

FASCINATING RHYTHM

Choreographers: Debby & Tim Vogt, 9033 Sandy Shores Dr, Las Vegas, NV 89117, 702.360.9218
Email: dntvogt@embarqmail.com
Music: "Fascinating Rhythm" Paola Fabris – Album: Ancona Open Ballroom, Vol 6
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Rhythm/Phase Foxtrot 6 Speed: as on download Released: November 2014
Sequence: Intro ABCD C-mod B C-mod [1-7] Ending

INTRO

1-4 WAIT PICKUP NOTES FCG PARTNER & LOD NO HNDS TRAILING FOOT FREE for BOTH,, TURNING SIDE ROCKS w SNAPS;;; FEATHER FINISH;

Wt pu notes fcg ptr & LOD no hnds both with trailg ft free,,
ssssss 1-3 {Trng sd rks w/snaps} Rk sd R snap fingers of R hnd,-, rec L trng LF,-; fcg RLOD rk sd R snap fingers of
R hnd,-, rec L trng LF,-; Rk sd R snap fingers of R hnd,-, rec L,-;
SQQ 4 {Fthr fin} Bk R,-, sd L, fwd R outsd ptr to BJO/DLC;

PART A

1-4 TELEFEATHER;; THREE STEP; HALF NATURAL;

SQ- 1 {Telefthr} Fwd L trng LF trn,-, sd R cont trn, sd & bk L partial wt keeping L sd twd W (Bk R trng LF,-, bring
(SQQ) L to R heel trn chg wt to L cont trn, fwd R cont LF trn);
QQQQ 2 Spin LF on L, sd R cont LF trn, sd & fwd L to BJO, fwd R (Keeping R sd in twd M fwd L/R, cont trn toe spn
(&QQQQ) and close L, cont trn sd & bk R to BJO, bk L) BJO/DLW;
SQQ 3 {Three stp} Fwd L,-, fwd R, fwd L;
SQQ 4 {Half nat} Comm RF trn fwd R,-, sd L, bk R CP/RLOD (W comm RF trn bk L,-, cl R to L heel trn, fwd L);

5-8 BACK FEATHER; TUMBLE TURN; OUTSIDE CHECK; HESITATION CHANGE;

SQQ 5 {Bk fthr} Bk L,-, bk R with R shldr lead, bk L to BJO;
SQ&Q 6 {Tumble trn} Bk R trng ¼ LF blendg to CP,-, sd & fwd L trn LF with L sd stretch/fwd R outsd ptr rise
keeping L sd stretch rotate upper body LF bringing W in front of M, fwd L lowering chg to R sd stretch
creating LF pvtg action;
SQQ 7 {Outsd ck} Bk R trng LF,-, sd & fwd L, ck fwd R outsd ptr to BJO/DRW;
SS 8 {Hest chg} Comm RF upper body trn bk L,-, sd R cont RF trn, draw L to R;

9-11 DOUBLE REVERSE TRANS; SPLIT RONDE; CONTRA CHECK & SWITCH;

SS 9 {Dbl rev trans} Fwd L comm LF trn,-, sd R 3/8 trn btwn 1 and 2, spin LF on R tch L to R end fcg DC (W bk
(SQ&-) R trn LF,-, heel trn on R bringing L to R transfer wt to L/cont trn stp sd & bk R, tch L to R no wt);
--QQ 10 {Split ronde} Lowering on R ronde L out & bk trng LF,-, XLib of R cont LF trn, sd R (Lowering on R ronde
(--Q&Q) L out & bk trng LF,-, XLib of R cont LF trn/sd R trn LF, XLif of R) CP/DRC;
SQQ 11 {Contra ck & switch} Comm LF upper body trn flexg knees with strong R sd ld ck fwd L in CBMP,-, rec R
start strong RF trn leavg L ft almost in place, cont RF trn rec L (Comm LF upper body trn flexg knees with
strong L side ld bk R in CBMP lookg well to L,-, rec L comm RF trn leaving R ft almost in place, cont RF
trn rec R between M's ft) CP/DLW;

12-16 INTERRUPTED CONTINUOUS HOVER CROSS;;; TELEMAR SCP/LOD; THRU FC CL DRIFT APT;

SQQ 12 {Int cont hvr X} Fwd R DW start RF trn,-, cont trn sd L [L sd stretch], with strong RF turn on L small
stp R DLW fcg DLC (Bk L comm RF trn,-, cl R to L heel trn cont RF trn chg wt to R, sd L to CP);
QQQQ 13 Rk fwd L across R to CBMP, rec L, fwd L across R [blendg to R sd stretch], cl R to L (Bk R in CBMP, rec
L, bk R, sd L to CP);
QQQQ 14 Bk L in CBMP, bk R to CP [no sway], sd & fwd L with L sd lead [L sd stretch], fwd R in BJO (Fwd R to
CBMP, fwd L to CP, sd & bk R, bk L in BJO);
SQQ 15 {Tele SCP} Fwd L comm LF trn,-, sd R cont trn, sd & fwd L to SCP/LOD (Bk R comm LF trn bring R to L
with no wt,-, trn LF on R heel trn chg weight to L, sd & fwd R to SCP);
SQQ 16 {Thru fc cl} Thru R trng RF,-, sd L fc WALL, cl R to L driftg apt (Thru L trng LF,-, sd R fc ptr, cl L to R);

