

Dolce Vita

Choreographer: Angela Boaz
Phone Number: 714-329-8798

Download: Amazon, iTunes **Time as downloaded:** 3:43
Rhythm - Phase: Foxtrot - Phase V + 2 + 1 [Challenge Line,
Rudolph Ronde & Slip] [Back Turning Wing]
Sequence: Intro-A-B-C-A-B-C-Amod-Ending

Email: Angela.Boazrd@gmail.com

Song: Dolce Vita

Album - Artist: Jazz Chill - Berk & The Virtual Band

Released: Sep 5, 2025 **Tempo:** +7% **Revised:** Jan 15, 2026

Footwork: Opposite Unless Noted

Timing: Indicates Weight Changes Only

- INTRODUCTION -

1 - 4 BFLY WALL WAIT -, -, FRONT VINE 4 ~ SLOW CROSS LUNGE ; ; BACK VINE 5 ~ RONDE SYNCOPATE VINE 3 SCP LOD ; ;

-- QQ 1 {Wt Frnt Vin 4 Slo X Lun} BFLY WALL Trl ft free Wt -, -, XRif (W XLif), sd L;
QQS 2 XRib (W XLib), sd L, X lun R, -;
QQQQ 3 {Bk Vin 5 Ronde Sync Vin 3} Rec L, sd R, XLif (W XRif), sd R;
Q-Q&Q 4 XLib (W XRib), ronde R, XRib (W XLib)/sd L, XRif (W XLif) SCP LOD;

- Part A -

1 - 4 SLOW CHALLENGE LINE & SLIP ; TELEMARK TO BJO ; HALF NATURAL CHECKING ; QUICK DIAMOND 4 CP LOD ;

S-Q 1 {Slo Chal Line & Slip} Sd & fwd L strong upper bdy RF trn stretchg R sd to SCP, -, -, rec R trn LF slip W to CP DLC;
SQQ 2 {Tele to BJO} Fwd L comm LF trn, -, sd & fwd R comp trn BJO DLW, fwd L (W bk R comm LF trn draw L heel past R, -, cl L to R comp trn, bk R) BJO DLW;
SQQ 3 {Nat Trn ½ Ckg} Fwd R comm RF trn, -, sd L fc RLOD (W heel trn), bk R ckg CP RLOD;
QQQQ 4 {Qk Diam 4} Fwd L comm LF trn, comp trn sd R, bk L, bk R CP LOD;

5 - 8 DIP BACK ~ RUDOLPH & SLIP BJO ~ OUTSIDE SWIVEL ; ; RUN 2 WHIPLASH BJO ; WEAVE ENDING CHECKING BJO DRC ;

SS 5 {Dip Bk Rudolph Ronde} Bk L, -, fwd R between W's ft start RF pvt but stop action by flexg R knee while keeping L ft bk cont bdy trn allow L sd to remain twd W (W bk L trng RF XRib), - SCP;
QQS 6 {Slip BJO Outsd Swvl} Bk L, bk R slpg W to BJO LOD, bk L, trn bdy RF ld W to swvl RF, - SCP;
QQQ- 7 {Run 2 Whplash} Fwd R, fwd L, fwd R, ld W to swvl LF (W swvl LF) bth pt trl ft twd LOD BJO LOD;
QQQQ 8 {Wev Endg} Bk L, bk R comm LF trn passing thru CP, comp trn sd & fwd L, fwd R ckg BJO DRC;

- Part B -

1 - 4 OUTSIDE CHANGE TO SCP ; OPEN NATURAL ; IMPETUS TO SCP ; FEATHER BJO DLC ;

SQQ 1 {Outsd Chg to SCP} Bk L, -, bk R trng LF (W fwd L trng LF), sd & fwd L SCP DLW;
SQQ 2 {Op Nat Trn} Fwd R trng RF, -, sd L acrs LOD (W fwd R), bk R BJO DRC;
SQQ 3 {Imp to SCP} Bk L trng RF, -, cl R [heel trn] cont trn, fwd L (W fwd R trng RF, - sd & fwd L, fwd R) SCP DLC;
SQQ 4 {Fthr} Thru R, -, fwd L, fwd R (W thru L trng twd ptr, -, sd & bk R, bk L) BJO DLC;

5 - 8 TELEMARK TO BJO ; FORWARD LADY DEVELOPE ; SYNCOPATED OUTSIDE TWIRL BFLY SCAR DRW ; FORWARD LADY DEVELOPE BFLY SCAR DRW ;

