

On My Journey

(Seguire Mi Viaje – I will continue on my journey)



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Music: CD "Simbolo De Amor" CDZ-81352 Track #8 Artist: Maria Martha Serra Lima
or Special CD "Shall We Round Dance 17" available from choreographers

Suggested speed: 23MPM (as on Special CD)

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Rhythm & Phase: Bolero V+1 (Horse & Cart) +1 Checked R Pass)

Sequence: **Intro A B Inter A B(9-15) End** Released: August, 2009

Meas

INTRO

- 1-8 **WAIT; CONTRA BREAK; W SPIRAL & CIRCULAR WALK; W SPIRAL TO L-SHAPE; CROSS BODY; HORSESHOE TRN;; OPEN BREAK;**
- 1 Wait 1 meas in OP Fcg Pos M fcg LOD trailing ft free no hnd jnd;
 - 2 **{Contra Break}** Sd & fwd R sweeping both hnds up & out, -, joining R-hnds fwd L across body looking at W, rec R (W sd & bk L sweeping both hnds up & out, -, joining R-hnds bk R across body looking well left, rec L);
 - 3 **{W Spiral & Circular Walk}** Bk L w/ checking action raising jnd R-hnds to lead W fwd & spiral LF, -, fwd R comm circular walk CW, fwd L cont circling CW to fc RLOD (W fwd R spiraling LF under jnd R-hnds, -, fwd L comm circular walk CW, fwd R cont circling CW to fc LOD) end R-hnd STAR Pos M fcg RLOD;
 - 4 **{W Spiral to L-Shape}** Fwd R cont circling CW leading W spiral RF under jnd R-hnds, -, fwd L cont leading W trn RF, fwd R to fc LOD (W fwd L spiraling RF under jnd R-hnds, -, step almost in pl R, L cont trng RF to fc COH) end L-shape Pos M fcg LOD (W fcg COH) R-hnds jnd;
 - 5 **{Cross Body}** Joining lead hnds sd L leading W fwd, -, slip R bk under body, fwd L trng LF 1/4 to fc COH (W fwd R twd COH, -, fwd L, fwd R trng LF 1/2 to fc WALL) end LOP Fcg Pos M fcg COH;
 - 6-7 **{Horseshoe Trn}** Sd R trng RF to fc LOD, -, fwd L w/ checking action, rec R (W sd L trng LF to fc LOD, -, fwd R w/ checking action, rec L) end LOP fcg LOD; Fwd L comm circular walk CCW, -, raising jnd lead hnds fwd R cont circular walk, fwd L completing circular walk to fc WALL (W fwd R comm RF circular walk CW, -, fwd L cont RF circular walk under jnd lead hnds, fwd R completing circular walk to fc COH) end LOP Fcg Pos M fcg WALL;
 - 8 **{Open Break}** Sd R, -, apt L bk, rec R end LOP Fcg Pos M fcg WALL;

PART A

- 1-8 **R PASS; M TRANS BFLY TO OPPOSITION FENCE LINE TWICE;; SYNC CIRCULAR SERPIENTE;; OPPOSITION FENCE LINE; REV UNDERARM ROLL M TRANS; NEW YORKER;**
- 1 **{R Pass}** LOP Fcg Pos M fcg WALL sd & fwd L comm trng RF stretching L-sd of body raising jnd lead hnds to create window, -, cont trng RF on L bk R small step, fwd L (W Fwd R, -, fwd L comm trng LF passing under jnd lead hnds, cont trng LF to fc M bk R) end LOP Fcg Pos M fcg COH;
 - QQ 2-3 **{M Trans BFLY to Opposition Fence Line Twice}** Hold leading W step sd, -, slightly trng RF on (W SQQ) L XRIF flexing R-knee, rec L (W sd L sliding across IF of M to his R-sd, slightly trng RF on L XRIF flexing R-knee, rec L) end BFLY M fcg COH; (now same footwork) Sd R keeping both hnds jnd, -, slightly trng LF on R XLIF flexing L-knee, rec R;
 - SQ&Q 4-5 **{Sync Circular Serpiente}** Sd L comm circling CW, -, XRIF/sd L, XRIB; Ronde L CCW, -, XLIB, --QQ sd R end BFLY M fcg DLC;
 - 6 **{Opposition Fence Line}** XLIF swiveling LF on L ronde R CCW, -, slightly trng body RF on L XRIF flexing R-knee twd COH (W twd WALL), rec L end BFLY M fcg LOD;
 - QQ 7 **{Rev Underarm Roll M Trans}** Slightly swiveling RF on L lead W trn LF under jnd lead hnds, -, (W SQQ) cont trng RF to fc WALL sd R, XLIF (W fwd R twd DRW spiraling LF under jnd lead hnds to fc COH, -, sd L rolling LF to fc WALL, cont rolling LF to fc M) end LOP Fcg M fcg WALL; (now opposite footwork)
 - 8 **{New Yorker}** Sd R trng RF to fc RLOD, -, fwd L w/ checking motion, rec R trng LF to fc WALL end LOP Fcg Pos M fcg WALL;