PART B

1-4 FRONT BALANCES; FRONT VINE 4 LOD; SD LUNGE RUN 2 RLOD; SLIDE DRAW CLOSE;

QaQQaQ 1 {Frnt balances} Sd L/XRif, rec L, sd R/XLif, rec R (Sd R/XLif, rec R, sd L/XRif, rec L);
QQQQ 2 {Frnt vine 4 LOD} Sd L, XRif, sd L, XRif (Sd R, XLif, sd R, XLib);
SQQ 3 {Sd lunge run 2 RLOD} Lunge sd L,-, to RLOD fwd R, fwd L (Lunge sd R,-, to RLOD fwd L, fwd R);
SS 4 {Slide dr cl} Trn to fc ptr slide R, dr L to R, cl L,-;

5-8 FRNT BALANCES; FRNT VINE 4 RLOD; SD LUNGE RUN 2 LOD; MAN WK – W ROLL 3 to SKTRS;

- QaQQaQ 5 {Frnt balances} Sd R/XLif, rec R, sd L/XRif, rec L (Sd L/XRif, rec L, sd R/XLif, rec R);
 QQQQ 6 {Frnt vine 4 RLOD} Sd R, XLif, sd R, XLib (Sd L, XRif, sd L, XRib);
 SQQ 7 {Sd lunge run 2 LOD} Lunge sd R,-, to LOD fwd L, fwd R (Lunge sd L,-, to LOD fwd R, fwd L);
 SS 8 {M wk W roll 3 to SKTRS} Sd & fwd L,-, fwd R blendg to SKTRS/DLC,- (Sd & fwd R comm RF trn,-, fwd L (SQQ) cont trn, fwd R to SKTRS);

PART C

1-4 SHDW REVERSE TURN; BACK M CHASSE W TWIRL; SHDW CURVED FTNR; DBL BACK LILT;

- SQQ 1 {Shdw rev trn} Fwd L startg LF trn,-, sd R cont trn, bk L LOD (Fwd L startg LF trn,-, sd R cont trn, bk L);
 SQ&Q 2 {Bk M chasse W twirl} Bk R trn LF to fc WALL,-,sd L/cl R, sd & fwd L DLW (Bk R trn LF to fc WALL,-, comm LF twirl L/R, L to SKTRS);
 SQQ 3 {Shdw crvd fthr} Fwd R comm RF trn,-, with L sd ld cont RF trn fwd L, cont trn fwd R chkg (Fwd R comm RF trn,-, with L sd ld cont RF trn fwd L, cont trn fwd R chkg);
 QQQQ 4 {Dbl bk lilt} Shdw Bk L, cl R rising, bk L, cl R rising (Bk L, cl R rising, bk L, cl R rising);

5-8 SYNCOPATED HEAD LOOP TRANS to BJO; CHECKED REVERSE SLIP; TRAVELING HOVER X;;

- Q&QQQ 5 {Sync head loop trans to BJO} Bk L trn RF, small sd & fwd R take L hnds up & over M's head & place her L hnd on his R shld, fwd L, fwd R blendg to BJO/DLC (W bks out L/R, L, R, L to BJO);
 SQQ 6 {Ckd rev slp} Fwd L,-, fwd R on toe trng LF [with R sd stretch] chkg fwd motion, trng RF rec bk L cont RF trn CP/DLW (Bk R,-, cl L to R rise to toes trng LF chkg bk motion, trng RF slip R fwd to CP cont RF trn);
 SQQ 7 {Trvlg hvr X} Fwd R DW comm RF trn [L sd stretch],-, sd L cont RF trn, sd R fcg DLC [blendg to R sd stretch] (Bk L comm RF trn,-, cl R heel trn cont RF trn and chg wt to R, sd L);
 QQQQ 8 Fwd L across R in CBMP [cont R sd stretch], fwd & sd R to CP, fwd L blend to CBMP [L sd stretch], fwd R to BJO (Bk R w L sd stretch, bk & sd L to CP, bk R to CBMP, bk L to BJO);

PART D

1-4 TELEMARK to BJO; CHECKED NATURAL SLIP; DOUBLE REVERSE SPIN DLW; HOVER;