SQQ 5 {Tele to BJO} Fwd L comm LF trn, -, sd & fwd R comp trn BJO DLW, fwd L (W bk R comm LF trn draw L heel past R, -, cl L to R [heel trn] comp trn, bk R) BJO DLW;
S-- 6 {Fwd Lady Develope} Fwd R, -, - (W bk L, -, bring R ft up L leg to insd L knee, xtnd R ft fwd) BJO DLW;
SQ&Q 7 {Sync Outsd Twrl} Bk L fc ptr, -, sd R/cl L, sd R BFLY SCAR DRW (W fwd R comm RF twrl undr ld hnds, -, sd & bk L twrl/sd & fwd R comp twrl, sd & bk L) BFLY SCAR DRW;
S-- 8 {Fwd Lady Develope} Fwd L, -, - (W bk R, -, bring L ft up R leg to insd R knee, xtnd L ft fwd) BFLY SCAR DRW;

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- Part B [cont] -

- 9 -12 BACK TURNING WING SCAR LOD ; BOUNCE FALLAWAY BJO LOD ; WEAVE ENDING BJO DLW ; THREE STEP CP DLW :**
- S -- (SQQ) 9 {**Bk Trng Wing**} Sm bk R swvlg LF, -, draw L, tch L (*W fwd L begin Xg in frnt of M trn LF swvlg M, -, cont trn fwd R, comp trn fwd L*) SCAR LOD;
- QQQQ 10 {**Bounce Falwy**} Fwd L w/ rise, lower fwd & sd R SCP, bk L w/ rise, lower bk R (*W bk R w/ rise, lower bk L, bk R w/ rise, blendg to BJO lower fwd L*) BJO RLOD;
- QQQQ 11 {**Wev Endg**} Bk L, bk R comm LF trn passing thru CP, comp trn sd & fwd L, fwd R BJO DLW;
- SQQ 12 {**3 Stp**} Fwd L, -, fwd R, fwd L toe ld] CP DLW;
- 13-16 CURVED FEATHER BJO DRW ; OUTSIDE SPIN DRW ; LEFT TURNING LOCK SCP* DLW ; SLOW SIDE LOCK CP DLW :**
- SQQ 13 {**Crvd Fthr**} Trng RF fwd R, -, cont RF trn w/ L sd ld fwd L, cont RF trn w/ L sd ld fwd R ckg CBMP BJO DRW;
- SQQ 14 {**Outsd Spn Drw**} Toeing in with R sd ld bk L trn 3/8 RF, -, fwd R trn RF 3/8, sd & bk L 1/4 RF trn (*W stayg well into M's R arm fwd R, -, cl L pvt on toes of both ft 5/8 trn btwn steps 1 & 2, trn RF 1/4 btwn steps 2 & 3 fwd R btwn M's ft 1/8 RF trn on stp 3*) CP DRW;
- Q&QS 15 {**L Trng Lk to SCP**} Bk R/lk L, bk R trng LF, sd & fwd L (*W sd & fwd*), - SCP DLW;
- SQQ 16 {**Slo Sd Lk**} Thru R, -, sd & fwd L, XRib (*W thru L trng LF, -, cont trn sd & bk R, XLi*) CP DLW;

- Part C -

- 1 - 4 REVERSE WAVE ; ; BACK FEATHER ; HOVER CORTE :**
- SQQ 1-2 {**Rev Wav**} Fwd L comm LF trn, -, sd R cont trn, bk L CP DRC; Bk R, -, bk L fc RLOD, bk R (*W bk R trn LF, -, cl L [heel trn], fwd R; Fwd L, -, fwd R, fwd L*) CP RLOD;
- SQQ 3 {**Bk Fthr**} Bk L, -, bk R, bk L BJO RLOD;
- SQQ 4 {**Hvr Corte**} Bk R, -, sd & fwd L w/ hvrng action trng LF, bk R BJO LOD;
- 5 - 8 BACK & RIGHT CHASSE CP DRW ; SLOW CONTRA CHECK ~ FEATHER FINISH DLC ; ; TURN LEFT & RIGHT CHASSE BJO DRC :**
- SQ&Q 5 {**Bk & R Chasse**} Bk L trng RF blend to CP WALL, -, sd R/cl L, sd R CP DRW;
- S -- 6 {**Slo Contra Ck**} LF upper bdy trn keep hips up to ptr w/ strong R sd ld ck fwd L in CBMP (*W head well to L*);
- SQQ 7 {**Fthr Fin**} Bk R trng LF, -, sd & fwd L, fwd R BJO DLC;
- Adjusted timing for the Slo Contra Ck & Fthr Fin. Try it. You might like it as much as I do.*
- S -- mod 6-7 {**Slo Contra Ck Fthr Fin**} LF upper bdy trn keep hips up to ptr w/ strong R sd ld ck fwd L in CBMP (*W head well to L*); -, bk R trng LF, sd & fwd L, fwd R BJO DLC;
- QQQ 8 {**Trn L & R Chasse**} Fwd L fc COH, -, sd R/cl L, sd BJO DRC;
- 9 -10 BACK ZIG ZAG 4 ; 4 QUICK BACK HOVER TELEMARKE THRU SCP LOD :**
- QQQQ 9 {**Bk Zig Zag 4**} Bk L, trng RF cl R [heel trn] (*W bk L*) SCAR, fwd L trng LF BJO, bk R;
- QQQQ 10 {**4 Qk Bk Hvr Tele Thru to Line**} Bk L comm RF trn, sd & fwd R cont trn rising, sd & fwd L, thru R SCP LOD;

