

ME TOO

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MUSIC: "Me Too" – CD: Thank You – Meghan Trainor Track #2 **SPEED:** Slow From 31 to 25MPM

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SEQUENCE: Intro, A, B, C, Bridge, D, B, C, E, B, C, Ending **RELEASED:** February 2024

RHYTHM: West Coast Swing **PHASE:** VI **FOOTWORK:** Described for M - W opp (or as noted)

INTRO

1 - 4 WAIT; HALF WHIP; w/ROCK 4 & OUTSIDE TURN;

- After word "Oh" wait 1 measure LOP "V" fcg ptr & LOD w/lead foot free pointed twd ptr for both;
- 123&4 **{Half Whip w/Rock 4}** Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & bk L; Rock fwd R, rock bk L, rock fwd R, rock bk L (fwd R, fwd L trng RF, bk R/cl L to R, fwd R: rock bk L, rock fwd R, rock bk L, rock fwd R) to end CP RLOD;
- 123&4 **{Outside Turn}** Trng ½ RF XRIB of L, fwd & sd L, bk to anchor R/L, R (fwd L trng RF under joined lead hands, fwd R completing 1 ½ RF turn to fc M, bk to anchor L/R, L) to end LOP "V" M fcing LOD;

PART A

1 - 4 SIDE WHIP;; START UNDERARM TURN TO SIDE LUNGE HOLD; SPOT TURN w/HAND CHANGE BEHIND THE BACK;

- 12-- **{Side Whip}** Bk L, rec R across L comm RF trn, cont slight RF trn point L sd twd LOD, hold (fwd R, fwd L trng ½ RF, bk R/cl L to R, fwd R);
- 1-3&4 Shifting weight to L, using strong press line on L, cont to lead W fwd, bk in slot to anchor R/L, R (fwd L, fwd R trng ½ LF, bk to anchor L/R, L) to end "V" M fcing ptr & LOD;
- 123- **{Start Underarm Turn to Lunge Hold}** Bk L, rec R across L comm RF trn leading W under, cont RF trn sd lunge L LOD sharply dropping lead hand, hold (fwd R, L comm LF trn under joined lead hands, cont LF trn under lead hands sd lunge R, hold) to end both fcing WALL M closest to LOD looking at ptr
- 123&4 **{Spot Turn w/Hand Chg}** Leading W fwd & changing to R hand hold XRIF of L trng LF, changing W's R hand back to lead hand behind your back rec L cont LF trn, getting back in slot anchor R/L, R (fwd L, fwd R trng ½ LF, bk to anchor L/R, L) to end "V" M fcing ptr & LOD;

5 - 8 INSIDE ROCK WHIP; w/3 ROCKS; & SURPRISE WHIP ENDING TO RIGHT HANDSHAKE;;; KICK BALL CHANGE;;

- 123&4 **{Inside Rock Whip}** Bk L, rec R across L comm RF trn, catching W's L shoulder blade w/Rhand cont RF trn sd & fwd L/rec R, sd & fwd L swvl ¼ RF (fwd R, L comm trng ½ LF under joined lead hands, cont LF trn bk R/cl L to R, fwd R swvl ¼ RF) to momentary CP M fcing COH;
- 1234 **{w/3 Rocks}** Trng RF fwd R LOD between W's feet, cont RF trn to rec bk L twd COH, cont RF trn fwd R RLOD between W's feet, cont RF trn to rec bk L twd WALL (trng RF bk L LOD, fwd R RLOD trng RF, cont RF trn bk L RLOD, fwd R LOD trng RF);
- 1234 **{Surprise Whip Ending & Kick Ball Change}** Cont RF trn fwd R LOD between W's feet, rec L, leading W to trn RF fwd R LOD flexing knee w/check action looking bk at W, rec L raising joined lead hands (cont RF trn bk LOD, fwd R RLOD, trng ½ RF on R bk L RLOD flexing knee, rec R comm RF trn under lead hands);
- 1&23&4 Join R hands anchor R/L, R, kick L fwd & sd/cl L on ball to R, cl R to L in place whole foot (cont RF trn anchor L/R, L, kick R fwd & sd/cl R on ball to L, cl L to R in place whole foot) to end "V" fcg ptr & LOD w/R handshake;

