

IF I DON'T DANCE

CHOREO MILO AND GRACE FERRY 629 Arnold Lane, Colorado Springs, Colorado 80904
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MUSIC "If I Don't Dance" Kelly Hunt
RHYTHM Jive IV+ 2
POSITION Shadow Pos Fc Wall, Both Rt Ft Free
FOOTWORK Opposite Except Where Noted
SEQUENCE A,B,INT,A,B,C,A,B,END

INTRO

Measure

1 - 4 Wait; ROLL 3 TO REV; ROLL 4 TO LN/LADY IN 3; KNEE SWIVEL 4;
(ROLL 3 REV) sd rt trng rt fc, sd lft cont trng, sd rt fc wall & raising rt
Hand up beside head;
(ROLL 4 TO LN/LADY IN 3); Sd lft trng lft fc,
Sd rt cont trng rt fc, sd lft fc wall, cl rt (knees tog); (w sd lft trng lft fc,
sd rt cont trng lft fc trn, sd lft cont trn lft fc fc partner);
(KNEE SWIVEL 4); with knees tog Swivel lft (dn), swivel rt (dn),
swivel lft (up), swivel rt (up);

A

1 - 12 BASIC RK;;; CHG RT TO LFT;;; LINDY CATCH;;; SHOULDER SHOVE;;;
CHG LFT TO RT;;; CHG HANDS BEHIND BACK;;; CHG LFT TO RT;;;
MAN BK 2/LADY KICKBALL CHG 2X;
(BASIC RK) rk apt lft, rec rt, sd lft/cl rt, sd lft, sd rt/cl lft, sd rt;
Rk bk lft, rec rt, chasse lft/cl rt, sd lft lead lady under joined hands
Fcg ln, in place rt/lft, sd rt lead women to complete trn fc ln;
(LINDY CATCH) rk bk lft, rec on rt trng ¼ rt fc fc wall, sd lft cont trng rt
Fc xrib/, sd lft to rlod; xrib, cont rt fc trn sd lft (fc ln),
ln place rt/lft, rt;
(SHOULDER SHOVE) rk apart lft, rec rt trng rt fc wall,
Sd lft/rt, sd lft toward partner bring m's lft & w's rt shoulder's tog;
Bk rt trng lft fc fc ln/cl lft, in place rt,
(CHG LFT TO RT) rk bk lft, Rec rt, chasse lft/rt, lft lead lady to trn under joined hands; chasse
Rt/lft, rt lead lady to complete trn fc wall,
(CHG HANDS BEHIND THE BACK) rk apart lft, rec rt, chasse fwd lft/rt, lft
Trng ¼ to ln; (w rk apt rt, rec lft, chasse fwd rt/lft, trng ¼);
(CHG RT TO LFT) same as measure 8 fc ln;
(MAN BK 2/LADY KBC 2X) Bk lft,-, bk rt,-; (w rt ft free kick fwd/take wt on ball of that ft, replace
Wt on the other ft, (again);

B

1 - 8 LINK RK (SEMI);;; CHASSE ROLL TO LN;; KICK TO 4 & CHASSE;;;
CROSS OVER W/HOPS W/JIVE WALKS TO LN;;; SWIVEL WALK 4;
THROWAWAY; (LINK RK SEMI) RK BK LFT, REC RT TO SEMI POS,

SD & FWD LFT/RT, LFT; SD RT/LFT, SD RT,
 (CHASSE ROLL TO LN) RK BK LFT, REC RT, SD LFT/RT, SD LFT TRNG RT FC FC COH;
 SD RT/ SD LFT, CL RT TRNG RT FC FC LN, SD LFT/SD RT, SD LFT FC WALL, IN PLACE
 RT/LFT, RT;
 (KICK TO A 4 & CHASSE) SD LFT, RAISING RT FT TO SHAPE THE NUMBER 4 IN FRONT
 OF LFT KNEE, Sd rt/cl lft, sd rt;
 (X OVER W/HOPS W/JIVE WLKS TO LN) Xlir, rec rt w/hop action, sd lft/rt, fwd lft dn ln; fwd
 rt/lft, fwd rt,
 (SWIVEL WALK 4) swivl on ball of rt ft on lft, swivlg on ball of lft Ft on rt,
 REPEAT ACTION;
 (THROWAWAY) in place lft/rt, lft, Rt/lft, rt; (w fwd on rt trng toward partner/cl lft, sd rt, In place
 lft/rt, sd lft fc rev);