PART A (cont'd)

- 9-16** **UNDERARM TRN; OPEN RONDE SYNC LARIAT M TRANS TO TANDEM; SLOW CROSS CHECK; SWITCH TO SHADOW CONTRA CHECK TWICE;; SHADOW TRNG BASIC; HORSE & CART; W OUT TO FC & FWD BREAK;**
- 9 **{Underarm Trn}** LOP Fcg Pos M fcg WALL sd L raising jnd lead hnds, -, slightly trng RF XRIB leading W trn RF under jnd lead hnds, rec L trng LF to fc WALL joining trailing hnds (W sd R, -, XLIF comm trng RF under jnd lead hnds, rec R cont trng RF to fc M) end BFLY M fcg WALL;
- S-- 10 **{Open Ronde Sync Lariat M Trans to Tandem}** Sd R leading W ronde, -, hold raising jnd lead hnds to lead W pass bk, - (W sd L trng RF 1/2 to fc WALL ronde R CW, -, passing M's R side XRIB/sd L, XRIF) end TANDEM both fcg WALL W bhnd M L-ft free for both; (now same footwork)
- SS 11 **{Slow Cross Check}** Sd L sweeping both hnds down IF of body, -, XRIF extending both hnds out to sd, -;
- QQ 12-13 **{Switch to Shadow Contra Check Twice}** Unwind LF on both ft to fc DRC sweeping both hnds up & out shifting wgt to R, -, assuming SHADOW Pos fcg DRC fwd L w/ R-shoulder lead to contra check action, rec R bk; Trng body RF pt L sd & bk looking L, -, trng body LF fwd L w/ R-shoulder lead to contra check action, rec R bk end SHADOW Pos fcg DRC;
- QQ
- 14 **{Shadow Trng Basic}** Sd L trng body RF, -, trng LF on L slip R bk under body, cont trng LF rec L end SHADOW Pos fcg DLW;
- 15 **{Horse & Cart}** Slightly flexing L-knee comm rotating LF on L looking well L to lead W fwd, -, -, - (W fwd R comm running CCW 7/8 around M/fwd L, cont running around M fwd R/L, R/L, R) end SHADOW Pos fcg WALL; (now opposite footwork)
- (W Q&Q&Q&Q)
- 16 **{W Out to Fc & Fwd Break}** Sd & fwd R leading W trn LF, -, joining lead hnds fwd L, rec R (W fwd L trng LF 1/2 to fc M, -, bk R, rec L) end LOP Fcg Pos M fcg WALL;

PART B

- 1-8** **NAT TOP w/ INSIDE UNDERARM TRN;; SD BREAK (W CROSS SWIVEL) TO LF PIVOT; CONTRA CHECK; START AIDA; AIDA LINE & SWITCH RK; SPOT TRN; FWD BREAK;**
- 1-2 **{Nat Top w/ Inside Underarm Trn}** LOP Fcg M fcg WALL sd & bk L assuming CP comm trng RF, -, cont trng RF XRIB, cont trng RF sd L (W fwd R comm trng RF, -, cont trng RF sd L, cont trng RF XRIF) end CP M fcg RLOD; Cont trng RF XRIB, -, raising jnd lead to lead W trn LF sd L, fwd R small step (W cont trng RF sd L, -, fwd R spiraling LF under jnd lead hnds, cont trng LF sd L) end CP M fcg COH;
- 3 **{Sd Break (W Cross Swivel) to LF Pivot}** Sd L twd RLOD flexing knee leading W XRIF twd LOD, -, trng LF on L slip R bk under body, cont trng RF fwd L (W XRIF twd LOD swiveling LF to fc RLOD, -, fwd L comm trng LF, cont trng LF sd & bk R) end CP M fcg DRW;
- 4 **{Contra Check}** Sd & fwd R, -, fwd L w/ R-shoulder lead, rec R bk;
- 5 **{Start Aida}** Sd & bk L twd LOD to V-shape fcg LOD, -, thru R, trng RF sd L end momentary LOP Fcg Pos M fcg WALL;
- 6 **{Aida Line & Switch Rk}** Cont trng bk R in Aida Line fcg RLOD, -, swiveling LF on R to fc ptr sd L bringing jnd lead hnds thru, rec R end LOP Fcg Pos M fcg WALL;
- 7 **{Spot Trn}** Sd L comm trng LF, -, XRIF cont trng LF to fc RLOD, rec L cont trng to fc WALL;
- 8 **{Fwd Break}** Sd & fwd R, -, fwd L, rec R end LOP Fcg Pos M fcg WALL;
- 9-16** **L PASS w/ SYNC REV UNDERARM TRN; NEW YORKER TO BFLY; UNDERARM TRN UNDER TRAILING HNDS; W'S HEADLOOP & BK BREAK; SYNC BOLERO WALKS; TRNG BASIC TO FC WALL; SYNC HIP RKS; HIP LIFT;**
- SQQ 9 **{L Pass w/ Sync Rev Underarm Trn}** LOP Fcg Pos M fcg WALL cl L leading W fwd & swivel RF, (W SQ&Q&Q) -, raising jnd lead hnds slip R under body comm trng LF, cont trng LF rec L (W fwd R twd M & swivel RF 1/2 to fc WALL, -, sd & fwd L comm trng LF/sd R cont trng LF under jnd lead hnds, sd L cont trng LF/sd R) end LOP Fcg Pos M fcg COH;
- 10 **{New Yorker to BFLY}** Sd R trng RF to fc LOD, -, fwd L w/ checking motion, rec R trng LF to fc COH joining trailing hnds end BFLY M fcg COH;
- 11 **{Underarm Trn under Trailing Hnds}** Sd L raising trailing hnds, -, XRIB slightly trng RF lead W trn RF under jnd trailing hnds, rec L (W sd R comm trn RF, -, XLIF cont trng RF under jnd trailing hnds, rec R cont trng RF to fc M) end OP Fcg Pos M fcg COH trailing hnds jnd;