PART B

1 - 5 BEHIND THE BACK WHIP; w/OUTSIDE TURN; QUICK TWIST DOWN UP,-, WRAPPED WHIP;;; w/WHEEL 2 & SURPRISE CHECK ENDING (TRAIL HANDS);;;

- 123&4 **{Behind The Back Whip w/Outside Trn}** Bk L, rec R across L trng ¼ LF leading W to trn RF, releasing R hands & keeping L arm down at your side twd WALL small bk L, bk R, bk L connecting L arm to W's R arm (fwd R, fwd L trng RF, bk R/cl L to R, fwd R) to end M outside slot fcing COH & W fcing LOD;
- 123&4 Lift W's R arm with L arm trng ½ RF XRIB of L, fwd & sd L allowing arms to slide to hand hold, bk to anchor R/L, R (fwd L trng RF under lead arms, fwd R completing 1 ½ RF twirl to fc M now w/lead hand hold, bk to anchor L/R, L) to end LOP "V" M fcing ptr & LOD;
- **{Quick Twist Down Up}** Without weight change soften knees & twist both feet quickly LF/then RF, straighten legs (without weight change soften knees & twist both feet RF/then LF, straighten legs),
- NOTE:** This action is 2 beats counted as &1 for the twist and straightening of the legs on beat 2.

PART B (CON'T)

- 341&2 **{Wrapped Whip}** Bk L, rec R across L and join trail hands comm RF trn, bring lead hands over W's head as you cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, L, fwd R/cl L to R, bk R) to end WRAP POS FCING RLOD;
- 3412 **{Wheel 2 & Surprise Check Ending}** Wheel ½ RF fwd R, L to fc LOD, fwd R flexing knee w/check action
- 3&4 looking bk at W, rec L raising joined lead hands, & maintain trailing hands joined as well bk to anchor R/L, R (wheel ½ RF small bk L, R, bk L RLOD flexing knee, rec R comm RF trn under lead hands, cont RF trn bk to anchor L/R, L) release lead hands to end w/trail hands joined M fcg ptr & LOD;
- 6 - 8 TSUNAMI;,,, w/M UNDER LEFT & ANCHOR;,,, QUICK SIDE BREAK TO 2 HANDS;:**
- 123&4 **{Tsunami}** Bk L trng ¼ LF, bk R twd WALL, lead W to overturn LF in place L/R, fwd L in the slot moving behind W twds COH (fwd R, L, keeping R arm folded in to body above trail hand hold trng LF trn fwd & sd R/cl L to R, fwd R completing 1 full LF trn) to end in L POS M FCING COH W FCING RLOD w/trail hands joined near back of W's R hip;
- 1&23&4 **{w/M Under Left & Anchor}** Moving outsd the slot trng LF fwd R cont trng LF leading W to trn RF/cl L to R, fwd R completing ¾ LF trn to momentarily face LOD, cont LF trn on R as you loop trail arm over your head leading W to spin LF, releasing trail hand hold fwd L in slot to fc LOD completing 1 full LF trn; Bk to anchor R/L, R (fwd L trng ½ RF/rec R, fwd L twd LOD, taking trail hand up for M's head loop fwd R comm 1 ½ LF spin/cl L to R, bk R; bk to anchor L/R, L) to end LOP "V" fcg ptr & LOD,
- 8&3&4 **{Quick Side Break to 2 Hands}** Sd L/sd R, together L under L hip/cl R to L joining trail hands to low double hand hold M fcg LOD;

