

MUCHAS GRACIAS

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Record : "Muchas Gracias" CD: The Latin Mix 7/ Casa Musica

CD-2 track 13 time 2'44"

Rhythm : Paso Doble(ph V+2) Speed : Slow to Suit Date : November 2013

Footwork : Opposite, directions for man(lady as noted) Ver.1.0

Sequence : Intro - A - B - Bridge - A - B(1-19) - Ending



Meas

INTRO

1~ 4 Tandem/Wall left foot free for both Wait 2 meas;; Shadow Attack;(CP/Wall);

- 1- 2 Tandem position fc wall left foot free for both wait 2 meas;;
3- 4 (Shadow Attack) Same footwork fwd L trning body LF right arm front of body & left arm in bk, rec R, bk L trning body RF left arm front of body & right arm in bk, rec R; Fwd L right arm front of body and left arm in bk, XRIF of L left arm front of body & right arm in bk, twist full trn LF(W 1/2 LF) rising high on toes arms up, drop flexing knees & lowering heels with weight on L(W weight on R) arms down blend CP;

Meas

PART A

1~ 8 Sixteen;;; Separation;; Coup De Pique;;

- 1- 4 (Sixteen) Appel on R, sd L to SCP, thru R RF trn, sd & bk L to CP; Bk R with right shoulder lead, bk L cont RF trn fc COH, cl R, in place L; In place R, L, R, L; In place R, L, R, L; (W appel on L, sd R to SCP, thru L, fwd R to CP; Fwd L to outsd partner, fwd R, fwd L RF trn, rec R; Fwd L, fwd R LF trn, rec L, fwd R; Fwd L RF trn, rec R, fwd L LF trn fc partner, cl R;)
5- 6 (Separation) Appel on R, fwd L, cl R, in place L(W appel on L, bk R, bk L, cl R); In place R, L, R, L(W small step fwd L, R, L, R) blend CP;
7- 8 (Coup De Pique) Pt thru R in SCP, cl R in CP, XLIB in SCP, cl R in CP; XLIB in SCP, sd R in CP/cl L, sd R, cl L;

9~16 Promenade; (CP/Wall); Sync Separation;;; L Foot Variation; (CP/Wall);

- 9-10 (Promnade) Appel on R, sd L to SCP, thru R RF trn, sd & bk L to CP; Bk R with right shoulder lead, bk L cont RF trn fc COH, sd R, cl L;
1234 11-14 (Sync Separation) Appel on R, fwd L, cl R, in place L(W appel on L, bk R, bk L, cl R);
5678 Cross walk bk R, L, R, L(W cross walk fwd L, R, L, R);
&1&23&4 Cl R/pt sd L, cl L/pt sd R, XRIB(W XLIF) LF trn, cont LF trn sd L(W sd R)/XRIF(W
5678 XLIB); Twist LF allow feet to uncross and end with weight on R(W trning RF sd & fwd R to SCP, fwd L, fwd R, fwd L LF trn to fc partner)CP/RDW;
1234 15-16 (L Foot Variation) Fwd L, fwd R, fwd & slightly leftwards w/L sd leading, point R fwd
&5678 outside ptr w/L knee slightly flexed;
Cl R/pt sd L, cl L, sd R slightly LF trn, cl L CP/Wall;

Meas

PART B

1~ 8 Prom Link fc LOD; Fallaway Rev;(CP/Wall); Appel Bk Away(W Trans); Flamenco Crosses; Rotary Trn fc RLOD; Flamenco Crosses; Rotary Trn(W Trans) Scar/COH;