- Part A -

- 1 - 8 SLOW CHALLENGE LINE & SLIP ; TELEMARKE TO BJO ; HALF NATURAL CHECKING ; QUICK DIAMOND 4 ; DIP BACK ~ RUDOLPH & SLIP BJO ~ OUTSIDE SWIVEL ; ; RUN 2 WHIPLASH BJO ; WEAVE ENDING CHECKING BJO DRC :**

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- Part B -

- 1 -16 OUTSIDE CHANGE TO SCP ; OPEN NATURAL ; IMPETUS TO SCP ; FEATHER ; TELEMARK TO BJO ; FORWARD LADY DEVELOPE ; SYNCOPATED OUTSIDE TWIRL BFLY SCAR DRW ; FORWARD LADY DEVELOPE BFLY SCAR ; BACK TURNING WING ; BOUNCE FALLAWAY ; WEAVE ENDING ; THREE STEP ; CURVED FEATHER ; OUTSIDE SPIN DRW ; LEFT TURNING LOCK TO SCP ; SLOW SIDE LOCK CP DLW ;

- Part C -

- 1 -10 REVERSE WAVE ; ; BACK FEATHER ; HOVER CORTE ; BACK & RIGHT CHASSE CP DRW ; SLOW CONTRA CHECK ; FEATHER FINISH DLC ; TURN LEFT & RIGHT CHASSE BJO DRC ; BACK ZIG ZAG 4 ; 4 QUICK BACK HOVER TELEMARK THRU SCP LOD ;

- Part A MOD -

- 1 - 8 SLOW CHALLENGE LINE & SLIP ; TELEMARK TO BJO ; HALF NATURAL CHECKING ; QUICK DIAMOND 4 ; DIP BACK ~ RUDOLPH & SLIP BJO ~ OUTSIDE SWIVEL ; ; RUN 2 WHIPLASH BJO ; QUICK FEATHER FINISH BJO DLC ;

QQQQ 8 {Qk Fthr Fin} Bk L, bk R comm LF trn, sd & fwd L comp trn, fwd R BJO DLC;

- ENDING -

- 1 - 4 REVERSE TURN ½ ; LADY QUICK ROLL LOP WALL MAN IN 2 ; FRONT VINE 4 ; SLOW CROSS CHECK RECOVER ;

SQQ 1 {Rev Trn ½} Fwd L comm LF trn, -, cont trn sd R (W cl L [heel trn]), bk L CP RLOD;
SS (QQS) 2 {Lady Qk Roll LOP M in 2} Bk R trng LF, -, sd L, - (W roll LF L, R fc WALL, sd L, -) bth fcg WALL No hnds jnd Lady to M's L sd & a stp closer twd WALL Same ftwork thru rest of the dance;

QQQQ 3 {Frnt Vin 4} XRif, sd L, XRib, sd L;

SS 4 {Slo X Ck Rec} XRif, -, rec L, -;

- 5 - 8 SIDE CROSS & CHASSE ; FENCE LINE ; SLOW CROSS & CHASSE ; RELEASE HANDS CROSS LUNGE & EXTEND ARMS;

QQQ&Q 5 {Sd X & Chasse} Sd R, XLif, sd R/cl L, sd R;

SQQ 6 {Fnc Line} X lun L, -, rec R, sd L;

SQ&Q 7 {Slo X & Chasse} XRif, -, sd L/cl R, sd L;

S -- 8 {Rel hnds X Lun Xtnd Arms} Rel hnds X Lun Rif xtnd L arms up & out twd LOD, -, -;

* At the direction of a RAL Standards Committee member, this note is included. RAL only defines Turning Lock [aka Left Turning Lock] to end in Banjo Position. As such, Semi-Closed Position is not an officially recognized variation.