PART C

- 1 - 4 HUSTLE WHIP; w/INSIDE TURN TO R HAND; SINGLE TRAVEL & ROLL; TAKE 2 HANDS;**
- 123&4 **{Hustle Whip w/Inside Turn to R Hand}** Bk L, rec R across L comm RF trn raising arms out to sd, cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, fwd L trng RF raising arms out to sd, cont RF trn bk R/cl L to R, fwd R) to end double hand hold M fcg RLOD slightly out of slot to his L;
- 123&4 Trng RF XRIB of L leading W under joined lead hands, cont RF trn sd & slightly bk L, change to R hand star down LOD sd R/cl L to R, sd R releasing R hands trng ¼ RF (fwd L, fwd R trng ½ LF under joined lead hands, cont slight LF trn to R hand star sd L/cl R to L, sd L releasing R hands trng ¼ RF);
- 123&4 **{Single Travel & Roll to 2 Hands}** Sd L trng ½ RF, sd R trng ½ RF to L hand star M fcg DLW W fcg DRC,
- 123&4 sd L/cl R to L, sd L releasing L hands trng ¼ LF; Sd R trng ½ LF, sd L trng ¼ LF to fc ptr checking, bk to anchor R/L, R to join both hands low fcg ptr & LOD;
- 5 - 8 SLINGSHOT; TO CUTOFF; UNDERARM TURN BOTH HOOK TURN FREEZE;,,, SNAP TO;**
- 12-- **{Slingshot To Cutoff}** Trng ¼ LF bk L twd WALL, sd & bk R, soften R knee slightly as you stop W w/R hand,
- (1234) straighten R leg (fwd R, fwd L comm LF trn, cont LF trn sd R soften R knee into lunge line, rec L trng LF);
- 1&23&4 Raising lead hands to lead W under then catching W's R sd to stop her LF trn in place L/R, fwd L twd W in slot trng ¼ LF, bk to anchor R/L, R (fwd R LOD under joined lead hands trng ½ LF/rec L, fwd R RLOD trng ½ LF, bk to anchor L/R, L) to end LOP "V" M fcg ptr & RLOD;
- 123&4 **{Underarm Turn}** Bk L, rec R across L comm RF trn leading W under, cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, L comm LF trn under joined lead hands, cont LF trn sd R/XLIB of R, sd & bk R);
- 1&2-- **{Both Hook Turn Freeze & Snap}** XRIB of L trng RF/cont RF trn in place L, cont RF trn fwd & across R twd RLOD, hold, sharp swvl ½ LF on R on word "too" (XLIB of R trng LF/cont LF trn in place R, cont LF trn fwd & across L twd LOD, sharp swvl ½ RF on L) leaving lead ft pting fwd twd ptr to end LOP "V" pos M fcg ptr & LOD;

BRIDGE

- 1 - 2 QUICK CHASSE TOGETHER 5 w/DOWN UP; & APART TO FACE TRAIL HANDS;**
- 1&2&3- **{Qk Chasse Together 5 w/Down Up}** Curving slightly RF small sd & fwd L/cl R to L, sd L/cl R to L, sd L soften knee as you catch W's R hip w/R hand, straighten L leg to look at ptr (trng 1/8 LF small sd R/cl L to R, sd R/cl L to R, sd R soften knee, straighten R leg) to end both fcg WALL M closest to LOD w/R hand on W's R hip;
- 1&2&3- **{& Apart to Face Trail Hands}** Small sd R/cl L to R, sd R/cl L to R, trng LF joining trail hands sd & bk R soften knee, straighten R leg (small sd L/cl R to L, sd L/cl R to L, trng 1/8 RF offering L hand to ptr sd & bk L soften knee, straighten L leg) to end open fcg M fcg ptr & LOD w/trail hands joined;