- SQQ 1 {Tele BJO} Fwd L comm LF trn,-, sd & fwd R, fwd L outsd ptr to BJO/DW (W bk R comm LF trn,-, cl L to R heel trn, bk R);
 SQQ 2 {Ckd nat slip} Fwd R,-, fwd L on toe trng RF [with L sd stretch] chkg fwd motion, trng LF rec bk on R cont LF trn fc DLC (W bk L,-, cl R to L rise to toes trng RF chkg bk motion, trn LF slip L fwd to CP cont trn);
 SS 3 {Dbl rev spn} Fwd L start LF trn,-, sd R 3/8 btwn 1 and 2, spin LF tch L to R end fcg DW (W bk R start (SQ&Q) LF trn,-, cl L to R heel trn/fwd & sd R cont LF trn, XLif of R in CP);
 SQQ 4 {Hvr} Fwd L,-, diag sd & fwd R, fwd L to SCP/DLC (W bk R,-, sd & bk L, fwd R to SCP);

5-8 FEATHER; REVERSE WAVE;; HESITATION CHANGE LADY TRANS to SKATERS;

- SQQ 5 {Fthr} Fwd R,-, fwd L, fwd R outsd W in BJO (Thru L trng LF,-, sd & bk R, bk L in BJO);
 SQQ 6-7 {Rev wav} Fwd L comm 3/8 LF trn,-, sd R, bk L (Bk R comm LF trn,-, close L to R heel trn, fwd R); Bk R,-, bk L, bk R curvg LF to fc RLOD;
 SS 8 {Hest chg W trans to SKTRS} Bk L trn RF,-, sd R starting to trn W to SHDW cont RF trn, draw L to R in (SQQ) SKTRS/DLC (Fwd R trn RF,-, sd L trn RF 1/2, small sd R to SKTRS);

PART C - Modified

1-6 SHDW REVERSE TURN; BK M CHASSE W TWIRL; SHDW CURVED FEATHER; DBL BK LILT; HEAD LOOP TRANS LADY in 5 to BJO; CHECKED REVERSE SLIP;

1-6 REPEAT MEASURES 1-6 PART C,,,,;

7-8 DOUBLE NATURAL SPIN; FORWARD FACE CLOSE DRIFT APART;

- SQ- 7 {Dbl nat spn} Fwd R trng RF,-, fwd & sd L cont RF trn on L with spinning action, tch R to L in BJO (Bk L trng (SQQ&) RF,-, cl R to L heel trn contg RF trn on ball of R, sd & fwd L around M/fwd R outsd ptr to BJO);
 SQQ 8 {Fwd fc cl} Fwd R trng RF fc WALL,-, sd L, cl R to L driftg apt;

PART B

1-8 FRONT BALANCES; FRONT VINE 4 LOD; SD LUNGE RUN 2 RLOD; SLIDE DRAW CLOSE; FRNT BALANCES; FRNT VINE 4 RLOD; SD LUNGE RUN 2 LOD; MAN WK – W ROLL 3 to SKTRS;

1-8 REPEAT PART B,,,,;

PART C – Modified [1-7]

1-7 SHDW REVERSE TURN; BACK M CHASSE W TWIRL; SHDW CURVED FTHR; DBL BACK LILT; HEAD LOOP TRANS LADY in 5 to BJO; CHECKED REVERSE SLIP; DOUBLE NATURAL SPIN;
 1-7 REPEAT MEASURES 1-7 PART C – modified,,,,,,,,;

ENDING

1-4 CHECKED NATURAL SLIP; OPEN REVERSE TURN; BACK CHASSE BJO; CURVED FEATHER;

- SQQ 1 {Chk nat slp} Repeat measure 2, Pt D;
- SQQ 2 {Op rev trn} Fwd L trng LF,-, cont LF trn sd R, bk L to BJO;
- SQ&Q 3 {Bk chasse BJO} Bk R trn LF to fc WALL,-,sd L/cl R, sd & fwd L to BJO/DLW;
- SQQ 4 {Crvd fthr} Fwd R comm RF trn,-, with L sd ld cont RF trn fwd L, cont trn fwd R chkg;

5-8 DBL BACK LILT; CHECK BACK,, CLOSED WING;,, TURN L; RIGHT LUNGE,, CHANGE SWAY;

- QQQQ 5 {Dbl bk lilt} With R sd stretch in BJO bk L, cl R rising, bk L, cl R rising;
- SS 6 {Chk bk start Clsd wing} Chk bk L in BJO,-, fwd R,-;
- S 7 {fin Clsd wing – Trn L} Draw L to R with LF upper body trn, cont upper body trn tch L (sd R across M, fwd (QQS) L to SCAR), fwd L outsd ptr trng LF blendg to CP fc DLW,-;
- SS 8 {Rt Lunge Chng sway} Sd & fwd R,-, change sway,-;