

Take My Breath Away



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Music: CD: Dance and Listen CFD 8 DLD 1071 Track #6
Suggested speed: Slow from 25MPM to 24MPM

Footwork: Opposite, directions for man (lady as noted) Note: Timing indicates weight changes only

Rhythm & Phase: Rumba VI Difficulty: Soft

Sequence: **Intro A B A B(1-4) C B B(1-4) End**

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Meas

INTRO

1-4 WAIT PICK-UP NOTES, CUDDLE TWICE w/ CARESS;; CUDDLE W SPIRAL; HOCKEY STICK ENDING;

- 1-2 **{Cuddle Twice w/ Caress}** Wait pick-up notes in CUDDLE/WALL & leading W trn RF sd L, rec R, cl L holding W w/ L-hnd, - (W trng RF on L bk R, rec L comm trng LF, cont trng LF to fc M sd R placing R-hnd on M's L-shoulder & caress M's face w/ L-hnd, -) end CUDDLE/WALL; Leading W trn LF sd R, rec L, cl R holding W w/ R-hnd, - (W trng LF on R bk L, rec R comm trng RF, cont trng RF to fc M sd L placing L-hnd on M's R-shoulder & caress M's face w/ R-hnd, -) end CUDDLE/WALL;
- 3 **{Cuddle W Spiral}** Leading W trn RF sd L, rec R joining lead hnds, cl L raising jnd lead hnds to lead W spiral LF, - (W trng RF on L bk R, rec L, sd & fwd R small step spiraling LF under jnd lead hnds to fc WALL,-) end momentary TANDEM/WALL M bhnd W;
- 4 **{Hockey Stick Ending}** Bk R small step leading W fwd, rec L, fwd R, - (W fwd L small step, fwd R trng LF 1/2 to fc M, bk L, -) end LOP-FCG/WALL;

PART A

1-8 OPEN HIP TWIST M TCH; M LUNGE TO SYNC FAN; HOCKEY STICK LEAD TO SHADOW; SWEETHEART TWICE;; SHADOW WHEEL TO FC LOD; OPENINGOUT W SPIRAL; HOCKEY STICK ENDING;

- QQ-- 1 **{Open Hip Twist M Tch}** LOP-FCG/WALL fwd L, rec R, tch L to R leading W swivel RF, - (W bk (W QQS) R, rec L, fwd R swiveling RF 1/4 to fc LOD, -) end L-Shape Pos M fcg WALL (W fcg LOD) lead hnds jnd;
- QQ&S 2 **{M Lunge to Sync Fan}** Sd L flexing knee, rec R leading W fwd/cl L, sd R (W hold swiveling (W -Q&S) slightly RF on R putting full wgt, fwd L/fwd R trng RF 1/2 to fc RLOD, bk L, -) end FAN/WALL;
- 3 **{Hockey Stick Lead to Shadow}** Fwd L, rec R raising jnd lead, sd L assuming SHADOW Pos, - (W cl R, fwd L, passing IF of M under jnd lead hnds fwd R trng LF 1/4 to fc WALL, -) end SHADOW/WALL L-hnds jnd M's R-hnd at W' R-shoulder blade W's R-hnd extended sd;
- 4-5 **{Sweetheart Twice}** Releasing R-hnd XRIF rotating body RF looking at ptr, rec L, sd R sliding bhnd W joining R-hnds placing L-hnd at W's L-shoulder blade, - (W XLIB rotating body LF looking at ptr, rec R, sd L sliding across IF of M, -) end L-SHADOW/WALL; Releasing L-hnd XLIF rotating body LF looking at ptr, rec R, sd L sliding bhnd W joining L-hnds placing R-hnd at W's R-shoulder blade, - (W XRIB rotating body RF looking at ptr, rec L, sd R sliding across IF of M, -) end SHADOW/WALL;
- 6 **{Shadow Wheel to Fc LOD}** Fwd R comm wheel RF, fwd L cont wheel RF, fwd R cont wheel RF to fc LOD, - (W bk L comm wheel RF, bk R cont wheel RF, bk L cont wheel RF to fc LOD, -) end SHADOW/LOD;
- 7 **{Opening Out W Spiral}** Sd & fwd L leading W bk, rec R, cl L leading W spiral LF & release hnds, - (W bk R, rec L, fwd R spiraling LF full trn to fc LOD, -);
- 8 **{Hockey Stick Ending}** Bk R, rec L, fwd R joining R-hnds, - (W fwd L, fwd R trng LF 1/2 to fc M, bk L, -) end FCG Pos/LOD R-hnds jnd;

PART A (cont'ed)