PART D**1 - 4 LEFT SIDE SPRING WHIP;;; INTO ROCK WHIP;;; w/SURPRISE WHIP ENDING;;;**

- 1234 {Left Side Spring Whip} Bk L twds WALL, sd & fwd R twd LOD cont LF trn as you lead W RF under trailing hands, cont LF trn sd L LOD w/soft knee to OPEN WALL, rec R trng RF leading W to trn LF (fwd R, fwd L trn ¾ RF under joined trail hands, sd R RLOD w/soft knee, rec L trng LF);
- 1&2 Cont RF trn sd & fwd L catching W's L shldr blade w/R hand/rec R, sd & fwd L swvl ¼ RF to momentary CP WALL (cont LF trn sd R/cl L to R cont LF trn, fwd R swvl ¼ RF to momentary CP WALL),,
- 3412 {Into Rock Whip} Cont RF trn fwd R RLOD between W's feet, cont RF trn to rec bk L twd WALL; Cont RF trn fwd R LOD between W's feet, rec L (trng RF bk L RLOD, fwd R LOD trng RF, cont RF trn bk L LOD, fwd R RLOD),,,
- 341&2 {w/Surprise Whip Ending} Leading W to trn RF fwd R LOD flexing knee w/check action looking bk at W, rec L raising joined lead hands; Bk to anchor R/L, R (trng ½ RF on R bk L RLOD flexing knee, rec R comm RF trn under lead hands; bk to anchor L/R, L),,

5 - 8 SUGAR TO TOE HEEL CROSSES & KICK;;; w/TUCK & TWIRL ENDING TO R HANDSHAKE; CHICKEN WALK 4;

- 34-- {Sugar Toe Heel Crosses & Kick} Bk L, cl R to L to BFLY; Swvl RF on R/tch L toe to R instep, swvl LF on R/tch L heel fwd,
- 3--- Swvl RF on R/XLIF of R, kick R fwd twd WALL; Swvl LF on L/tch R toe to L instep, swvl RF on L/tch R heel fwd,
- 3--23&4 {w/Tuck & Twirl Ending} swvl LF on L/XRIF of L, kick L fwd twd COH; Touch L to R tucking W in, fwd L leading W under joined lead hands releasing trail hand hold, bk to anchor R/L, R (touch R to L tucking in twd M, trng ½ RF through hips fwd R twd RLOD trng ½ RF under joined lead hands to fc M, bk to anchor L/R, L) to end LOD "V" pos M fcing ptr & LOD w/R handshake;
- 1234 {Chicken Walk 4} Bk L, R, L, R (Fwd toeing out R, L, R, L as you raise L arm gradually to end palm out);

PART B**PART C****PART E****1 - 4 IN IN OUT OUT LEFT SIDE PASS w/INSIDE TURN;; IN IN OUT OUT RIGHT SIDE PASS w/OUTSIDE TURN;;**

- 1&2&34 {In In Out Out Left Side Pass w/Inside Turn} Lifting slightly fwd L twd ptr/cl R to L, lifting slightly bk L away from ptr/cl R to L to end w/feet together, bk L trng ¼ LF, bk R twd WALL;
- 1&23&4 Raise joined lead hands in place L/R, fwd L trng ¼ LF, bk to anchor R/L, R (fwd R, L comm LF trn, cont LF trn fwd & sd R/cl L to R, bk R completing 1 ½ LF trn, anchor L/R, L) to end LOP "V" fcing ptr & RLOD,
- 1&2&34 {In In Out Out Right Side Pass w/Outside Turn} Lifting slightly fwd L twd ptr/cl R to L, lifting slightly bk L away from ptr/cl R to L to end w/feet together, bk L, rec R across L comm RF trn leading W to trn R, taking lead hands over W's head cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, fwd L trng ½ RF, cont RF trn through hips fwd R RLOD comm 1 ½ RF spin/cl L to R, fwd R completing 2 ½ RF turns, bk to anchor L/R, L) to end LOP "V" fcing ptr & LOD;

5 - 8 IN IN OUT OUT CHEEK TO CHEEK;; QUICK CHASSE TOGETHER 5 w/DOWN UP; & APART TO FACE SHAKE RIGHT HANDS;