Music at Amazon:

[https://www.amazon.com/dp/B07DFS9NHP/ref=sr_1_1?](https://www.amazon.com/dp/B07DFS9NHP/ref=sr_1_1?crid=XBGNNBBM3HK2&dib=eyJ2ljojMSJ9.S7gQxVOaHOk1TrBbOsX9BPYNeSi_AbFGz6Yzy6UdAJA.M23yptG_uLczhEPX8TEVdidCW1vjAuPrkMx9tZIT00k&dib_tag=se&keywords=dolce+vita+berk+&+the+virtual+band&marketplaceId=ATVPDKIKX0DER&musicTerritory=US&qid=1756716445&prefix=.aps.222&sr=8-1&trackAsin=B07DFS9NHP)

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Quick Cues

INTRO: (4 MEAS)

BFLY WALL TRL FT FREE WT -, -, FRNT VIN 4 ~ X LUN ; ; BK VIN 5 ~ RONDE, SYNC VIN 3 SCP ; ;

PART A: (8 MEAS)

SLO CHAL LINE & SLP ; TELE TO BJO ; HALF NAT CKG ; QK DIAM 4 ; DP BK, RUDOLPH RONDE ; & SLP TO BJO, OUTSD SWVL ; RUN 2, WHPLASH TO BJO ; WEV ENDG DRC CKG ;

PART B: (16 MEAS)

OUTSD CHG TO SCP ; OP NAT ; IMP TO SCP ; FTHR ; TELE TO BJO ; FWD LADY DEVELOPE ; SYNC OUTSD TWRL DRW BFLY SCAR ; FWD LADY DEVELOPE ; BK TRNG WING SCAR LOD ; BOUNCE FALWY BJO RLOD ; WEV ENDG ; 3 STP ; CRV FTHR ; OUTSD SPN DRW ; TRNG LK SCP DLW ; SLO SD LK DLW ;

PART C: (10 MEAS)

REV WAV ; ; BK FTHR ; HVR CORTE ; BK & R CHASSE TO CP DRW ; SLO CONTRA CK ; FTHR FIN DLC ; TRN L & R CHASSE BJO DRC ; BK ZIG ZAG 4 ; 4 QK BK HVR TELE THRU TO LOD ;

PART A: (8 MEAS)

SLO CHAL LINE & SLP ; TELE TO BJO ; HALF NAT CKG ; QK DIAM 4 ; DP BK, RUDOLPH RONDE ; & SLP TO BJO, OUTSD SWVL ; RUN 2, WHPLASH TO BJO ; WEV ENDG REV CKG ;

PART B: (16 MEAS)

OUTSD CHG TO SCP ; OP NAT ; IMP TO SCP ; FTHR ; TELE TO BJO ; FWD LADY DEVELOPE ; QK OUTSD TWRL DRW BFLY SCAR ; FWD LADY DEVELOPE ; BK TRNG WING SCAR LOD ; BOUNCE FALWY BJO RLOD ; WEV ENDG ; 3 STP ; CRV FTHR ; OUTSD SPN DRW ; TRNG LK SCP DLW ; SLO SD LK DLW ;

PART C: (10 MEAS)

REV WAV ; ; BK FTHR ; HVR CORTE ; BK & R CHASSE TO CP DRW ; SLO CONTRA CK ; FTHR FIN DLC ; TRN L & R CHASSE BJO DRC ; BK ZIG ZAG 4 ; 4 QK BK HVR TELE THRU TO LOD ;

PART Amod: (8 MEAS)

SLO CHAL LINE & SLP ; TELE TO BJO ; HALF NAT CKG ; QK DIAM 4 ; DP BK, RUDOLPH RONDE ; & SLP TO BJO, OUTSD SWVL ; RUN 2, WHPLASH TO BJO ; QK FTHR FIN BJO DLC ;

ENDING: (8 MEAS)

REV TRN ½ ; LADY QK ROLL LOP WALL M IN 2 ; FRNT VIN 4 ; SLO X CK, -, REC, - ; SD, X, CHASSE ; FNC LIN ; SLO X, -, CHASSE ; REL HNDS X LUN & XTND ARMS, -, -, - ;