

Mio Bello Bello Amore

CHOREO: Shawn and Wendy Cavness, 34403 56th Ave So., Auburn, WA 98001
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RECORD: Song Name: Mio Bello Bello Amore Artist: Olivato Dancesport Orchestra
CD: Ballroom Creation
Download from Casa-Musica.com Time: 2:49 as Downloaded
Sample Music: https://youtu.be/wykNqE3K_98
MUSIC MODIFICATIONS: None
FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)
Timing for weight changes only
RHYTHM: Waltz Roundalab Phase 6 DIFFICULTY: Average
SEQUENCE: Intro, A, B, A, B(1-8), C, A, End RELEASED: January 30, 2026
**Special thanks to Bill and Carol Goss for their help with this choreography,
created during the 2025 Choreographers Clinic in Bossier City, LA.**

INTRO

1-4 DRW NO HANDS JOINED – WAIT 1 MEAS ; JOIN LEAD HANDS ; COME TOGETHER TOUCH AND SHAPE ; BOX FINISH TO CP DLW ;

--- 1-2 {Wait} fcg DRW no hnds jnd – wait 1 meas ; {Join Ld Hnds} jn ld hnds ;

1-- 3-4 {Come Tog Tch and Shape} fwd L trn upr bdy slightly RF , - , tch R to CP ; {Bx
123 Finish} bk R trn LF , sd L , cl R to CP DLW ;

5-8 WHISK ; SLOW SIDE LOCK TO CP DLC ; MINI TELESPIN TO CP DRC ; ;

123 5-6 {Wsk} fwd L , fwd and sd R comm rise to ball of ft , XLib cont to full rise on
123 ball of foot to SCP ; {Slow Side Lock} thru R , sd and fwd L to CP , XRib trn LF
(thru L comm LF trn , sd and bk R cont LF trn to CP , XLif) to CP DLC ;
12- 7-8 {Mini Telespn} fwd L comm LF trn , sd R trn 3/8 , bk and sd L tch toe keeping
(123&) left sd in to ptr/trn LF no weight to ld ptr to CP comm spin LF (bk R comm LF
12- trn , cl L ft to R heel trn turn ½ LF , fwd R keeping right sd in to ptr/fwd L trn
LF twd ptr) ; fwd L cont spin LF on L drawing R to L under body , cl R flexing
knees , - (fwd R to CP spinning LF drawing L to R under bdy , cl L , -) to CP
DRC ;

9 CONTRA CHECK AND SWITCH TO CP DLW ;

123 9 {Contra Ck & Swch} fwd L in CBMP , rec R comm RF trn leaving L foot almost in
plc , cont strong RF trn rec L trn RF (bk R in CBMP , rec L comm RF trn leaving
R foot almost in plc , cont RF trn rec R btw ptrs feet trn RF) to CP DLW ;

PART A

1-4 CHECKED NATURAL & SLIP TO CP DLC ; TELEMARK TO BJO ; NATURAL WEAVE TO SCP DLW ;:

- 123 1-2 {Ckd Nat Slp} fwd R , fwd L on toe trn RF ck , trn LF rec bk on R (bk L , cl R to L
123 rise to toes trn RF ck , trn LF slip L fwd) to CP DLC ; {Tele to BJO} fwd L comm
LF trn , sd R cont LF trn , sd and slightly fwd L (bk R comm LF trn bringing L to R
with no weight , trn LF on R heel and chg weight to L , sd and bk R) to BJO ;
123 3-4 {Nat Wev} comm RF trn fwd R , sd L , bk R (bk L comm RF trn , cls R to heel
123 trn RF , fwd L) ; bk L , comm LF trn bk R , sd and fwd L (fwd R , fwd L comm
RF trn , sd R) to SCP DLW;

**5-8 OPEN NATURAL ; OUTSIDE SPIN TO CP RLOD ; RIGHT TURNING LOCK TO SCP DLC ;
VIENNESE CROSS TO CP RLOD ;**

- 123 5-6 {Op Nat Trn} comm RF upper bdy trn fwd R heel to toe , sd L , cont RF upper
123 body trn to lead ptr to step outside bk R (fwd L , fwd R , fwd L) ; {Outsd Spn}
comm RF trn toe in bk L , cont RF trn fwd R heel to toe , sd and bk L (comm RF
trn fwd R , cont RF 5/8 trn cl L to R , cont RF trn fwd R btw ptr ft) to CP RLOD ;
1&23 7-8 {R Trng Lk} bk R comm RF trn/cont rf trn XLif , cont RF trn fwd R btw ptr ft ,
1&23 fwd L (fwd L comm RF trn/XRib , fwd and sd L cont RF trn , fwd R) to SCP DLC ;
{Vien X} fwd R/fwd L comm LF trn , sd R cont LF trn , XLif (fwd L trn LF to
CP/bk R comm LF trn , sd L cont LF trn , cl R to L) to CP RLOD ;

