

Way Of Love



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Music: Artist: Blue Angels "Way Of Love"

CD: Casaphon "Musica Di Amore" CP 3003 Track #3

Pomodoro Studio "DanceSport Cup Alcobendas" Track #1

Suggested speed: 28MPM as on CD Time: 2:32

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Basic Rhythm: 123 except where noted

Rhythm & Phase: Waltz V + 2 (Big Top, Tumble Turn) + 1 (Double Opposition Points)

Sequence: **Intro A B C A(9-16) B-Modified**

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Ver 1.1

Meas

INTRO

1-4 WAIT; FWD R-LUNGE; REC ROLL & SLIP; TELEMAR TO SCP;

- 1 Wait 1 meas in CP/DLW lead ft free;
- 12- 2 **{Fwd R-Lunge}** Fwd L, flexing knees sd & fwd R twd WALL, sway R looking at W (W look well L);
- 1-3 3 **{Rec Roll & Slip}** Rec L, rising on L rotate body RF, swiveling LF on L slip R bk under body end CP/DLC;
- 4 **{Telemark to SCP}** Fwd L comm trng LF, cont trng RF sd R around W, cont trng LF sd & fwd L (W bk R comm trng LF, cont trng LF on R heel cl L, cont trng LF sd & fwd R) end SCP/DLW;

PART A

1-4 OPEN NAT; OUTSIDE SPIN; RF TRNG LK TO SCP; QK OPEN REV;

- 1 **{Open Nat}** SCP/DLW thru R comm trng RF, cont trng RF sd & bk L, cont slightly trng RF to fc DRC bk R end BJO/DRC;
- 2 **{Outside Spin}** Bk L small step ptr outside comm trng RF, fwd R cont trng RF, cont trng RF on R sd & bk L (W fwd R outside ptr comm trng RF, cont trng RF cl L, cont trng RF on L fwd R) end CP/RLOD;
- 1&23 3 **{RF Trng Lk to SCP}** Bk R w/ R-shoulder lead comm trng RF/XLIF cont trng RF to fc almost COH, cont trng RF sd & slightly fwd R btwn W's ft rising momentary CP, cont trng RF to SCP sd & fwd L (W fwd L w/ L-shoulder lead comm trng RF/XRIB, cont trng RF sd & fwd L around M, cont trng RF to SCP sd & fwd R) end SCP/DLC;
- 12&3 4 **{Qk Open Rev}** Thru R, fwd L comm trng LF/cont trng LF sd & bk R, bk L ptr outside end BJO/RLOD;

5-8 HOVER CORTE; BK & R-CHASSE; SLOW CONTRA CHECK; REC TO RISING LK;

- 5 **{Hover Corte}** Bk R comm trng LF, cont trng LF sd L hovering, cont trng LF rec R (W fwd L comm trng LF, cont trng LF sd R hovering, cont trng LF rec L) end BJO/DLW;
- 12&3 6 **{Bk & R-Chasse}** Bk L ptr outside, slightly trng RF sd R/cl L, sd R end CP/DRW;
- 2- 7 **{Slow Contra Check}** Flexing R-knee extend L fwd w/ slight L-sway, shift wgt to L flexing L-knee slightly rotate body LF & extend fwd w/ R-shoulder lead looking at W (W look well left);
- 8 **{Rec to Rising Lk}** Rec R comm trng LF, cont trng LF sd & fwd L, XRIB (W XLIF) end CP/DLC;

9-12 DBL REV SPIN TWICE;; HOVER TELEMAR TO SCP; CURVED FEATHER CHECK;

- 12- 9-10 **{Dbl Rev Spin Twice}** Fwd L comm trng LF, sd R around W cont trng LF, cont trng LF on R tch L (W 12&3) to R (W bk R comm trng LF, cl L to R cont trng LF/cont trng LF sd & bk R, XLIF) end CP/LOD; Repeat Meas 9 of Part-A trng LF 7/8 end CP/DLW;
- 11 **{Hover Telemark to SCP}** Fwd L, sd & fwd R trng RF, assuming SCP sd & fwd L end SCP/DLW;
- 12 **{Curved Feather Check}** Fwd R comm curving RF, sd & fwd L w/ L-shoulder lead, fwd R outside ptr in CBMP (W fwd L comm trng RF, sd & bk R w/ R-shoulder lead, bk L in CBMP) end BJO/DRW;

