

Sicilienne



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Music: Artist: Pepe & Carmen CD: Basic Dance Music Vol. 7 Track #14
CD: NFRDC-1020 Track #8 Time: 2:25/29MPM

Footwork: Opposite, directions for man (lady as noted)
[Note: Timing indicates weight changes only]

Rhythm & Phase: Waltz IV+2 (Double Reverse Spin & Hinge)

Sequence: **Intro A A B A(1-14) End** Released: October, 2013

Meas

INTRO

1-4 WAIT;; EXPLODE APT; W TRN LF TO CP;

- 1-2 Wait 2 meas in Low BFLY/DLW lead ft free;;
- 1-- 3 **{Explode Apt}** Trng LF 1/4 on R sd L twd DRC (W twd DLW), comm swinging free lead hnd up above head, cont swing lead hnds out to sd looking at ptr end OP/DLC;
- 1-- 4 **{W Trn LF to CP}** Sd R leading W trn LF, draw L twd R, tch L to R assuming CP (W sd L (W 123) comm trng LF 1/2, cont trng LF to fc M sd R, cl L) end CP/DLC;

PART A

1-8 OPEN REV TRN; HOVER CORTE; BK WHISK; WING; DBL REV SPIN; HOVER TELEMAR; THRU CHASSE IN SCP; WHIPLASH;

- 1 **{Open Rev Trn}** CP/DLC fwd L comm trng LF, cont trng LF sd & bk R, bk L ptr outside (W bk R comm trng LF, cont trng LF sd & fwd L, fwd R outside ptr) end BJO/RLOD;
- 2 **{Hover Corte}** Bk R comm trng LF, cont trng LF sd L hovering, cont trng LF rec R (W fwd L comm trng LF, cont trng LF sd R hovering, cont trng LF rec L) end BJO/DLW;
- 3 **{Bk Whisk}** Bk L ptr outside, sd & fwd R, XLIB (W fwd R outside ptr comm trng RF, cont trng RF sd & bk L, XRIB) end SCP/DLW;
- 1-- 4 **{Wing}** Thru R, swivel LF on R leading W walk around, cont swiveling LF on R draw L to R (W thru L comm curving LF around M, fwd R cont curving LF, cont curving LF fwd L) end SCAR/DLC;
- 12- 5 **{Dbl Rev Spin}** Fwd L outside ptr comm trng LF, cont trng LF sd R, spin LF on R to fc DLW (W bk R comm trng LF, cont trng LF on R-heel cl L/cont trng LF sd & bk R, cont trng LF XLIF) end CP/DLW;
- 6 **{Hover Telemark}** Fwd L, sd & fwd R comm trng RF rising on toe, cont trng RF assuming SCP sd & fwd L end SCP/DLW;
- 12&3 7 **{Thru Chasse in SCP}** Maintaining SCP looking DLW thru R, sd & fwd L/cl R, sd & fwd L end SCP/DLW;
- 1-- 8 **{Whiplash}** Thru R, flexing R-knee ronde L CW slightly swiveling LF on R, pt L sd & fwd (W thru L, flexing L-knee ronde R CCW swiveling LF to fc M) end BJO/LOD;

9-16 SLOW OUTSIDE SWIVEL; PICK-UP & QK TELEMAR TO SCP; IN & OUT RUNS;; THRU CHASSE TO BJO; MANUV; SPIN TRN; BOX FIN;

- 1-- 9 **{Slow Outside Swivel}** BJO/LOD bk L ptr outside, rotate body RF leading W swivel RF, hold (W fwd R outside ptr, swiveling RF on R ronde L CW, cont swiveling RF pt thru L twd DLC) end SCP/DLC;
- 12&3 10 **{Pick-up & Qk Telemark to SCP}** Thru R small step picking up W to CP, fwd L comm trng LF/cont trng LF sd & fwd R around W, cont trng LF sd & fwd L assuming SCP (W thru L trng LF to fc M, bk R comm trng LF/cont trng LF on R-heel cl L, cont slightly trng LF sd & fwd R assuming SCP) end SCP/DLW;
- 11-12 **{In & Out Runs}** Thru R comm trng RF, cont trng RF sd & bk L, bk R w/ R-sd lead (W thru L, fwd R btwn M's ft, fwd L w/ L-sd lead) end BJO/RLOD; Bk L ptr outside comm trng RF, cont trng RF fwd R btwn W's ft, sd & fwd L (W fwd R outside ptr comm trng RF, cont trng RF sd & bk L, cont trng RF sd & fwd R) end SCP/DLW;
- 12&3 13 **{Thru Chasse to Bjo}** Thru R, sd & fwd L leading W trn LF/cl R, sd & fwd L (W thru L, slightly trng LF to fc M sd & bk R/cl L, sd & bk R) end BJO/DLW;
- 14 **{Manuv}** Fwd R outside ptr comm trng RF, cont trng RF sd & fwd L, cl R end CP/RLOD;
- 15 **{Spin Trn}** Bk L comm trng RF, cont trng RF fwd R twd LOD, cont slightly trng RF sd & bk L twd DRC end CP/DLW;
- 16 **{Box Fin}** Bk R comm trng LF, cont trng LF sd L twd DRC, cl R end CP/DLC;