INTERLUDE

1 - 4 CHICKEN WALKS (2 SLO, 4 QKS);; NECK SLIDE (FC WALL);;
 (CHICKEN WALKS (2 SLO, 4 QKS));; bk lft,-,bk rt,-; bk lft; bk rt, bk lft,
 Bk rt; (w swivl rt,-, swivl lft,-; swivl rt, swivl lft, swivl rt, swivl lft;)
 (NECK SLIDE);; rk bk lft, rec rt trng rt fc raising joined hands over
 Partners rt shoulders, fwd lft/fwd rt, fwd lft cont rt fc trn; fwd rt cont rt
 fc trn, fwd lft (fc wall), sd rt/lft, sd rt;

REPEAT A MEASURES 1 - 12

REPEAT B MEASURES 1 - 8 (hand shake)

C

1 - 8 TRIPLE WHEEL 5(FC WALL);;,,, RT TRNG FALLAWAY 2X;;;
 AMERICAN SPIN;;,
 (TRIPLE WHEEL 5 FC WALL);;,,, rk apart lft, rec rt, joining rt hands to
 Mod open fcg start trng rt fc & touching w's bk w/lft hand cont rt fc trn
 Sd lft/cl rt, sd lft; cont rt fc trn cl rt/sd lft, cl rt, cl lft/sd rt, cl lft;
 Sd rt/cl lft, sd rt, cl lft/sd rt, cl lft; sd rt/cl lft, sd rt,
 (w spins on lasr triple)
 (RT TRNG FALLAWAY 2X);; rk bk lft, rec rt starting rt fc trn, cont rt fc trn sd lft/cl rt,
 sd & bk lft(fc rev), sd rt/cl lft, sd rt, reprat same measure end in bfly; (AMERICAN SP);;, rk bk
 on lft, rec on rt, sd lft/cl rt, sd lft; sd rt/cl lft, sd rt, (w spins on last triple)

REPEAT A MEASURES 1 - 12

REPEAT B MEASURES 1 - 8 (THROWAWAY-OVER TRN FC LN M/TRANS)

ENDING

1 - 5 SKATE DN LN 2X;;;;; MAN RUNAROUND
 (M/TRANS HD SHAKE);;, CHG PLACES TO
 UNDERARM TRN(M FC COH/LADY FC WALL);
 CROSS CHECK TO LN,,
 (Skate DN Ln 2X);;,,, sd rt(ln/w), sd lft(ln/c), sd rt/cl lft, sd rt; sd lft(ln/c), sd rt(ln/w), sd lft/cl rt,
 sd lft;

(M RUNAROUND FC PARTNER M/TRANS HD SHAKE);,, fwd rt,
Fwd lft trng lft fc fcg patner sd rt/cl lft, sd rt; sd lft,-,sd rt,
(w rk bk on rt, rec lft, in place rt/lft, rt; lft/rt, lft,)
(CHG PLACES TO UNDERARM TRN (M FC COH/LADY FC WALL));,,
rk BK lft, Rec on rt, leading women under handshake
sd lft/cl rt, sd lft fcg coh; sd rt/cl lft, sd rt,
(w rk bk on rt, rec on lft, going under handshake Trng rt fc fcg wall
sd rt/cl lft, sd rt; (CROSS CHECK TO LN); XLIF (XRIF) TO In,,