PART A (cont'ed)**13-16 DBL OPPOSITION PTS.; LINK TO SCP; BIG TOP;**

- 1-- 13-14 **{Dbl Opposition Pts}** Rec L, draw R to L leading W swivel RF, flexing L-knee extend R sd & bk
 -2- twd DLC w/ L-sway looking twd DRW (W rec R, swiveling RF on R draw L to R, flexing R-knee
 (W 12-) extend L thru twd DRW w/ R-sway looking DRW); Rising on L draw R to L, cl R trng LF to fc DRW,
 cont trng LF to fc DLW flex R-knee extending L sd & bk twd DLC w/ R-sway looking DRW (W
 rising on R cl L trng LF to fc DLC, step R in pl cont trng LF to fc COH, cont trng LF to fc DRC flex
 R-knee extending L sd & bk twd DRW w/ L-sway looking DRW);
- 3 15 **{Link to SCP}** Straightening body draw L to R, rise on R-toe leading W trn RF to SCP, sd & fwd L
 (W -23) (W straightening body draw L to R, cl L to R rising on L-toe trng body slightly RF to SCP, sd & fwd
 R) end SCP/DLC;
- 16 **{Big Top}** Fwd R comm spinning LF, cont spinning LF on R XLIB, cont spinning on L slip R bk
 Small step under body (W fwd L trng LF to fc M comm LF spin, cont spinning LF on L sd & fwd R
 around M, cont spin LF on R brushing L to R fwd L) end CP/DLW;

PART B**1-4 HOVER TELEMARCK TO BJO; MANUV; SPIN OVERTRN; QK & SLOW LK;**

- 1 **{Hover Telemark to BJO}** CP/DLW fwd L, sd & fwd R hovering, sd & fwd L end BJO/DLW;
 2 **{Manuv}** Fwd R outside ptr comm trng RF, cont trng RF sd L, cl R end CP/RLOD;
 3 **{Spin Overtrn}** Bk L pivoting RF, cont trng RF fwd R twd LOD, cont trng RF bk L twd DLC end
 CP/DRW;
- 1&23 4 **{Qk & Slow Lk}** Flexing knees bk R w/ R-shoulder lead/XLIF, bk R, rising on R XLIF end
 BJO/DRW;

5-8 BK TO HINGE; REC TO EROS LINE; SWIVEL TO R-LUNGE LINE; REC ROLL & SLIP;

- 12- 5 **{Bk to Hinge}** Bk R comm trng LF, cont trng LF to fc WALL sd L, leading W trn LF flex L-knee
 (W 123) extending R-toe twd RLOD looking at W (W fwd L comm trng LF, cont trng LF to fc COH sd R,
 cont trng LF XLIB under body flex L-knee extending R-toe twd RLOD);
- 1-- 6 **{Rec to Eros Line}** Rec R leading W fwd, rotate body RF to lead W trn RF, cont rotating body RF
 (W 12-) extend R-sd of body w/ L-sway looking at W (W fwd R comm trng RF, cont trng RF sd & bk L
 around M, lift R-leg parallel to floor looking well R);
- 7 **{Swivel to R-Lunge Line}** Rotate body LF picking up W, flexing R-knee extend L twd LOD w/
 sway to R looking R, - (W lowering R-leg swivel LF on L to fc M, flexing L-knee extend R twd LOD
 w/ sway to L looking well L, -) end R-Lunge Line/WALL;
- 1-3 8 **{Rec Roll & Slip}** Rec L, rising on L rotate body RF, strongly swiveling LF on L slip R bk under
 body end CP/DLC;

9-12 OPEN REV TRN; BK TO TUMBLE TRN; BK TO OVERSWAY; SD TRNG HOVER TO SCP;

- 9 **{Open Rev Trn}** CP/DLC fwd L comm trng LF, cont trng LF sd & bk R, bk L ptr outside end
 BJO/RLOD;
- 12&3 10 **{Bk to Tumble Trn}** Bk L comm trng LF, cont trng LF sd L/XRIF outside ptr rising, cont trng LF
 on R fwd L (W fwd R comm trng LF, cont trng LF sd & bk R/XLIB ptr outside, cont trng LF on L bk
 R) end CP/DRC;
- 12- 11 **{Bk to Oversway}** Bk R comm trng LF, cont trng LF sd L twd LOD w/ sway to L looking LOD,
 flexing L-knee chg sway to R looking at W, - (W fwd L comm trng LF, cont trng LF sd R twd LOD
 w/ sway to R looking LOD, flexing R-knee chg sway to L looking well L);
- 1-3 12 **{Sd Trng Hover to SCP}** Sd R comm rising, cont rising on R slightly trn RF, sd & fwd L end
 SCP/DLW;

