L;
123&4 4 **{Open Plait to Fc}** Swiveling RF on L sd & fwd R, swiveling LF on R sd & fwd L, swiveling RF on L sd & fwd R/swiveling LF on R sd & fwd L, swiveling RF on L sd & fwd R to fc ptr touching lead hnds;

5-8 SPOT VOLTA TO L & R;; LAZY SAMBA TRNS TO FC LOD; REV TRN TWICE TO FC WALL;

- 1a2a3a4 5-6 **{Spot Volta to L & R}** Swiveling LF on R XLIF comm one full LF trn/swiveling LF on L sd R, XLIF/swiveling LF on L sd R, XLIF/swiveling LF on L sd R, XLIF completing one full LF trn to fc ptr & WALL touching palms of trailing hnds; Swiveling RF on L XRIF comm one full RF trn/swiveling RF on R sd L, XRIF/swiveling RF on R sd L, XRIF/swiveling RF on R sd L, XRIF completing one full RF trn to fc ptr assuming CP M fcg WALL;
[Option: 2 full turns may be done in each Spot Volta]
7 **{Lazy Samba Trns to Fc LOD}** Fwd L trng 1/8 LF/cl R, in pl L, bk R trng 1/8 LF/cl L, in pl R end CP M fcg LOD;
8 **{Rev Trn Twice to Fc Wall}** Fwd L comm trng LF/sd & bk R, cont trng LF XLIF (W cl R) end momentary CP M fcg RLOD, bk R cont trng LF/sd L small step, cont trng trng LF cl R (W cl L) end CP M fcg WALL;

PART B

- 1-3 BOTA FOGO TO SCP ~ SD SAMBA WALK; SHADOW BOTA FOGOS; CRISS CROSS VOLTA; CUCARACHA TO R & L;**
- 1 **{Bota Fogo to SCP}** CP M fcg WALL fwd L/sd R trng LF, rec L (W bk R/sd L trng RF, rec R) end SCP fcg LOD;
{Sd Samba Walk} Fwd R small step flex knee tilt pelvis fwd/sd L toe partial wgt twd COH pelvis bk, pull R slightly twd L end Loose SCP M fcg DLW (W fcg DLC);
- 2 **{Shadow Bota Fogos}** Raising jnd lead hnds fwd L crossing bhnd W/ sd & fwd R trng LF 1/4, rec L extending free R-hnd twd LOD (W fwd R crossing IF of M under jnd lead hnds/sd & fwd L trng RF 1/4, rec R extending free L-hnd twd LOD), fwd R crossing bhnd W/sd & fwd L trng RF 1/4, rec R extending free R-hnd straight up twd ceiling (W fwd L crossing IF of M under jnd lead hnds/sd & fwd R trng LF 1/4, rec L extending free L-hnd straight up twd ceiling);
- 1a2a3a4 3 **{Criss Cross Volta}** Slightly swiveling LF on R XLIF (W XRIF also) comm curving LF 3/8 raising jnd lead hnds to lead W pass under/sd & bk R, cont curving XLIF/sd & bk R, cont curving LF to fc COH XLIF/sd & bk R, XLIF end LOP Fcg Pos M fcg COH;
- 1&23&4 4 **{Cucaracha to R & L}** Sd R looking & extending trailing hnds twd LOD placing lead hnds on hip/rec L, cl R placing trailing hnds on hip, sd L looking & extending lead hnds twd RLOD/rec R, cl L joining lead hnds;
- 5-8 CRISS CROSS VOLTA; CUCARACHA TO L & R; BASIC FWD & BK; SD BREAKS w/ ARM;**
- 1a2a3a4 5 **{Criss Cross Volta}** Swiveling RF on L XRIF (W XLIF also) comm curving RF 1/2 raising jnd lead hnds to lead W pass under/sd & bk L, cont curving XRIF/sd & bk L, cont curving to fc WALL XRIF/sd & bk L, XRIF end LOP Fcg Pos M fcg WALL;
- 1&23&4 6 **{Cucaracha to L & R}** Sd L looking & extending lead hnds twd LOD placing trailing hnds on hip/rec R, cl L placing lead hnds on hip, sd R looking & extending trailing hnds twd RLOD/rec L, cl R assuming Low BFLY M fcg WALL;
- 7 **{Basic Fwd & Bk}** Fwd L/cl R, step L in pl, bk R/cl L, step R in pl releasing hnds;
- 1&-3&- 8 **{Sd Breaks w/ Arm}** Sd L extending lead hnds sd palm fcg ptr/sd R extending trailing hnds sd palm fcg ptr, hold, half cl L folding lead hnds in palm fcg own chest/cl R folding trailing hnds in palm fcg own chest, hold;

PART A-MODIFIED

- 1-4 WHISK TO L ~ REV UNDERARM TRN TO WRAP; 2 SAMBA WALKS; ROLLING OFF THE ARM ~ KICK/BALL CHG; OPEN PLAIT TO FC;**
- 1-4 Repeat Meas 1-4 of PART A;;;;
- 5-8 SPOT VOTA TO L & R;; LAZY SAMBA TRNS TO FC LOD; REV TRN ~ CL & LUNGE APT;**
- 5-7 Repeat Meas 5-7 of PART A;;;;
- 1a2 8 **{Rev Trn}** Fwd L comm trng LF/sd & bk R, cont trng LF XLIF (W cl R) end momentary CP M fcg RLOD,
- 34 **{Cl & Lunge Apt}** Cl R to L joining trailing hnds, trng LF (W trng RF) lunge L apt twd LOD (W twd RLOD) flexing knee extending free lead hnds sd end OP both fcg WALL;