PART B (cont'd)

- 12 **{W's Headloop & Bk Break}** Sd R trng LF to fc RLOD raising jnd trailing hnds over W's head, -, bk L placing jnd trailing hnds on W's R-shoulder, rec R (W sd L trng RF to fc LOD jnd trailing hnd over head, -, bk R placing jnd trailing hnds on R-shoulder, rec L) end Modif WRAPPED Pos fcg RLOD lead hnds jnd at waist level trailing hands on W's R-shoulder;
- SQ&Q 13 **{Sync Bolero Walks}** Fwd L, -, fwd R/fwd L, fwd R;
- 14 **{Trng Basic to Fc WALL}** Releasing hnd & assuming CP M fcg COH sd L, -, trng LF slip R bk under body, cont trng LF fwd L end CP M fcg WALL;
- SQ&Q 15 **{Sync Hip Rks}** Sd & fwd R rolling hips CW, -, rec L rolling hips CCW/sd & fwd R rolling hips CW, rec L rolling hips CCW;
- S-- 16 **{Hip Lift}** Sd R twd RLOD bringing L to R, -, with slight pressure on L lift L-hip, lower L-hip end CP M fcg WALL;

INTERLUDE

1-2 **3 RIFF TRNS & OPEN BREAK;:**

- QQQQ 1-2 **{3 Riff Trns & Open Break}** Sd L raising jnd lead hnds to lead W spin RF, cl R, sd L raising jnd lead hnds to lead W spin RF, cl R (W sd & fwd R comm RF spin, completing RF spin on R cl L to fc M, sd & fwd R comm RF spin, completing RF spin on R cl L to fc M); Sd L raising jnd lead hnds to lead W spin RF, cl R (W sd & fwd R comm RF spin, completing RF spin on R cl L to fc M), apt L bk, rec R end LOP Fcg Pos M fcg WALL;

END

1-4 **OPEN BREAK; CHECKED R PASS;; W WRAP TO SHAPE;**

- 1 **{Open Break}** CP M fcg WALL sd R, -, releasing trailing hnds apt L bk, rec R joining trailing hnds end BFLY M fcg WALL;
- 2-3 **{Checked R Pass}** Fwd & sd L comm trng RF raising jnd lead hnds keep jnd trailing hnds at waist level, -, XRIB cont trng RF around W, sd L (W fwd R, -, fwd L w/ checking motion, rec R) end momentary WRAPPED Pos fcg COH M bhnd W; Fwd R outside W's L-sd releasing trailing hnds strongly swiveling RF 1/2 on R to fc WALL, -, fwd L, rec R (W bk L, -, bk R, rec L fwd) end LOP Fcg Pos M fcg WALL;
- 4 **{W Wrap to Shape}** Hold leading W fwd & spiral LF, -, slightly flexing R-knee extend L sd placing (W S--) R-hnd at W's bk look at W, - (W fwd R spiraling LF 3/4 under jnd lead hnds to fc LOD, -, extend L twd LOD raising L-hnd straight up looking at M, -) end L-shape R-Lunge Pos M fcg WALL (W fcg LOD);