PART B (cont'ed)

- 13-16 NAT HOVER CROSS w/ SYNC ENDING;; TELEMARK TO SCP; CHAIR REC SLIP;**
 123 13-14 **{Nat Hover Cross w/ Sync Ending}** SCP/DLW thru R comm trng RF, cont trng RF sd & bk L
 12&3 twd DLW, cont trng RF strongly on L sd R (W thru L comm trng RF, cont trng RF fwd R btwn M's
 ft, cont trng RF sd & bk L) end momentary CP/DLC; XLIF w/ checking motion outside ptr in SCAR,
 rec R/trng RF sd & fwd L w/ L-shoulder lead, fwd R outside ptr (W XRIB w/checking motion ptr
 outside in SCAR, rec L/trng RF sd & bk R w/ R-shoulder lead, bk L) end BJO/DLC;
 15 **{Telemark to SCP}** Fwd L comm trng LF, cont trng LF sd & fwd R around W, cont trng LF sd &
 fwd L (W bk R comm trng LF, cont trng LF on R-heel cl L, cont trng LF sd & fwd R) end
 SCP/DLW;
 16 **{Chair Rec Slip}** Thru R flexing knees, rec L, swiveling LF on L slip R under body (W thru L
 flexing knees, rec R, swiveling LF on R fwd L) end CP/DLW;

PART C

- 1-4 HOVER TELEMARK TO SCP; M CHASSE W LF UNDERARM ROLL TRANS TO SHADOW;
 SHADOW OPNE RF TRNS;;**
 1 **{Hover Telemark to SCP}** CP/DLW fwd L, sd & fwd R trng RF, assuming SCP sd & fwd L end
 SCP/DLW;
 12&3 2 **{M Chasse W LF Underarm Roll Trans to SHADOW}** Raising jnd lead hnds thru R, leading W
 (W 123) trn LF fwd L/cl R, fwd L assuming SHADOW pos (W thru L, fwd R spiraling LF under jnd lead
 hnds, fwd L) end SHADOW/DLW; (now same footwork)
 3-4 **{Shadow Open RF Trns}** Fwd R comm trng RF, cont trng RF sd & bk L, bk R end momentary
 SHADOW/DRC; Bk L comm trng RF, cont trng RF sd & fwd R, fwd L end SHADOW/LOD;
- 5-8 SHADOW CURVED FEATHER; M R-CHASSE W RF ROLL TO BFLY-SCAR; CHECK W DEVELOPE;
 OPEN FIN TO BJO;**
 5 **{Shadow Curved Feather}** SHADOW/LOD fwd R comm curving RF, cont curving RF fwd L, cont
 curving RF fwd R w/ checking motion end SHADOW/DRW;
 12&3 6 **{M R-Chasse W RF Roll to BFLY-SCAR}** Bk L trng RF leading W Roll RF, sd R/cl L, sd R
 (W 123) joining both hnds (W bk L comm rolling RF, cont rolling RF sd & fwd R, cont rolling RF sd & bk L)
 End BFLY-BJO/DLC;
 1-- 7 **{Check W Develope}** Flexing knees fwd L outside ptr, rise on L, slightly rotate body RF w/
 L-sway looking at W (W flexing knee bk R ptr outside, rising on R lift L along R-leg, extend L-toe
 fwd looking R;
 8 **{Open Fin to BJO}** Bk R, sd & fwd L, fwd R outside ptr (W fwd L, sd & bk R, bk L ptr outside) end
 BJO/DLC;

PART A (9-16)

- 9-16 DBL REV SPIN TWICE;; HOVER TELEMARK TO SCP; CURVED FEATHER;
 DBL OPPOSITION PTS;; LINK TO SCP; BIG TOP;**
 9-16 Repeat Meas 9-16 of PART A,,,,,,,,,

PART B - Modified

- 1-8 HOVER TELEMARK TO BJO; MANUV; SPIN OVERTRN; QK & SLOW LK; BK TO HINGE;
 REC TO EROS LINE; SWIVEL TO R-LUNGE LINE; REC ROLL & SLIP;**
**9-16 OPEN REV TRN; BK TO TUMBLE TRN; BK TO OVERSWAY; SD TRNG HOVER TO SCP;
 NAT HOVER CROSS w/ SYNC ENDING;; TELEMARK TO SCP; CHAIR & HOLD;**
 1-15 Repeat Meas 1-15 of PART B,,,,,,,,,,,,,
 1-- 16 **{Chair & Hold}** Thru R flexing knees looking fwd, hold as music fades out, -;