**9-12 HOVER CORTE ; BACK HOVER TO SEMI ; THROUGH TO A PROMENADE SWAY ;
OVERSWAY ;**

- 123 9-10 {Hvr Corte} bk R comm LF trn , sd and fwd L with hovering action , rec R to
123 BJO ; {Bk Hvr} bk L , comm trn RF bk and sd R with rise , rec sd and fwd L
(fwd R , sd and fwd L with rise , rec fwd R) to SCP ;
12- 11-12 {Thru to a Prom Sway} thru R , sd and fwd L trn to SCP stretching L sd of
--- bdy slightly upward looking over jnd ld hnds , relax R knee ; {Ovrsway}
relax L knee leaving R leg extended and stretching L sd of bdy , - , - ;

PART B

**1-4 FALLAWAY RONDE AND SLIP TO CP DLC ; REVERSE FALLAWAY AND SLIP TO CP DLW ;
HOVER TO BJO ; MANEUVER :**

- 123 1-2 {Fallaway Ronde & Slp} bk R , ronde L and cross bhd , slip bk small R keeping L
1&23 extended (bk L , ronde R and cross bhd starting LF trn on ball of R foot , fwd L
slip cont LF trn placing L ft near ptrs R ft) to CP DLC ; {Rev Falwy & Slp} fwd L
comm LF trn , sd and bk R with R sd ld in fallaway pos/bk L in SCP , trn LF slip R
bk leaving L fwd (bk R , bk L with L sd ld in fallaway pos 5/8 trn LF/bk R in SCP ,
cont LF trn slip L past R fwd L in BJO pivoting) to CP DLW ;
- 123 3-4 {Hvr} fwd L , fwd and slightly sd R rising to ball of foot , sd and slightly fwd L to
123 BJO ; {Manuv} fwd R comm RF upr bdy trn , cont RF trn sd L , cl R (bk L beg RF
upr bdy trn , sd R , cl L) ;

**5-8 BACK TIPPLE CHASSE PIVOT TO CP RLOD ; OVER SPIN TURN TO CP DRW ; BOX FINISH TO
CP DLW ; CHANGE OF DIRECTION TO CP DLC ;**

- 12&3 5-6 {Bk Tipple Chasse Pivot} comm RF trn bk L , sd R trn 1/4 RF/cl L , sd and
123 slightly fwd R Pivot on toe 1/2 to CP RLOD ; {Over Spn Trn} comm RF upper
bdy trn bk L toe pivoting 1/2 RF to fc LOD , fwd R between ptr feet heel to toe
cont RF trn keeping L leg extended bk and sd , comp trn sd and bk L (comm RF
upper bdy trn fwd R between ptr feet heel to toe pivoting 1/2 RF , bk L toe cont
trn brush R to L , comp trn sd and fwd R) to CP DRW ;
- 123 7-8 {Box Fin} bk R comm 1/4 LF trn , sd L , cl R ; {Chg Of Dir} fwd L , fwd R trn LF
12- draw L to R to CP DLC , - ;

9-10 DOUBLE REVERSE SPIN TO CP DLC ; CHECKED REVERSE AND SLIP :

- 123 9-10 {Dbl Rev} fwd L comm LF trn , cont trn sd R , cont trn on ball of R ft (bk R
(12&3) comm LF trn , cl L to R heel trn 1/2 LF/sd and slightly bk R cont LF trn , XLif
123) to CP DLC ; {Ckd Rev Slp} fwd L , fwd R trn LF checking fwd motion , trn
RF rec bk on L cont RF trn to fc DLW ;

REPEAT PART A

REPEAT PART B (1-8)

PART C

1-4 OPEN REVERSE ; BACK TURN AND CHASSE TO SCP ; RUNNING OPEN NATURAL ; OUTSIDE CHECK ;