- 1&2&34 {In In Out Out Cheek To Cheek} Lifting slightly fwd L twd ptr/cl R to L, lifting slightly bk L away from ptr/cl R to L to end w/feet together, bk L, rec R comm RF trn;
- 23&4 Lift L knee up & across body trng 3/8 RF touching M's L hip to W's R hip, small fwd & across L, trng slightly LF bk to anchor R/L, R (fwd R, L comm LF trn; lift R knee up & across body trng 3/8 LF, small fwd & across R, trng slightly RF bk to anchor L/R, L) to end LOP "V" M fcing ptr & LOD;
- 1&2&3- {Qk Chasse Together 5 w/Down Up} Curving slightly RF small sd & fwd L/cl R to L, sd L/cl R to L, sd L soften knee as you catch W's R hip w/R hand, straighten L leg to look at ptr (trng 1/8 LF small sd R/cl L to R, sd R/cl L to R, sd R soften knee, straighten R leg) to end both fcing WALL M closest to LOD w/R hand on W's R hip;
- 1&2&3- {& Apart to Face Shake Right Hands} Small sd R/cl L to R, sd R/cl L to R, trng LF joining R hands sd & bk R soften knee, straighten R leg (small sd L/cl R to L, sd L/cl R to L, trng 1/8 RF sd & bk L soften knee, straighten L leg) to end open fcing M fcing ptr & LOD w/R hands joined;

PART B**PART C****ENDING****1 - 4 SURPRISE WHIP;; HALF WHIP; TO 2 HANDS;**

- 123&4 {**Surprise Whip**} Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, fwd L trng ½ RF, bk R/cl L to R, fwd R) to end momentary CP M fcing RLOD but M slightly out of slot to his L;
- 123&4 Leading W to trn RF fwd R flexing knee w/check action looking bk at W, rec L raising joined lead hands, anchor R/L, R (trng ½ RF on R bk L LOD flexing knee, rec R comm RF trn under lead hands, cont RF trn anchor L/R, L) to end LOP "V" M fcg ptr & RLOD;
- 123&4 {**Half Whip**} Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & bk L; (fwd R, fwd L trng RF, bk R/cl L to R, fwd R) to end CP LOD;
- 123&4 Fwd R, fwd L, bk to anchor R/L, R (bk L, bk R, bk to anchor L/R, L) to end LOP "V" M fcg ptr & LOD;

5 - 8 SLINGSHOT; TO CUTOFF; UNDERARM TURN w/BOTH HOOK TURN FREEZE;,,, SNAP FACE;

- 12-- {**Slingshot To Cutoff**} Trng ¼ LF bk L twd WALL, sd & bk R, soften R knee slightly as you stop W w/R hand, (1234) straighten R leg (fwd R, fwd L comm LF trn, cont LF trn sd R soften R knee into lunge line, rec L trng LF);
- 1&23&4 Raising lead hands to lead W under then catching W's R sd to stop her LF trn in place L/R, fwd L twd W in slot trng ¼ LF, bk to anchor R/L, R (fwd R LOD under joined lead hands trng ½ LF/rec L, fwd R RLOD trng ½ LF, bk to anchor L/R, L) to end LOP "V" M fcg ptr & RLOD;
- 123&4 {**Underarm Turn**} Bk L, rec R across L comm RF trn leading W under, cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, L comm LF trn under joined lead hands, cont LF trn sd R/XLIF of R, sd & bk R);
- 1&2-- {**Both Hook Turn Freeze & Snap**} XRIB of L trng RF/cont RF trn in place L, cont RF trn fwd & across R twd RLOD, hold, sharp swvl ½ LF on R on word "too" (XLIF of R trng LF/cont LF trn in place R, cont LF trn fwd & across L twd LOD, sharp swvl ½ RF on L) leaving lead ft pting fwd twd ptr to end LOP "V" pos M fcing ptr & LOD;

NOTE: Timing listed on side under measures refers to actual weight changes.