9-16 **LUNGE/SIT LINE W SPIRAL; SPOT TRN w/ HND CHG BHND BK W OUT TO FAN; ALEMANA;;
CLOSED HIP TWIST; THRU TO AIDA; SWITCH TO DBL SPOT TRNS;;**

- S 9 {**Lunge/Sit Line W Spiral**} FCG Pos/LOD R-hnds jnd flex R-knee leading W bk & extending L
(W QQS) sd & bk, rise on R leading W fwd, cl L to R raising jnd R-hnds to lead W spiral LF, - (W bk R flexing knee to form a Sit Line, rec L, fwd R spiraling LF 1/2 to fc LOD under jnd R-hnds, -) end SD-by-SD Pos both fcg LOD R-hnds jnd above W's head;
- 10 {**Spot Trn w/ Hnd Chg bhnd Bk W Out to Fan**} Fwd R trng LF 1/2 to fc RLOD lowering jnd R-hnds & re-joining lead hnds at M's bk, rec L trng LF 1/4 to fc WALL, sd R, - (W fwd L, fwd R trng LF 1/2 to fc RLOD, bk R, -) end FAN/WALL;
- 11-12 {**Alemana**} Fwd L, rec R, cl L raising jnd lead hnds, - (W cl R, fwd L, fwd R trng RF to fc M, -); Bk R slightly across body leading W trn RF, rec L, cl R assuming CP, - (W fwd L across body under jnd lead hnds comm trng RF, cont trng RF fwd R, cont trng RF to fc M sd L, -) end CP/Wall W slightly to M's R-sd;
- 13 {**Closed Hip Twist**} Sd L leading W swivel RF, rec R, cl L bracing L-arm to lead W swivel RF, - (W swiveling RF bk R, rec L swiveling LF to fc M, cl R swiveling RF to fc LOD, -) end L-shape CP M fcg WALL (W fcg LOD);
- 14 {**Thru to Aida**} Thru R comm trng RF, cont trng RF sd L twd LOD, cont trng RF sd & bk R, - (W fwd L comm trng LF, cont trng LF sd R twd LOD, cont trng LF sd & bk L, -) end AIDA LINE/RLOD;
- QQ&-- 15-16 {**Switch to Dbl Spot Trns**} Swiveling LF on R to fc WALL sd L, XRIF comm trng LF/rec L cont
QQS trng LF to fc ptr and WALL, pt R sd twd RLOD extending trailing hnds to RLOD, - end FCG Pos/WALL; XRIF comm trng LF, rec L cont trng LF to fc ptr and WALL, sd R joining lead hnds, - end LOP-FCG/WALL;

PART B

1-4 **THREE ALEMANAS;;;:**

- 1-4 {**Three Alemanas**} LOP-FCG/WALL fwd L, rec R, cl L raising jnd lead hnds, - (W bk R, rec L, fwd R, -); Bk R slightly across body leading W trn RF, rec L, cl R, - (W fwd L across body under jnd lead hnds comm trng RF, cont trng RF fwd R, cont trng RF sd & fwd L swiveling RF to fc DLW, -) end W slightly to his R-sd; Sd L raising jnd lead hnds to lead W fwd, rec R, cl L, - (W fwd R comm sharp LF trn, fwd L cont trng LF under jnd lead hnds, sd & fwd R to fc M, -); Bk R slightly across body leading W trn RF, rec L, sd R joining R-hnds, - (W fwd L across body under jnd lead hnds comm trng RF, cont trng RF fwd R, cont trng RF sd & fwd L to fc M, -) end FCG Pos/WALL R-hnds jnd;

5-8 **CIRCULAR HIP TWISTS;;; W SYNC ROLL OUT TO FC;**

- 5-7 {**Circular Hip Twists**} FCG Pos/WALL R-hnds jnd sd & fwd L leading W swivel RF, rec R, XLIB, - (W placing L-hnd on M's R-shoulder & swiveling RF on L bk R, rec L swiveling LF, cl R, -); Comm circling CCW sd & bk R leading W fwd, XLIB, sd & bk R leading W fwd, - (W comm circling CCW swiveling RF fwd L, swiveling LF cl R, swiveling RF fwd L, -); Cont circling CCW XLIB, sd & bk R to fc WALL leading W fwd, cl L, - (W cont circling CCW swiveling LF cl R, swiveling RF fwd L, sd & fwd R to fc WALL, -) end SD-by-SD Pos/WALL R-hnds jnd IF of W's body W's L-hnd on M's R-shoulder;
- QQS 8 {**W Sync Roll Out to Fc**} Bk R leading W fwd & release R-hnds, rec L, fwd R joining lead hnds
(W Q&Q&S) (W fwd L twd WALL/fwd R spiraling LF full trn to fc WALL, fwd L comm trng LF/cont trng LF cl R to fc COH, bk L, -) end LOP-FCG/WALL;