123 1-2 {Op Rev} fwd L comm LF trn 1/8 to 1/4 , cont LF trn sd R , bk L to BJO ; {Bk Trn
12&3 and Chasse} bk R comm LF trn , sd L/cl R , sd L to SCP DLW ;
12&3 3-4 {Running Op Nat} fwd R comm RF trn , sd and bk L/bk R with R sd ld , bk L
123 (fwd L comm RF upper bdy trn , fwd R/fwd L , fwd R outside ptr) to CBMP
RLOD ; {Outsd Ck} bk R , sd & fwd L , ck fwd R outside ptr (fwd L , sd & bk R ,
ck bk L outside ptr) to CBMP ;

5-8 OUTSIDE CHANGE TO SCP ; PICKUP DOUBLE LOCK ; CHANGE OF DIRECTION ; CONTRA CHECK AND SWITCH TO CP DLW ;

123 5-6 {Outsd chg to SCP} bk L , bk R trn LF , sd and fwd L (fwd R , fwd L trn LF , sd
12&3& and fwd R) to SCP LOD ; {Pickup Double Lock} fwd R , sd and fwd L to
CBMP/XRib , sd and fwd L/XRib to CP DLC ;
12- 7-8 {Chg Of Dir} fwd L , fwd R trn LF draw L to R , - ; {Contra Ck & Swch} fwd L
123 in CBMP , rec R comm RF trn leaving L foot almost in plc , cont strong RF trn
rec L trn RF (bk R in CBMP , rec L comm RF trn leaving R foot almost in plc ,
cont RF trn rec R btw ptrs feet trn RF) to CP DLW ;

REPEAT PART A

END

1-3 HOVER BRUSH TO SCP ; THROUGH AND SEMI CHASSE ; THROUGH TO A HINGE AND EXTEND ;

123 1-2 {Hvr Brush} bk R rising , brush L to R , fwd L ; {Thru and Chasse} thru R comm
12&3 trn to fc , sd L/cl R , sd L to SCP ;
12- 3-4 {Thru to a Hinge and Ext} thru R , sd and fwd L with 1/4 trn comm L sd stretch
(123) cont L sd stretch leading ptr to cross L foot behind R keeping L sd in to ptr ,
--- relaxing L knee and trn R knee to sway R to look at ptr (fwd L comm LF trn , sd
R up to 1/4 trn comm R sd stretch and cont R sd stretch swivel LF , XLib keeping
L sd in toward ptr relaxing L knee) ; place ptrs R hnd on L shldr both extend L
arm , - , - ;

Mio Bello Bello Amore (Head Cues)

Waltz Phase 6

Intro: (9) fcg DRW No Hands – Wait 1 Measures; Join Lead Hands ;
Together Touch and Shape; Box Finish; Whisk; Slow Side Lock; Mini Telespin;;
Contra Check and Switch;

A: (12) Checked Natural and Slip; Closed Telemark; Natural Weave to SCP;; Open Natural;
Outside Spin; Right Turning Lock; Viennese Cross; Hover Corte; Back Hover to SCP;
Through to a Promenade Sway; Slow Oversway;

B: (10) Fallaway Ronde and Slip; Reverse Fallaway and Slip; Hover to BJO; Maneuver;
Back Tipple Chasse Pivot; Over Spin Turn; Box Finish; Change of Direction;
Double Reverse Spin; Checked Reverse and Slip;

A: (12) Checked Natural and Slip; Closed Telemark; Natural Weave;; Open Natural;
Outside Spin; Right Turning Lock; Viennese Cross; Hover Corte; Back Hover to SCP;
Through to a Promenade Sway; Slow Oversway;

B: (8) Fallaway Ronde and Slip; Reverse Fallaway and Slip; Hover to BJO; Maneuver;
Back Tipple Chasse Pivot; Over Spin Turn; Box Finish; Change of Direction;

C: (8) Open Reverse; Back Turn and Chasse to SCP; Running Open Natural;
Outside Check; Outside Change to SCP; Pickup Double Lock; Change of Direction; Contra
Check and Switch;

A: (12) Checked Natural and Slip; Closed Telemark; Natural Weave;; Open Natural;
Outside Spin; Right Turning Lock; Viennese Cross; Hover Corte; Back Hover to SCP;
Through to a Promenade Sway; Slow Oversway;

End: (4) Hover Brush to Semi; Through and Semi Chasse; Through to a Hinge and Extend;;