PART B

- 1-8 TELEMARK TO BJO; MANUV; SPIN OVERTRN; BK TO HINGE; SD HOVER TRANS TO SCP; WEAVE 6 TO BJO;; FWD FWD/LK FWD;**
- 1 **{Telemark to Bjo}** CP/DLC Fwd L comm trng LF, cont trng LF sd & fwd R around W, cont trng LF sd & fwd L (W bk R comm trng LF, cont trng LF on R-heel cl L, cont trng LF sd & bk R) end BJO/DLW;
- 2 **{Manuv}** Fwd R outside ptr comm trng RF, cont trng RF sd & fwd L, cl R end CP/RLOD;
- 3 **{Spin Overtrn}** Bk L comm trng RF, cont trng RF fwd R twd LOD, cont trng RF bk L twd DLC end CP/DRW;
- 12- 4 **{Bk to Hinge}** Bk R, trng LF to fc WALL sd L, rotate upper body LF flexing L-knee (W fwd L, (W 12&-) trng LF to fc COH sd R/swiveling LF on R cl L, flexing L-knee extend R fwd twd RLOD) end HINGE LINE;
- 23 5 **{Sd Hover Trans to SCP}** Rotate upper body RF leading W fwd, sd R rising on toe slightly (W 123) trng LF brushing L to R, assuming SCP sd & fwd L (W fwd R, comm trng RF sd L rising on toe brushing R to L, cont slightly trng RF assuming SCP sd & fwd R) end SCP/DLC;
- 6-7 **{Weave 6 to Bjo}** Thru R, fwd L comm trng LF, cont trng LF sd & bk R (W thru L comm trng LF, cont trng LF sd & bk R, cont trng LF sd & fwd L); Bk L ptr outside, bk R comm trng LF, sd & fwd L (W fwd R outside ptr, fwd L comm trng LF, cont trng LF sd & bk R) end BJO/DLW;
- 12&3 8 **{Fwd Fwd/Lk Fwd}** Fwd R outside ptr, fwd L/XRIB, fwd L end BJO/DLW;
- 9-16 MANUV; IMPETUS TO SCP; THRU TO PROM SWAY; CHG TO OVERSWAY; CHASSE R TO WHISK; SYNC VINE; CHAIR & SLIP; CHG OF DIRECTION;**
- 9 **{Manuv}** BJO/DLW fwd R outside ptr comm trng RF, cont trng RF sd & fwd L, cl R end CP/RLOD;
- 10 **{Impetus to SCP}** Bk L comm trng RF, cont trng RF on L-heel cl R, cont trng RF assuming SCP sd & fwd L (W fwd R comm trng RF, cont trng RF sd & fwd L around M brushing R to L, cont trng RF assuming SCP sd & fwd R) end SCP/LOD;
- 12- 11 **{Thru to Prom Sway}** Thru R, sd & fwd L, sway L looking LOD;
- 12 **{Chg to Oversway}** Slowly chng sway to R flexing L-knee & extending R twd RLOD, -, -;
- 1&23 13 **{Chasse R to Whisk}** Sd R/cl L, sd R, rising on R XLIB end SCP/LOD;
- 1&23 14 **{Sync Vine}** Thru R assuming CP/sd L stretching L-sd of body, XRIB flexing knee, rising on R assuming SCP sd & fwd L end SCP/LOD;
- 15 **{Chair & Slip}** Thru R checking, rec L leading W trn LF, bk R (W thru L checking, rec R comm trng LF, cont trng LF on R to fc M fwd L small step) end CP/LOD;
- 12- 16 **{Chg of Direction}** Fwd L comm trng LF, cont trng LF sd & fwd R, draw L to R end CP/DLC;

END

- 1-2 SPIN OVERTRN; BK TO HINGE & HOLD;**
- 1 **{Spin Overtrn}** CP/RLOD bk L comm trng RF, cont trng RF fwd R twd LOD, cont trng RF bk L twd DLC end CP/DRW;
- 12- 2 **{Bk to Hinge & Hold}** Bk R, trng LF to fc WALL sd L, rotate upper body LF extending R (W 12&-) sd & bk twd RLOD (W fwd L, trng LF to fc COH sd R/swiveling LF on R cl L, flexing L- knee extend R fwd twd RLOD) & hold as music fades out;