PART C

1-8 BASIC W SPIRAL LF TO CP; CONT NAT TOP w/ FALLAWAY RONDE ENDING;;; BK TO SYNC ROLL TO RLOD; NEW YORKER; ALEMANA ENDING TO ROPE SPIN 3 M SWIVEL TO FC;;

- 1 **{Basic W Spiral LF to CP}** FCG Pos/WALL R-hnds jnd fwd L, rec R, raising jnd R-hnds to lead W spiral LF sd & fwd L trng RF to fc RLOD assuming CP, - (W bk R, rec L, fwd R spiraling RF 3/4 under jnd R-hnds to fc LOD, -) end CP/RLOD;
- 2-4 **{Cont Nat Top w/ Fallaway Ronde Ending}** XRIB, swiveling RF on R sd & fwd L, XRIB, - (W sd & fwd L, XRIF, swiveling RF on R sd & fwd L, -); Swiveling RF on R sd & fwd L raising jnd lead hnds to lead W spiral LF, assuming CP XRIB, swiveling RF on R sd & fwd L, - (W fwd R spiraling LF under jnd lead hnds, sd & fwd L, XRIF, -); XRIB, swiveling RF on R sd & fwd L raising jnd lead hnds to lead W spiral LF, assuming CP sd R slightly swiveling LF ronde L CCW, - (W sd & fwd L, fwd R spiraling LF under jnd lead hnds, sd L slightly swiveling RF ronde R CW, -) end SCP/LOD;
- QQ&S 5 **{Bk to Sync Roll to RLOD}** XLIB releasing hnds, sd R comm rolling RF twd RLOD/cont rolling RF sd & bk L, cont rolling RF to fc W sd R joining lead hnds, - end LOP-FCG/WALL;
- 6 **{New Yorker}** Trng RF to fc RLOD fwd L, rec R, trng LF to fc WALL sd L, - end LOP-FCG/WALL;
- 7-8 **{Alemana Ending to Rope Spin 3 M Swivel to Fc}** Raising jnd lead hnds bk R across body, rec L, cl R leading W spiral RF, - (W fwd L across body under jnd lead hnds comm trng RF, cont trng RF fwd R, cont trng RF to fc M sd L spiraling RF full trn under jnd lead hnds, -) end Sd-by-SD Pos/WALL (W fcg COH) jnd lead hnds above W's head M's R-hnd at W's bk W's L-hnd extended sd; Sd L leading W fwd, rec R, sd L swiveling LF 1/2 to fc COH joining trailing hnds, - (W fwd R comm circling RF around M, fwd L cont circling RF, fwd R swiveling RF to fc M & WALL, -) end BFLY/COH;

9-12 CROSS W SWIVEL TO TAMARA & DEVELOPE; SYNC BK WALKS; REV UNDERARM TRN; CROSS BODY ENDING;

- S-- 9 **{Cross W Swivel to Tamara & Develope}** BFLY/COH XRIF flexing knees, -, raising jnd lead hnds to lead W swivel RF move jnd trailing hnds thru btwn bodies slightly rising on R-knee, - (W XLIF flexing knees, -, swivel RF 3/4 on L to fc LOD slightly rising on L lifting R along L-leg, extend R fwd twd LOD) end TAMARA Pos/RLOD jnd lead hnds above W's head R-hnd at W's bk W's L-hnd extended sd;
- QQ&S 10 **{Sync Bk Walks}** Bk L, bk R/bk L, bk R, -;
- 11 **{Rev Underarm Trn}** Bk L leading W fwd, rec R, sd L (W fwd R under jnd lead hnds trng LF 1/2, fwd L trng LF 1/4 to fc WALL, sd R, -) end L-shape Pos M fcg RLOD (W fcg WALL) lead hnds jnd;
- 12 **{Cross Body Ending}** Bk R leading W fwd, rec L trng LF 1/4 to fc WALL, sd R joining R-hnds, - (W fwd L passing IF of M, fwd R trng LF 1/2 to fc COH, sd & bk L, -) end FCG Pos/WALL R-hnds jnd;

END

1-6 BASIC W SPIRAL LF TO CP; CONT NAT TOP w/ FALLAWAY RONDE ENDING;;; BK TO SYNC ROLL TO RLOD; CROSS LUNGE w/ ARM;

- 1-5 Repeat Meas 1-5 of PART C;;;;; (note: Music retards on Meas 5)
- S-- 6 **{Cross Lunge w/ Arm}** LOP-FCG/WALL XLIF twd RLOD, comm extending R-sd of body, cont extending R-sd of body w/ L-sway jnd lead extended sd & low free trailing hnds extended sd & high, -;