- 1 (Promenaade Link) Appel on R, sd L to SCP fc LOD, thru R lead W pickup, cl L(W appel on L, sd R to SCP fc LOD, thru L LF trn, cl R)to CP fc LOD;
2- 3 (Fallaway Rev) Appel on R slightly bk LF trn, fwd L cont LF trn, sd R cont LF trn to SCP, XLIB of R; Bk R slip action CP fc RDW, fwd LF trn fc Wall, sd R, cl L(W appel on L slightly fwd LF trn, bk R cont LF trn, sd L cont LF trn to SCP, XRIB of L; Swivel on R fwd L, bk R LF trn, sd L, cl R);
4 (Appel Bk Away W Trans) Appel on R, bk L, bk R, cl L(W tch R to L) arms up;
5 (Flamenco Crosses) Same footwork XRIF of L right arm down in front of body CCW/rec L, sd R right arm up both arms now over head, XLIF of R left arm down in front of body CW/rec R, sd L left arm up both arms now over head;
6 (Rotary Trn fc RLOD) Still same footwork appel on R, sd & fwd L twd DW(W twd RDC) commence LF trn arms down, sd R cont LF trn, cont trn fc partner & RLOD cl L arms up;

- 7 (Flamenco Crosses) Repeat meas 5 of Part B;
- 8 (Rotary Trn fc COH W Trans) Still same footwork appel on R, sd & fwd L twd RDW(W twd DC) commence LF trn arms down, sd R cont LF trn, cont trn fc partner & COH cl L(W tch L to R) arms up shoulder level blend Scar left hip-to-hip position;

9~20 Banderillas;;; Chasse to L(W Spin); Flegolina;;;;; Chasse to R;

- 9-11 (Banderillas) In place R, L, R, L; appel on R, sd L wide stp, cl R, in place L right hip-to-hip position; Fwd R outsd partner, sd L small stp to CP, cl R, in place L; (W in place L, R, L, R; appel on L, in place R, L, R; bk L outsd partner, sd R to CP, cl L, in place R;
- 12 (Chasses to L W Spin) Appel on R, sd L lead W spin RF, cl R, sd L(W appel on L, sd & fwd R spin RF, cl L, sd R);
- 13-19 (Fregolina) Appel R, sd L to SCP, thru R RF trn, cont RF trn sd & bk L(W appel L, sd R to SCP, thru L trning RF, fwd R) to CP/LOD; Bk R w/right sd leading, bk L commence RF trn, cont RF trn cl R to L to fc WALL, in place L(W fwd L w/left sd leading, fwd R outsd partner commence RF trn, cont RF trn sd & slightly bk L, cont trn bk R) to end M fcing Wall in double hand hold w/trail hands high & lead hands low W fcing LOD to M's right sd w/L knee flexed in spanish line; Hold position w/feet together gradually trng body to L(W fwd L, R, commence LF trn fwd L, cont LF trn fwd R to M's left sd spiral LF under joined trailing hands); Hold circling R arm CCW over head & lower it to end fwd at R sd while L arm goes behind bk gradually trng body to R(W cont LF trn fwd L, commence RF trn fwd R, cont RF trn sd & slightly bk L, cont RF trn bk & slightly across R to M's right sd w/spanish line); Hold reversing arm positions so L arm is fwd at L sd and R arm is behind bk gradually trng body to L (W commence LF trn fwd L, cont LF trn sd & slightly bk R, cont LF trn bk & slightly across L, bk R to M's left sd w/spanish line); Hold releasing joined lead hands but lead W to circle LF,, bk L twd Wall, tch R to L (W circle LF around M fwd L, R, L, press R twd RLOD in front of M) to end at 90 degree angle w/lead palms pressed tog; Hold w/wgt on L, resume normal CP, sd R, cl L(W take weight on R & spin RF to fc M, tch L to R, sd L, cl R) to end CP/Wall;
- 20 (Chasses to R) Sd R, cl L, sd R, cl L;

Meas BRIDGE

1~ 4 Mod Separation; W Spin M Trans(Tandem/Wall); Shadow Attack(CP/Wall);

- 1- 2 (Mod Separation W Spin Trans) Appel on R, fwd L, cl R, in place L(W appel on L, bk R, bk L, cl R); In place R,L,R, tch L to R(W small step fwd L, R spin 1/2 RF, in place L, R) tandem fc Wall;
- 3- 4 (Shadow Attack) Repeat meas 3-4 of Intro

Meas ENDING

1 Sd Cl., Sd Lunge;

- 1 (Sd Cl Sd Lunge) Sd R, cl L, hold, sd lunge R flex knee;